SPECIALTY TRAINING PROGRAMME IN GENITOURINARY MEDICINE
IN WESSEX DEANERY

This is a 4 year training programme in Genitourinary Medicine at ST3 level aimed at doctors who can demonstrate the essential competencies to enter this level of training. The programme is designed to support training for a CCT in Genitourinary Medicine. Details of essential competences and qualifications are detailed in the MMC person specification for genitourinary medicine at ST3 level which is available from www.mmc.nhs.uk

It is anticipated that completion of this training programme, subject to satisfactory progression at the ARCP, will lead to a CCT or CESR (CP) in Genitourinary Medicine.

The programme is based in hospitals in the Wessex Deanery including:

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Royal Bournemouth Hospital</td>
<td>Bournemouth</td>
</tr>
<tr>
<td>St Mary's Hospital</td>
<td>Portsmouth</td>
</tr>
<tr>
<td>Royal South Hants Hospital</td>
<td>Southampton</td>
</tr>
</tbody>
</table>

Wessex Deanery is a relatively small deanery with a defined geographical area which does lead to there being a single unit of application. In the majority of cases successful candidates will be asked to preference their choice of location for either one or two years. Some specialties will require successful candidates to preference both commencing location and specialty. Future placements will be based, as normal, on individual training and educational needs. Please note that applications are to the Wessex Deanery as a whole. This may mean that you may be allocated to any geographic location within the Wessex Deanery depending on training needs.

The Wessex Deanery covers a geographical area from Basingstoke in North Hampshire to Dorchester in West Dorset and the Isle of Wight to the South; in addition some programmes rotate to Jersey and Chichester in West Sussex. This is a spread of approximately 65 miles North to South and 76 miles East to West. The Wessex Deanery serves a population of around 2.8 million people.

The Wessex Deanery is part of NHS South of England, comprising South Central, South East Coast and South West Strategic Health Authorities. The Wessex Deanery currently covers the health communities of South Wiltshire, Dorset, and Hampshire and the Isle of Wight. The Wessex Deanery is responsible for the training of some 2,500 trainees.

Rotation Information

Wessex Specialty trainees in Genitourinary Medicine currently rotate annually between 2 departments (2 posts in Southampton, 1 in Portsmouth, 1 in Bournemouth) over a 4 year period. Most trainees will spend 2 years in Southampton and two years in either Portsmouth or Bournemouth.
Study and Training

The primary aim of all posts is the training programme developed and there is a region wide syllabus and minimum standards of education agreed by all Trusts within the rotation.

The Deanery is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties. There will be minor variations in different hospitals but the list is aimed at covering the majority of duties:

1. Supervise, monitor and assist the House Officer (F1) in the day-to-day management of in-patients in posts with an attached F1.
2. Liaise between nurses, F1 and F2 Doctors, patients, relatives and senior medical staff.
3. Attend and participate in ward rounds as timetabled
4. Attend outpatient clinics.
5. Take part in rostered emergency work.
6. Dictate discharge summaries.
7. Study for higher examination and maintain continued professional development.
8. Attend weekly educational and multidisciplinary sessions.
9. Undertake audit at various times throughout the rotations.
10. Teach medical students as directed.
11. Co-operate with members of the personnel department when monitoring hours of work and other personnel issues.
12. Attend induction in each hospital or new department
13. Comply with all local policies including dress code, annual and study leave

Trust Information

Solent NHS Trust – West (Southampton)

Department of Genitourinary Medicine

The department is a purpose built clinic situated in the Outpatient Centre at the Royal South Hants Hospital. The clinic is fully computerized and has been paperless since 2008. Facilities are available for immediate microscopy within each consulting room. There is a seminar room
with full audiovisual facilities. The post holder will share an office in the department and a
computer with internet access.

In-patient care of HIV patients is undertaken at the Southampton General Hospital (with the help
of junior staff of the Respiratory Physicians) in the Infectious Diseases Unit (IDU).

The department has active research programmes and clinical audit projects are continually
being carried out. It co-ordinates and provides the undergraduate GUM curriculum for the
University of Southampton.

Medical Staffing
3 Consultants
1 Senior Lecturer
2 Specialist Registrars
2 Specialty doctors

Typical Work Programme for ST3

<table>
<thead>
<tr>
<th></th>
<th>0930 to 1230</th>
<th>1400 to 1700</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Out-Patient Clinic</td>
<td>Outpatient Clinic (HIV)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Ward Round</td>
<td>Outpatient Clinic</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Outpatient Clinic</td>
<td>Outpatient Clinic</td>
</tr>
<tr>
<td>Thursday</td>
<td>Study/Research</td>
<td>Study/Research</td>
</tr>
<tr>
<td>Friday</td>
<td>Outpatient Clinic</td>
<td>Outpatient Clinic</td>
</tr>
</tbody>
</table>

Statistics 2011/2012

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Total patients</td>
<td>26,476</td>
</tr>
<tr>
<td>HIV patients</td>
<td>495</td>
</tr>
</tbody>
</table>

Services provided to patients
- General GUM Clinics – walk-in service
- HIV Outpatients
- Specialist clinics include Vulval and Sex workers, complex STIs.
- Out-reach support is provided in Family Planning, drugs advisory, gay men’s drop-in
centre and female sex workers clinic.
- In-patient care of HIV patients is undertaken at the Southampton General Hospital (with
the help of junior staff of one of the Respiratory Physicians) in the Infectious Diseases
Unit (IDU).

Teaching Programme
- 3-6 STI clinics and 1-2 HIV clinics per week, depending on their training needs.
- HIV inpatient management and ward rounds
- in-house microscopy training and a 2 week microbiology attachment
Solent NHS Trust  – East (Portsmouth)

Department of GU Medicine

The department is based at St Mary’s Hospital Portsmouth. The department is set in a new Sexual Health department integrated with Contraception and Sexual Health services, which opened in December 2011. The GU department provides screening, treatment and care of patients with sexually transmitted diseases, HIV infection and sexually associated conditions. The clinic is fully computerised and we have been a paperless clinic since May 2007. A shared office is provided for this post including full IT facilities. The clinics are a mixture of rapid access and appointments available for both general and specialist clinics.

HIV inpatients are admitted under care of the admitting medical team and day to day care is provided jointly by medical team and GU Medicine team. A 24 hour on-call service is provided for healthcare staff sustaining sharps injuries and for inpatients admitted with HIV/GUM complications.

A weekly multidisciplinary meeting is held to discuss HIV inpatients and concerns from the outpatient clinics. A quarterly HIV in pregnancy meeting is held in conjunction with the obstetric and neonatal teams.

Southampton University 4th year medical students are attached to the department during term time. The department is actively engaged in both audit and research, and support is available for this.

Statistics

<table>
<thead>
<tr>
<th>GU Medicine Clinic Attendances</th>
<th>2011/12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Attendances</td>
<td>41,700</td>
</tr>
<tr>
<td>HIV Patients</td>
<td>385</td>
</tr>
</tbody>
</table>

Specialist Services provided to patients:

- Day cases: Consultant led service is provided for biopsies of genital skin lesions, cervical cautery and treatment of recalcitrant genital warts. HIV positive patients can be seen on the day unit for minor procedures.
- Outpatient HIV clinics and a weekly multidisciplinary team meeting.
- Genital Herpes Clinic – A senior nurse provides a dedicated clinic for patients with problematic genital herpes.
- Older People – A consultant led service is provided for older people with sexual health needs, genital dermatoses and sexual health problems.
- Combined Vulval Clinic - 1 monthly vulval clinic held in conjunction with Dermatology Department for assessment, diagnosis and management at one clinic visit.
- 1 quarterly Vulval clinic with Consultant Gynaecological Oncologist with expertise in the management of vulval malignancies.

**Medical Staff**

<table>
<thead>
<tr>
<th>Position</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultants</td>
<td>2.8 WTE</td>
</tr>
<tr>
<td>Hospital Practitioner</td>
<td>1 session</td>
</tr>
<tr>
<td>Specialty Doctor</td>
<td>5 sessions</td>
</tr>
<tr>
<td>Specialist Registrar</td>
<td>1 WTE</td>
</tr>
</tbody>
</table>

**Typical Timetable for ST3**

<table>
<thead>
<tr>
<th>Day</th>
<th>AM</th>
<th>PM</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Male GUM</td>
<td>Study/audit/research</td>
</tr>
<tr>
<td>Tuesday</td>
<td>HIV</td>
<td>HIV</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Female GUM</td>
<td>Ward patients</td>
</tr>
<tr>
<td>Thursday</td>
<td>Specialty GUM clinic</td>
<td>Male GUM</td>
</tr>
<tr>
<td>Friday</td>
<td>MDT. Study, audit, research</td>
<td>Female GUM</td>
</tr>
</tbody>
</table>

**Teaching Programme**

- Daily clinical supervision depending on individual needs. Weekly HIV ward rounds dependant on clinical need.
- Weekly multidisciplinary meeting to discuss HIV and complicated GUM cases.
- The successful candidate will be expected to play his/her part in the postgraduate activities, teaching and clinical audit.
- The post holder will be encouraged to attend BASHH/BHIVA meetings/conferences and courses appropriate to training need.
- There are teaching commitments for medical students. Southampton University medical training is based over the whole of the Wessex Region and 4th year medical students are attached to the department for 5 weeks at a time. The post holder will be involved with supervision of individual students, student teaching and assessment.
- There is a Research Development and Support Unit associated with Portsmouth University to develop research within the Trust. Research is actively encouraged within the department.
Royal Bournemouth and Christchurch Hospitals NHS Trust

The Genitourinary Medicine Department

The department is housed in purpose-built recently refurbished premises within the outpatient complex of the Royal Bournemouth Hospital. Walk-in, appointment and specialist clinics (chronic problems, procedures, psychosexual) are available, and opening hours have recently been extended to achieve 48hour access targets.

The department has a cohort of 622 HIV patients, and we provide comprehensive inpatient and outpatient care which is supervised by the three Consultants. An out of hours on call service, including for PEP and PEPSE, is provided by the consultants (the trainee will also be involved).

Trainees will be provided with appropriate office space and secretarial support.

Statistics

<table>
<thead>
<tr>
<th>GU Medicine Clinic Attendances</th>
<th>2010</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Attendances</td>
<td>24,628</td>
<td>24,534</td>
</tr>
<tr>
<td>HIV patients</td>
<td>665</td>
<td>717</td>
</tr>
</tbody>
</table>

Services provided to patients

- General GUM Clinics – walk-in and appointments
- Asymptomatic screening clinics
- Satellite clinic at Poole Hospital
- Same day HIV testing
- Consultant referral clinics
- Female Chronic problem clinic
- Psychosexual Medicine clinics
- HIV Outpatient and Inpatient care
- HIV Clinical Trials
• HIV/Hepatitis Co-infection Clinic

Medical Staff
2.75 WTE Consultants
2 WTE Specialty Doctors
1 WTE Specialist Registrar
6 Clinical Assistants covering a total of 7.5 sessions.

Typical Timetable for ST3*

<table>
<thead>
<tr>
<th>Day</th>
<th>Schedule</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>HIV study</td>
</tr>
<tr>
<td></td>
<td>Male GUM (4.30-7.00)</td>
</tr>
<tr>
<td>Tuesday</td>
<td>ward/admin</td>
</tr>
<tr>
<td></td>
<td>Female GUM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>audit/research</td>
</tr>
<tr>
<td></td>
<td>Male GUM</td>
</tr>
<tr>
<td>Thursday</td>
<td>HIV</td>
</tr>
<tr>
<td></td>
<td>Female GUM</td>
</tr>
<tr>
<td>Friday</td>
<td>Male GUM</td>
</tr>
<tr>
<td></td>
<td>Female GUM</td>
</tr>
</tbody>
</table>

*For years 1 and 2. In years 3 and 4, the trainee will do 4 general GUM clinics, allowing time to pursue special interest clinics, management training and research.

Teaching Programme

• Whilst at the Department of Genitourinary Medicine at the Royal Bournemouth Hospital, trainee will participate in up to 6 GUM out patient sessions per week and 2 HIV clinics, depending on their year of training.
• Additional training including dermatology, gynaecology, microbiology and hepatology can be arranged, depending on the training needs of the individual.
• The trainee will be released for attendance at educational seminars, conferences and symposia as relevant to his/her training and needs.
• He/she will be encouraged to attend courses relevant to their training and recommended in the curriculum.
• He/she would be encouraged to participate in ongoing research and audit projects and to initiate new ones.
• Clinical teaching will take place on a day-to-day basis, ensuring that the trainee gains wide experience in both the routine as well as the exotic conditions that are seen within the specialty.
• The trainee would be provided with the necessary exposure to and experience in managing HIV/AIDS patients, both as outpatients and in-patients via the Trust’s existing services.
• There will be an attachment to a London teaching Hospital, to expose him/her to in-ward HIV care on a resident basis in year 3 or 4.
Curriculum

For full details, please refer to the Specialty Training Curriculum for Genitourinary Medicine published August 2010 by the Joint Royal Colleges of Physicians Training Board available at www.jrcptb.org.uk

The trainee will follow the specialty training curriculum. Specialty specific generic skills, as defined in this curriculum, will be acquired during specialist training. The generic curriculum, for the medical specialties, includes general professional content, and is set out within the domains of Good Medical Practice. The specialty curriculum identifies competencies which are expressed as the knowledge, skills, attitudes and behaviours that trainees must achieve.

ST3 and ST4

The aim of these two years is to lay the groundwork of knowledge and skills of the following:

- Epidemiology, diagnosis and clinical management of common genitourinary infections.
- Diagnosis and management of the complications of common genitourinary infections
- Human Immunodeficiency Virus (HIV):
  - HIV testing
  - Experience of PEP
  - HIV OPD, with own patient cohort under direct consultant supervision
  - Assessing newly diagnosed individuals
  - Monitoring asymptomatic patients
  - Instituting and monitoring first-line ARV treatment
- Contraception
- Pathology
- Research methods (including statistics), and possibly to initiate research project
- Audit
- Start management training
- Public health
- The gynaecological module
- Teaching
- Depending on individual needs, parts of this programme can be deferred to years 3 & 4.

ST5 and ST6

In these years the basic competencies in knowledge and skills will be consolidated in:

- Epidemiology, diagnosis, and clinical management of genitourinary infections and their complications
- Continue weekly HIV clinic and gain further HIV experience in the following areas:
  - Assessing HIV patients with treatment failure including management of poor adherence
  - Supervised experience of the use of new ARV classes
  - Supervised experience of therapeutic drug monitoring
  - Supervised experience of complex drug interactions in patients with co-morbidities
- Experience of at least one specialist HIV clinic (e.g. antenatal clinic, hepatitis, injecting drug users or TB co-infection clinics).
- Management of ARV toxicity
- HIV inpatient management
- Audit including completing at least one audit cycle
- Continue developing management skills
- Public health experience
- Teaching / training

The remainder of the time to be divided into:
- Developing special interests (e.g. vulval, adolescent, HIV/TB clinics, service development, teaching)
  OR
- Research
  OR
- Overseas experience can be incorporated in this period

The features of the GUM training programme are:

Trainee led - the e-portfolio is designed to encourage a learner-centred approach with the support of educational supervisors. The e-portfolio contains tools to identify educational needs, enables the setting of learning goals, reflective learning and personal development.

Competency based – the curriculum outlines competencies that trainees must reach by the end of the programme. The curriculum is directly linked to the e Portfolio as it defines standards required for good medical practice and formal assessments.

Continuation of Good Medical Practice – building on foundation and core medical training the curriculum emphasises the generic competencies necessary to practice as a physician.

Supervision – each trainee has a series of people with clearly defined roles and responsibilities overseeing their training, including a clinical supervisor, an educational supervisor, a director of medical education or trust clinical tutor, a CMT programme director, and a head of school.

Appraisal meetings with supervisor – regular appraisal meetings and reviews of progress are set out in the e-portfolio

Workplace-based assessments – regular workplace-based assessments are conducted throughout training.

DipGUM, DipHIV and DipFSRH – the various parts of these have been mapped to the curriculum.
Teaching

The trainee will receive clinical supervision during each post.

They will receive relevant training in gynaecology, colposcopy, dermatology, microbiology, contraceptive health, public health, leadership and management.

They will attend Wessex HIV/GUM Clinical network meetings and regular BASHH meetings in London.

They will attend the bimonthly regional trainees teaching programme, alternating with the South Thames bimonthly teaching sessions.

They will be encouraged to attend relevant courses and conferences.

There will be an attachment to a London Teaching Hospital to gain further experience in the management of HIV inpatients.

Main Conditions of Service

The posts are whole-time and the appointments are subject to:

1. The Terms and Conditions of Service (TCS) for Hospital Medical and Dental Staff (England and Wales)
2. Satisfactory registration with the General Medical Council.
3. Medical Fitness – You may be required to undergo a medical examination and chest x-ray. Potential applicants should be aware of the Department of Health and GMC/GDC requirements with regards to HIV/AIDS and Hepatitis viruses. Candidates must be immune to Hepatitis B. You will be required to provide, in advance of appointment, evidence of immunity or have a local blood test (as deemed necessary by the Occupational Health Department).
4. Right to work in the UK.
5. Criminal Records Check/POCA check carried out by the Trust Medical HR department.
6. Pre-employment checks carried out by the Trust Medical HR department.

Hours

The working hours for junior doctors in training are now 48-hours (or 52-hours if working on a derogated rota) averaged over 26 weeks (six months). Doctors in training also have an individual right to opt-out if they choose to do so, but they cannot opt-out of rest break or leave requirements. However, the contracts for doctors in training make clear that overall hours must not exceed 56 hours in a week (New Deal Contract requirements) across all their employments and any locum work they do.

http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx
Pay

You should be paid monthly at the rates set out in the national terms and conditions of service for hospital medical and dental staff and doctors in public health medicine and the community health service (England and Wales), “the TCS”, as amended from time to time. The payscales are reviewed annually. Current rates of pay may be viewed at http://www.nhsemployers.org/PayAndContracts/Pay%20circulars/Pages/PayCircularsMedicalandDental.aspx
Part-time posts will be paid pro-rata.

Pay supplement

Depending upon the working pattern and hours of duty you are contracted to undertake by the employer you should be paid a monthly additional pay supplement at the rates set out in paragraph 22 of the TCS. The current payscales may be viewed at xx. The pay supplement is not reckonable for NHS pension purposes. The pay supplement will be determined by the employer and should be made clear in their offer of employment and subject to monitoring.

Pension

You will be entitled to join or continue as a member of the NHS Pension Scheme, subject to its terms and rules, which may be amended from time to time.

Annual leave

Your entitlement to annual leave will be five or six weeks per annum depending upon your previous service/incremental point, as set out in paragraphs 205 – 206 of the TCS.

The TCS may be viewed at http://www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPrReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

Sick pay

Entitlements are outlined in paragraphs 255-240 of the TCS.

Notice

You will be required to give your employer and entitled to receive from them notice in accordance with paragraphs 195 – 196 of the TCS.

Study leave

The employer is expected to offer study leave in accordance with paragraphs 250 – 254 of the TCS. Local policy and procedure will be explained at your induction.
**Travel expenses**

The employer is expected to offer travel expenses in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties. Local policy and procedure will be explained at induction.

**Subsistence expenses**

The employer is expected to offer subsistence expenses in accordance with paragraph 311 of the TCS. Local policy and procedure will be explained at induction.

**Relocation expenses**

The employer will have a local policy for relocation expenses based on paragraphs 314 – 315 of the TCS and national guidance at http://www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx. You are advised to check eligibility and confirm any entitlement with the employer before incurring any expenditure. In addition to local policy there is Deanery guidance which can be viewed on www.wessexdeanery.nhs.uk.

**Pre-employment checks**

All NHS employers are required to undertake pre-employment checks. The employer will confirm their local arrangements expected to be in line with national guidance at http://www.nhsemployers.org/RecruitmentAndRetention/Employment-checks/Pages/Employment-checks.aspx.

**Professional registration**

It will be a requirement of employment that you have professional registration with the GMC for the duration of your employment.

**Health and safety**

All employers have a duty to protect their workers from harm. You will be advised by the employer of local policies and procedures intended to protect your health and safety and to comply with these.

**Disciplinary and grievance procedures**

The employer will have local policies and procedures for dealing with any disciplinary concerns or grievances you may have. They will advise you how to access these, not later than eight weeks after commencement of employment.

**Educational supervisor**

The employer will confirm your supervisor on commencement.
General information

The Deanery’s management of Specialty Training programmes, including issues such as taking time out of programme and dealing with concerns or complaints, is available at www.wessexdeanery.nhs.uk and in the national ‘Gold guide’ to Specialty Training at http://www.mmc.nhs.uk/specialty_training_2010/gold_guide.aspx