Salisbury NHS Foundation Trust
Individual Placement (Job) Description

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<tr>
<th>Placement</th>
<th>F2 - General Elderly Care</th>
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<td>The department</td>
<td>The Department of Medicine for Older People comprises 6 Consultants of whom 2 undertake General Elderly Care. There are interests of Orthogeriatrics, falls, dementia and stroke in the department. The Department serves the Salisbury catchment population of nearing 200,000.</td>
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| The type of work to expect and learning opportunities | All F2 doctors in Elderly Care will be placed on Winterslow Ward covering the day to day medical care of patients on the ward. This is a mixture of complex elderly patients requiring discharge planning, patients requiring rehabilitation and some patients with more acute pathology. |

The overall objectives of this F2 post are to:

- Rapidly elicit relevant positive and negative history and perform focused examination and clinical assessment of relevant problems
- Demonstrate strategies to obtain history and examine uncooperative patients including those with mental disturbance and impaired cognition
- Formulate and initiate treatment plans and manage increasingly complex conditions
- Anticipate changes in medication on admission, during stay and at discharge and advice F1 on prescribing where appropriate
- Accurately summarise and document potential problems and future management plans
- Organise an allocate work with the clinical team and demonstrate the ability to delegate tasks
- Acts as role model for medical students and F1 doctors and assist and educate other staff
- Demonstrates increasing ability and effectiveness communicating complicated information with vulnerable or dying patients, carers, relative and colleagues in more challenging circumstances
- Begins to slow leadership skills where appropriate and at the same time work effectively with others in a multidisciplinary team towards common goals
- Experience some of the ethical and legal issues which occur during the management of elderly frail patients. |

| Where the placement is based | Salisbury District Hospital, Winterslow Ward. |
| Clinical Supervisor(s) for the placement | Dr Claire Page Dr Carmen Carroll |
| Main duties of the placement | The F2 trainee is responsible for the day to day care of the patients on the ward. They will work with the consultants and SpRs to ensure that multiple pathologies are addressed and complex discharge planning is carried out in a multidisciplinary and effective manner. The doctors in these posts will also look after acute medical outliers on one of the surgical wards. In addition they will be expected to attend the white board round which builds on decisions made during the multidisciplinary meetings. The F2 doctor will also take part in General Medical on-call working on the Medical Admission Unit, Whiteparish Ward, clerking patients being admitted and initiating management plans. All patients will be reviewed by the acute physician or physician on-call within 12 hours of being assessed by the F2 doctor. |
| Typical working pattern in this placement | Mon: 09.00 – SpR Ward round  
Tues: 09.00 – Consultant Ward round  
1300 – F2 CORE Teaching Programme  
Wed: 09.00 - Ward work  
1400 – Multidisciplinary Meeting  
Thurs: 0900 - Consultant Ward round  
1330 – Medical Directorate X-ray programme & Education meeting.  
Fri: 1245 – 1 in 4 Grand Round  
Other weeks Medical Journal Club  

*On call requirements:*  
1 in 12 on call in blocks of 3 or 4 day or night shifts working on the rota with other F2 doctors in medicine and core medical trainees. |
|  | The employer for this post is Salisbury NHS Foundation Trust. The post is based in Salisbury District Hospital which is a medium sized acute NHS Foundation Trust and provides a range of secondary services for the local community of about 200,000. |

It is important to note that this description is a typical example of your placement and may be subject to change.