Psychiatry
Is it for you?

Dr Shelly Hogg
Consultant
Older Persons Mental Health
Psychiatry: Is it for you?

- Experience as student/foundation trainee
- Can be positive or negative
- Psychiatric illness in other specialties
- Psychiatry attachment
- Dealing with stigma
- Dealing with the day to day work
The Royal College Training

www.rcpsych.ac.uk

Figure 1, Training pathway to obtain a CCT in Old Age Psychiatry

*Selection at this point may be by open or by internal competition. See text for explanation
The Royal College Training

www.rcpsych.ac.uk

- **Foundation training**
  - 2 years
  - Variety of experience

- **Core training**
  - 3 years
  - MRCPsych
  - 3 written papers
  - 1 clinical (CASC)

- **Specialty training**
  - Apply in open competition
  - 3 years on average
  - 6 specialties
  - 3 subspecialties
Psychiatry: Is it for you?

- Good track record in training
  - Educational Supervision
  - MRCPsych Course
  - Special interest sessions

- Team working
  - Brings different experience
  - Often less direct “shadowing” of doctors in training

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Psychiatry

- Community based
- Communication
- Collaboration
- Complex
- Continuity
- Unpredictable
- Stimulating
Psychiatry

- Holistic
  - Law
  - Social care
  - Advocate
  - Ethics
  - Philosophy
  - Salesman
  - Empowering
  - Education
  - Making a difference

- Scientifically interesting
- Academically challenging
- Range of settings
- Variety of career goals
- Making a difference
Why Psychiatry?

- About making a difference
- Would I choose it again?
  - Yes
Careers Day

- Royal College of Psychiatry
- Psychiatry as a career: Everything you wanted to know but were afraid to ask

- Tues 9\textsuperscript{th} Nov 2010
- 1.30-6.30pm
- Venue: RSM