## Placement

**F2 - Psychiatry**

### The department
- Psychiatry
- The Orchards is the general adult unit comprising of 2 wards; day treatment services and the CRISIS Team.
- The FY2 will be based on the wards, where they have their own office. Maples Ward is the intensive care ward and is a locked ward (12 beds). Hawthorns Ward is an open ward (24 beds).
- There are three consultants and you will be working for two of them. The consultants are in charge of the in patients and they are also involved with Day Treatment Services and CRISIS.

### The type of work to expect and learning opportunities

- **During your attachment in psychiatry you assess all new admissions to the ward during the day.** All new patients need to have a physical examination and blood tests. You will also be expected to review inpatients as and when needed - both from a mental and physical health (inc. arranging scans, doing ECGs, liaising with GPs, managing common infections, arranging ECT etc.).
- As an FY2 you have your own list for ECT – this is 4 morning sessions that will be allocated to you. You learn how to do it by attending sessions (this will be explained at induction).
- Discharge summaries are dictated and there is a template to follow as to the details needed.
- There is opportunity to attend Tribunals and professionals meetings (planning discharge and management of patients).
- Both consultants do home visits - if you are keen to get involved with this let them know and they will take you along to see assessments in the community.
- You will not be on the out of hour on call rota. However, during the day you will be on cross-cover for other units. You will be given a phone when you start here for contact on cross-cover. It is your responsibility to clerk in all new patients that arrive by 4.30pm.

### Teaching allocated every Tuesday morning.

- Teaching organized by SpRs on common psychiatric conditions and the management.
- Journal club aimed at developing your critical appraisal skills. You will be allocated a session to present a paper
- Grand round

There is also plenty of opportunity to do an audit.

- The clinical supervisor will also see you once a week for one hour teaching session on your topic choice

### Where the placement is based
- St James Hospital, Portsmouth

### Clinical Supervisor(s) for the placement
- Allocated at start of placement
### Main duties of the placement

- Assessing new patients
- Managing inpatient progress – both mental and physical
- Discharge Summaries
- Learning

### Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Mon</td>
<td>Ward round (am) / Ward work (pm)</td>
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<tr>
<td>Tues</td>
<td>Teaching 9am - 1.45pm / Ward work (pm)</td>
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<tr>
<td>Wed</td>
<td>Ward round (am) / Ward work (pm)</td>
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<tr>
<td>Thurs</td>
<td>ward work</td>
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<td>Fri</td>
<td>ward work</td>
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<td>Sat</td>
<td>off</td>
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<td>Sun</td>
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**On call requirements:** Cross-cover during 9 – 5pm. No out of hours on call

### Employer information

The Queen Alexandra Hospital site has gone through a major redevelopment to create a modern and 'fit for purpose' hospital, which was completed in 2009. The majority of the Trust's acute services are now provided at Queen Alexandra following the opening phase of the new state-of-the-art facilities. We provide a full range of acute secondary services to a population of over half a million people. Additional specialist services are provided to a wider catchment area extending as far as Dorset and Sussex.

The 'Emergency Department' at Queen Alexandra Hospital is one of the busiest in the UK treating in excess of 100,000 patients each year.

The 'Medical Assessment Unit' (MAU) and 'Surgical Assessment Unit' (SAU) provide rapid diagnostic assessment for patients admitted as emergencies. These can then be directed to the clinical areas most appropriate for their condition.

The Trust is also home to the Wessex Renal and Transplant Unit and it holds prestigious Cancer Beacon Status for the Head and Neck Cancer Services.

Hosting the largest Ministry of Defence Hospital Unit (MDHU) in the country, the Trust enjoys strong military connections and is proud of this association. This means that as a Trust, we have wider responsibilities than those of standard NHS organisations. Military staff now account for 3% of the total workforce and the Trust has responsibility to ensure the staff have exposure to the appropriate clinical experience required during their times of deployment throughout the world.

It is important to note that this description is a typical example of your placement and may be subject to change.