Public health practitioner training and development programme: Implications for your portfolio building

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Top Tips

• Begin with the end in mind
• Get started - pull together the basics - Application, Updated CV, Job Description, Testimonial and Reference
• Read the guidance, Review the standards and use the supporting information from the website
• Use the learning sets as places to test out what you are or intend to do
• Think about the assessor - make their job easy
Think about the Assessor!

- Reading a portfolio can be a joy or a frustrating chore
- Read it, get someone else to read it – spell check it
- Well signposted - easy to find ‘know how’ and ‘show how’ against each standard
- Specific in your claim
- Reflections demonstrate development
- Tell your story – give the assessor a sense of who you are and what you do
Rolfe et al. (2001) Model for reflexive practice

- **What?**
- **So what?**
- **Now what?**
  - What?: Description of the event, incident or question.
  - So what?: Construction of thoughts and feelings, judgements about the situation and the consequences. Identification of ideas or concepts or theories associated.
  - Now what?: Ways of improving the situation and identification of learning.
Thank you