Liver Care and Alcohol Study Day for Primary Care

30th January 2014

Best Western Calcot, Reading

To book click here or visit www.coursesandconferences.org.uk

Is this study day for you?

This interactive day, is suitable for Primary Care Healthcare Professionals including GPs, Practice Nurses and Community Nurses. The day will cover the impact of alcohol, obesity, and viral blood borne infections on liver health and look at the importance of lifestyle and behaviour change in liver care. Come along and learn how you can focus with greater impact on alcohol as an avoidable risk factor. The day will cover:

What is it about?

We set the growing national and individual impact of liver disease in perspective, this is a national crisis so action is required. We move on to the liver and its functions laying the foundation for understanding the process monitoring for liver disease and the potential disastrous consequences of liver disease. The three main ways to damage your liver, which are alcohol, virus and obesity are then explained and you will even get a brief guest appearance of a “virus” to aid the memory on interpreting the result. This day will then focus on alcohol as an approaches to reducing the impact on the individual and our practice population. This day was originally commissioned by the National Clinical Director for Liver Care after he attended a CKD study day and appreciated the informal but practical approach used by Et al Trainers. So with our usual style this day is relaxed and interactive using demonstrations, stories and most importantly focused on what people working in general practice needs to know and then do to protect livers.

What Happens on the day

9-00 am Coffee and registration

9-30 am The importance of liver care and the National Liver Strategy

10-00 am Normal liver function – back to basics

11-15 am Coffee break
11-30 am Liver damage – The consequences of liver damage

12-00 md Liver function tests in the diagnosis and monitoring of liver disease

12-30 am Non Alcoholic Liver Disease - what we must do in primary care

12-45 md Lunch

1-30 pm Alcoholic Liver Disease – what we must do in primary care AUDIT C

2-15 pm Coffee beak

3-00 pm Alcoholic Liver Disease – intervention options in Primary Care

3-30 pm Hepatitis A, B & C – what we need to do and be aware of in primary care

4-00 pm Close and evaluate

The aim of the day is for healthcare practitioners to acquire knowledge of common Liver diseases so they have the confidence to diagnose and manage these conditions effectively in Primary Care.

Learning objectives:
At the end of the day you will:
• understand the importance of liver disease to the individual and impact on the general practice population
• understand how the normal liver works and what goes wrong in common liver diseases
• understand liver function testing and monitoring common liver diseases in primary care
• understand AUDIT C and the intervention options available to primary care