Those readers who’ve recently been preparing for, or supporting someone to prepare for their ARCP or RITA will be aware that the revalidation team have published guidance documents aimed at doctors in training in a variety of situations with regards to revalidation.

These documents have been reviewed and updated for the beginning of year 1 and we are happy to say most of the amendments are only superficial and therefore the vast majority of our advice to date remains unchanged.

Updated documents include:
- Guidance for Doctors in Training
- Guidance for Educational and Clinical Supervisors
- Guidance for Programme Managers and Administrators
- Guidance for Heads of School and TPDs
- All OOP guidance documents

All documents are available from the Wessex website.

Since Revalidation commenced in April 2013 Health Education Wessex has made the following recommendations to the GMC:
- 62 Positive Recommendation
- 71 Recommendations of deferral.

Please note: The majority of deferrals were made due to changes in the Trainees CCT days.

Revalidation—Update

- The Majority of Enhanced ARCP’s and RITA’s were held over the summer and the feedback from the Specialty and GP Teams regarding the submission of Revalidation paperwork has been positive. However there is more work to be done to improve the submission rates.

- Going forward ARCP outcome 5’s will be issued to all Trainees who do not submit their Revalidation documents by the submission date specified by their Programme Team, as this will be seen as non-engagement with the Revalidation process.

- There are changes being made to the Enhanced Form R however until a time when the Form has been updated, Trainees should continue to fully complete the Enhanced Form R.

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Statistics

There have been some questions raised with regards to what to submit to ARCP’s/RITA when Trainees have been Out of programme? Trainee’s should receive guidance on this when their application for OOP has been approved. Please read this carefully to ensure you are collecting the correct evidence.

Health Education Wessex appreciate that it may sometimes be difficult to obtain Revalidation evidence from supervising Colleagues, especially when abroad.

In these cases the minimum evidence to be submitted for an ARCP/RITA would be an Enhanced Form R as a self declaration covering the GMC domains. Please note that this is the minimum to be submitted and the more evidence provided to the ARCP/RITA panel the better informed they will be to make a decision on your fitness to practice. If the OOP is to count towards training you will also need to ensure that all required reports are submitted and the appropriate area of curriculum are covered.
Common Questions from Trainees

Following the ARCP’s and RITA’s that were held over the summer, a number of common questions were asked with regards Trainee’s ARCP’s/RITA’s and the Revalidation documents that need to be submitted. Below we hope to address these questions.
You can find out more by visiting our FAQ pages on our website.

ARCP & RITA

Q. “Do I need to submit another Enhanced Form R for this ARCP? I submitted one last time.”
A. Yes, A fully completed Enhanced Form R needs to be completed at every ARCP, even if you have had more than 1 ARCP over a year.

Q. “Do I need to physically sign my Enhanced Form R? Can I just type my name and e-mail it to you?”
A. Your Enhanced form R needs to have a physical signature on it. You can sign the form and then scan and e-mail it, or you can use an electronic version of your signature.

Q. “Where can I find out my Revalidation date?”
A. You can find your Revalidation date, Designated body & Responsible Officer on your GMC online account. Please visit: http://www.gmc-uk.org/doctors/information_for_doctors/gmc_online.asp for further details.

Q. “I have received an e-mail from the GMC saying that I am under notice and confirming my Revalidation submission date. I don’t think this date is correct what should I do?”
A. If you think you Revalidation date needs changing please contact the Revalidation team on HEWRevalidation@wessex.hee.nhs.uk or 01962 718413.

Contacts and Web Links

You can contact the revalidation team via email on HEWRevalidation@wessex.hee.nhs.uk or telephone 01962 718413
Your queries will be dealt with as soon as possible, but complex queries can take some time to resolve.
You can also contact Dr Emma Torbe via e-mail at emmatorbe@doctors.org.uk, Revalidation Trainee Rep. Emma sits on the Revalidation Governance committee representing the view of the Trainees.
Please do consult the links below to see if your query can be answered via the website. Your Programme Management Team or Training Programme Director may also be able to help.

Deanery Website: http://www.wessexdeanery.nhs.uk/trainee_revalidation.aspx
GMC Website: http://www.gmc-uk.org/doctors/12383.asp
RST Website: http://www.revalidationsupport.nhs.uk/index.php
Department of Health statement on Revalidation: http://www.dh.gov.uk/health/2012/10/revalidation-starts/