### Isle of Wight NHS Primary Care Trust
#### Individual Placement (Job) Description

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 – General Medicine (with Diabetes &amp; Endocrinology)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The department</strong></td>
<td>Medical Directorate - Medicine.</td>
</tr>
</tbody>
</table>

#### The type of work to expect and learning opportunities

All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty.

The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:

- Take a history and examine a patient
- Formulate initial management plan and liaise closely with senior colleagues and other MDT staff
- Prescribe safely, keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Act in a professional manner at all times
- Gain experience in managing common diabetic emergencies and conditions e.g. DKA, HHS, diabetic foot ulcers.
- Gain experience in managing acute admissions on MAAU under supervision.

#### Where the placement is based

Colwell ward- St. Mary’s Hospital / IOW.

#### Clinical Supervisor(s) for the placement

Dr. Al-Mrayat & Dr. Lawrence.

#### Main duties of the placement

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured core teaching programme for FP (Monday lunchtime) as well medical teachings (wed am).

This includes cross cover for FY1 colleague on Colwell ward (covering Dr. Demissie’s patients with interest in care of the elderly).

#### Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)

- **Mon:** ward work (am), consultant WR (pm)
- **Tues:** ward work
- **Wed:** ward work, teaching, SpR/ SHO WR
- **Thurs:** ward work (am), consultant WR (pm)
- **Fri:** ward work (am), catch up & audit

Handover of patients early morning and late afternoon.

*On call requirements:* 1:10 (including MAU/ ward cover) as
| **Employer information** | The employer for this post is the Isle of Wight NHS Trust which is based at St Marys Hospital. St. Mary’s Hospital has approximately 477 beds [includes mental health and rehabilitation] and provides a full range of services associated with a typical District General Hospital. The hospital provides acute hospital services for the Isle of Wight, serving a population of approximately 138,500 people. About 25% of the population is over 65. In the summer months the population increases significantly. |

It is important to note that this description is a typical example of your placement and may be subject to change.