Revalidation Guidance for Doctors in Training

The General Medical Council (GMC) have decreed that ALL doctors in the UK, who hold a licence to practise will be subject to Medical Revalidation.

As a doctor in training you will continue to be subject to the annual ARCP or RITA process, both of which have been “enhanced” to include the revalidation domains.

All doctors in Deanery training posts will have a prescribed connection to the Deanery as their designated body and the Postgraduate Dean as their responsible officer for the duration of their training. The Postgraduate Dean will make a recommendation about you at your revalidation due date.

Form R
You will be asked to complete a Form R, on an annual basis, which has been “enhanced” to form a self declaration which covers all of the GMC revalidation domains.

The additional sections are:

- **Scope of Practice**
  You will be asked to declare your ENTIRE scope of practice as a medical professional. If you are undertaking work that is outside of your Trust, Specialty, or EWTR rota you must discuss the work with your Training Programme Director.

  All work that you undertake, as a doctor, must be documented to form part of your evidence portfolio for revalidation. The Wessex Revalidation Team have developed both a guidance document for work outside of training and a reflection form which will be useful if you are working in organisations where formalised appraisal mechanisms do not exist.

- **Significant Events**
  You will be asked to state whether you have been involved in any significant events since your last ARCP. If you have you are asked to provide details.

- **Complaints**
  You will be asked to state whether you have been involved in any complaints since your last ARCP. If you have you are asked to provide details.

- **Compliments**
  The enhanced Form R has a section where you are invited to submit details of any compliments that you have received in the past 12 months.

- **Probity**
  You will be asked to state that you understand your obligations under Good Medical Practice with regards to probity and professionalism. You will then be asked to declare whether you have been the subject of any investigations regarding probity and any details.

- **Health**
  You will be asked to confirm that you understand and accept your responsibilities with regards your personal health under Good Medical Practice.
Reflective Practice

The advice from the Wessex Revalidation Team is that you should be reflecting, contemporaneously, on any incidents or events that fall under any of the above categories. Some of the situations will be minor whilst others may be more comprehensive.

Advice on how to reflect and how to record reflection is available from the Wessex Deanery website: [http://www.wessexdeanery.nhs.uk/support/support/trainee_revalidation/reflective_practice.aspx](http://www.wessexdeanery.nhs.uk/support/support/trainee_revalidation/reflective_practice.aspx)

Many specialty training curricula already include a requirement on reflection and you should ensure that you are continuing with this to satisfy your curriculum as well as satisfying the revalidation requirements.

Employer Exit Reports

As part of the revalidation regulations the postgraduate Dean is obliged to ask your employing organisation to provide a bi-annual return which covers the domains mentioned above.

This work will be coordinated by the employer and the Wessex Recruitment Team and should have very little impact upon you as a doctor in training.

It is worth noting that the way the various domains are recorded locally may change slightly over the coming years and you may be asked for more information about events from either your educational supervisor or the administrator responsible for supplying the information.

Educational Supervisor Reports

As part of the ARCP and RITA processes you are required to provide an educational supervisors report which makes review and comment on your training over the period of your training post. From 2013 your educational supervisor will be asked to make comment on your fitness to practise by answering two questions with an area for comment.

These new reports have been agreed by the Academy of Medical Royal Colleges (AoMRC) and have been circulated to the individual Colleges and Faculties, for inclusion into the various ePortfolio systems.

If you College has not included these questions by the time your report is completed you will need to ensure that your supervisor is completing the questions separate and they are available from the Wessex Deanery website.

Doctors in training who have retained their NTN number and curriculum from pre-2007, i.e. remain SpR trainees rather than StR will need to ensure they are completing either updated educational supervisor reports or having the additional questions completed.
Out of Programme (OOP)

The Wessex Revalidation Team has created documents to support doctors who go out of programme for the 4 different types of OOP. Further information will be sent to you when you commence OOP and guidance documents can be found on the Wessex website:

Return to Training Scheme

Wessex Deanery has developed a Return to Training Scheme based upon the Academy of Medical Royal Colleges guidance on returning to medical practice after a period of absence. You will need to ensure that you are following this process which includes meeting with your training programme director prior to the start date of your leave.

This scheme but be engaged with by any doctor who is absent from training for 3 months or more. However if you are absent for a shorter period and feel that you need support in returning please do use the principles of this scheme.

Whilst your time off may or may not involve clinical practise it is important to remember that this scheme is designed to support you in returning to your training programme and “day to day” work in a structured way. This may include Keeping in Touch days (KiT).

Further information on the scheme can be found on the Wessex Deanery website:
http://www.wessexdeanery.nhs.uk/policies_procedures/return_to_training_scheme.aspx

Further Information

For further enquiries on revalidation please refer to the FAQs section on the website:
http://www.wessexdeanery.nhs.uk/support/support/trainee_revalidation/faqs.aspx

You can contact the revalidation team via email: revalidation@wessexdeanery.nhs.uk or via telephone: 01962 718413

Your programme management team will also be able to help with your revalidation queries particularly in terms of the administrative processes around ARCP and RITA, details available from the Specialty Schools section of the website: http://www.wessexdeanery.nhs.uk/specialty_schools/specialty_schools.aspx