SPECIALTY TRAINING PROGRAMME IN GERIATRIC MEDICINE IN WESSEX DEANERY

This is a 5 year training programme in GERIATRIC MEDICINE at ST3 aimed at doctors who can demonstrate the essential competences to enter this level of training. The programme is designed to support training for a CCT in GERIATRIC MEDICINE. Details of essential competences and qualifications are detailed in the MMC person specification for GERIATRIC MEDICINE at ST3 which is available from www.mmc.nhs.uk

It is anticipated that completion of this training programme, subject to satisfactory progression at the ARCP, will lead to a CCT or CESR (CP) in Geriatric Medicine.

The programme is based in hospitals in the Wessex Deanery including:

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<th>HOSPITAL</th>
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<td>North Hampshire Hospital</td>
<td>Basingstoke</td>
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<td>The Royal Bournemouth Hospital</td>
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<td>Southampton General Hospital</td>
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<td>Royal Hampshire County Hospital</td>
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Wessex Deanery is a relatively small deanery with a defined geographical area which does lead to there being a single unit of application. In the majority of cases successful candidates will be asked to preference their choice of location for either one or two years. Some specialties will require successful candidates to preference both commencing location and specialty. Future placements will be based, as normal, on individual training and educational needs. Please note that applications are to the Wessex Deanery as a whole. This may mean that you may be allocated to any geographic location within the Wessex Deanery depending on training needs.

The Wessex Deanery covers a geographical area from Basingstoke in North Hampshire to Dorchester in West Dorset and the Isle of Wight to the South; in addition some programmes rotate to Jersey and Chichester in West Sussex. This is a spread of approximately 65 miles North to South and 76 miles East to West. The Wessex Deanery serves a population of around 2.8 million people.

The Wessex Deanery is part of South Central Strategic Health Authority which covers Berkshire, Buckinghamshire, Oxfordshire in the north (under Oxford Deanery) and Hampshire and Isle of Wight. In addition, Wessex Deanery provides training programmes within Dorset and South Wiltshire under a formal agreement with the South West Strategic Health Authority. The Wessex Deanery is responsible for the training of some 2,500 trainees.
Rotation Information

Study and Training

The Philosophy of Training in Geriatrics/General Medicine in Wessex

The aim is to provide a flexible programme of training, which, over a period of up to five years, will give the competencies and experience needed to gain a Certificate of Completion of Training (CCT). Specialist Registrars will be trained in both Geriatric Medicine and General Acute Medicine Level 2. The Wessex rotation has a reputation for providing excellent training in all aspects of General and Elderly Medicine and a broad range of opportunities to suit individual needs. Subspecialty training is available at various locations in the Region in intermediate care, stroke medicine, orthogeriatrics, old age psychiatry, falls, syncope, Parkinson’s disease, continence and palliative care. There is strong support for trainees undertaking research or for those who are interested in further developing management or educational roles, including study leading to higher qualifications.

Supervision of Training

Training programmes for all medical specialities are supervised by the Wessex Postgraduate School. Reporting to this are Specialist Training Committees (STCs). Thus Geriatric Medicine programmes are supervised by the STC (Geriatric Medicine). The STC is responsible for:

(a) Ensuring the availability of training slots for the programme
(b) Supporting educational supervisors in the individual districts in performing assessment and appraisal
(c) Performing annual summative assessments of individual Specialist Registrar’s progress and reporting these to the JRCPTB and Postgraduate Dean.
(d) Planning the placement of Specialist Registrars for the annual change on the first Wednesday of March

E-Portfolio

Each Specialist Registrar will register with the JRCPTB and will have an eportfolio once the national project is complete. Meanwhile trainees will keep a paper portfolio. This will allow them to maintain a training record which will be used at the annual summative assessment.

Organisation

The training programme is required to provide adequate training to reach the required competencies in Geriatric Medicine and General Acute Medicine level 2. In addition, within the final year there is a requirement for some low intensity general internal medicine. Although the region is geographically spread out, and we understand that travelling may be difficult for trainees at times, the rotations for individual trainees must depend on training requirements, rather than social convenience. Out of Programme Experience for suitable training will be encouraged but is not usually granted in the final year before CCT.
Wessex Deanery

Wessex Deanery is part of the South Central Strategic Health Authority and provides postgraduate medical and dental education for Hampshire, Isle of Wight, and the States of Jersey, and for Dorset and South Wiltshire on behalf of the South West Strategic Health Authority.

SpRs and StRs rotate in March each year. Although they spend only a year in each post they may spend longer in a given location and rotate between posts especially in some of the larger centres. This will depend on individual training needs. The available posts offer Acute Medicine experience and Geriatric Medicine experience. Individual allocation to specific posts will initially be decided at time of interview and for subsequent years the rotation is agreed in consultation with the StRs usually at training days and will be confirmed at the RITA assessment to allow some flexibility. Posts which offer pure Geriatrics Training are: - Portsmouth and Southampton.

The primary aim of all posts is the training programme developed and there is a region wide syllabus and minimum standards of education agreed by all Trusts within the rotation.

The Deanery is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties. There will be minor variations in different hospitals but the list is aimed at covering the majority of duties:

1. Supervise, monitor and assist the House Officer (F1) in the day-to-day management of in-patients in posts with an attached F1.
2. Liaise between nurses, F1 and F2 Doctors, patients, relatives and senior medical staff.
3. Attend and participate in ward rounds as timetabled
4. Attend outpatient clinics.
5. Take part in rostered emergency work.
6. Dictate discharge summaries.
7. Study for higher examination and maintain continued professional development.
8. Attend weekly educational and multidisciplinary sessions.
9. Undertake audit at various times throughout the rotations.
10. Teach medical students as directed.
11. Co-operate with members of the personnel department when monitoring hours of work and other personnel issues.
12. Attend induction in each hospital or new department
13. Comply with all local policies including dress code, annual and study leave

Trust Generic/Specialty Information
Isle of Wight Healthcare NHS Trust

Staff: Medical
- 16 Consultants
- 10 take part in acute medical on call
- 4 are responsible for Stroke unit and General Rehab unit, 3 of these are Consultants in Care of the Elderly
- 1 Associate specialist
- 8 Registrars
- 11 SHO
- 11 FY1

Admission Policy
Non-selective on-call and acute medical care.

Training Programme
All trainees will gain experience in:
- Emergency medicine all ages
- Stroke care on dedicated stroke unit
- General rehabilitation
- Falls outpatients
- Elderly medicine outpatients

There are opportunities to gain experience in other areas depending on training needs, the following have been arranged for previous trainees:
- A period of work in the local Hospice with teaching and supervision from the Palliative Care consultant.
- Attendance at the Parkinson's Disease clinic with the Neurologist from SGH who visits weekly.
- Dedicated time on ITU.
- Orthogeriatrics

There is a degree of flexibility within the weekly timetable that can be adapted to accommodate the Trainee’s needs. In order to make the most of this flexibility and to minimise disruption to the on call rota & ward cover the Trainee should contact Sarah Gladdish as soon as possible to discuss their training needs in preparation for the job starting. 01983 534447 (sarah.gladdish@iow.nhs.uk)

Jersey General Hospital

Jersey is independent from the UK and therefore independent from the NHS although the General Hospital is run on similar lines to a typical NHS DGH. Successful applicants who work in Jersey for a UK financial year will enjoy attractive tax incentives.

Staff
7 Consultants

Junior Doctors
The postholder works as part of a team. As the work is for accreditation in general medicine the postholder will work in the General Hospital with an F1. Another F2 works at Overdale Hospital, the rehabilitation unit.

**Beds**

There are 67 acute medical beds. On the Overdale (rehabilitation site) there is a 20-bed rehabilitation ward and out patient service for elderly care, rheumatology and neurology in a purpose-built new department.

**Training Programme**

This is specifically general internal medicine, but there are also opportunities in rheumatology, neurology, gastroenterology, and bone densitometry with a multitude of specialist clinics for those with specialist training requirements.

For further information please contact Dr M R Richardson on 01534 623060 or 623061

**North Hampshire Hospital NHS Trust**

**Staff**
3 Consultant Physicians  
5 SHOs  
3 HOs

**Admission Policy**

Integrated Internal Medicine and Geriatrics and the post is accredited for training in Internal Medicine.

**FCEs**

Approximately 1,800 per year

**Training**

Training in all aspects of Internal Medicine and Geriatrics. Community Rehabilitation and intermediary care based in Alton and Bordon Community Hospitals. Well-established Stroke and Orthogeriatric rehabilitation services. Specialist Clinics in Stroke, Parkinson's Disease Falls and Syncope. Opportunities for Audits and Research.

For further information please contact 01256 313418

**Poole Hospital NHS Trust**

**Staff**
9 Consultants  
1 Associate Specialist  
3 Specialist Registrars  
2 Staff Grade Physicians  
1 Stroke Fellow  
13 SHOs (F2s / ST1 / ST2)  
3 F1s
FCEs
5,000 acute, 2,500 rehab, 500 ortho-geriatric per year

Admission Policy:
All admissions via A&E over 80 years and any patient deemed to require medicine for the elderly input by referring GP. The post is accredited for elderly care medicine and GIM.

Training
Experience in acute elderly care, rehabilitation, community hospitals, intermediate care and orthogeriatrics. Specialist services in Parkinson’s Disease, Stroke and Falls. Opportunities for research and clinical audit, and, developing skills in management and education.

For further information please contact Dr T Battcock / Dr P Fade / Dr M Thomas 01202 442471 / 448780 / 448160

Portsmouth – Portsmouth Hospitals NHS Trust

Staff
17 Consultants (14 WTEs)
1 Associate Specialist (Community Geriatrics)
0.9 Specialty Doctor (Ortho-Geriatrics)
1 Specialty Doctor (Community Geriatrics)
9 Specialist Registrars (1 on the Renal Medicine rotation)
17 CMT/VTS doctors
6 FY2 doctors
7 FY1 doctors

Admissions
Approximately 4,250 acute and 6,150 total annually

Admission Policy
All medical emergencies of all ages are admitted via the Medical Assessment Unit (MAU) and triaged to appropriate specialties. Those patients admitted from MAU to acute wards in the Department of Medicine for Older People are aged over 65 years with multiple pathologies or all ages for patients with stroke. The post is accredited in elderly care medicine and general internal medicine.

Clinical Experience
All trainees will gain experience in:
- Acute elderly medicine
- Outpatients
- Day Hospital
- Emergency medicine (all ages)
- Community geriatrics and intermediate care
The 8 posts in Portsmouth rotate so that during each year trainees will also gain experience in at least two of the following:

- Stroke medicine, including hyper acute stroke medicine
- Rehabilitation
- Orthogeriatrics
- Continuing care
- Syncope
- Palliative care
- Psychiatry liaison

All trainees are supported and encouraged to participate in audit and research.

For further information on the posts please contact Mrs Chrissie Immins, Medical Services Manager, Department of Medicine for Older People, Queen Alexandra Hospital, Cosham, Portsmouth, PO6 3LY telephone 023 9228 6013 e-mail chrissie.immins@porthosp.nhs.uk or Dr Matthew Puliyel 023 9228 6000 ext. 5933.

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**Royal Bournemouth & Christchurch Hospitals NHS Trust**

There are 4 SpR posts

11 Consultants
1 associate specialist
4 Specialist Registrars
1 Stroke Fellow
20 junior doctors in F1 – ST2

**Admissions Policy**

Fully integrated general medicine and geriatric medicine giving experience in both specialties.

**Training Programme**

Training opportunities in acute geriatrics and internal medicine, outpatient services, general rehabilitation, ortho-geriatric rehabilitation, day hospital, community and intermediate care, clinical audit and various special interests including stroke, syncope and falls, Parkinson’s disease and respiratory disease of old age. There is also a great deal of encouragement and direct support for research projects.

For further information on both these posts please contact Prof S Allen or Dr M Vassallo 01202 303626.
**Salisbury Health Care NHS Trust**

**Staff**

5 Consultants  
3 specialist registrars (1 acute medicine registrar)  
5 senior House officer equivalents  
6 Foundation Year 1 doctors

**FCEs**

Approximately 1,800 per year.

**Admission Policy**

Fully integrated through the Medical admissions Unit. Direct admissions to Farley Stroke Unit.

**Training Offered**

All aspects of Geriatric and General (Internal) Medicine, specialist experience in acute elderly care, rehabilitation, falls clinic, day hospital, stroke medicine including thrombolysis, Parkinsonism, neurological rehabilitation, community hospitals, psychogeriatric and orthogeriatric liaison. Opportunities for research and clinical audit are available. Attachment in palliative care is recommended.

Contact Dr C Page on 01722 336262 ext 3159 or Dr C Carroll on 01722 336262 ext 2948.

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**Southampton University Hospitals NHS Trust**

**Staff**

15 Consultants  3 NHS/University)  
1 Associate Specialist  
9 Specialist Registrars  
2 Academic Clinical Fellows  
10 SHOs  
5 PRHOs

**FCEs**

Approximately 4,500 patients annually

**Admission policy:**

Age related admission policy.  
Post accredited in Elderly Care Medicine.

**Experience Available**
The post rotates between the different consultants giving a wide experience of acute Elderly Care medicine, rehabilitation, outpatient, Community assessment and rehabilitation work. There is an extensive orthogeriatric liaison and opportunities for work on the Stroke Unit that now embraces acute thrombolysis, acute care and rehabilitation. The acute admissions process offers a needs-related service. The SPRs contribute to the general medical on-call and provide cover to a HDU setting.

**Clinical Experience**

This is flexible, although all registrars work on the acute wards looking after acutely sick older people and as part of their on-call work on the admissions unit. Other experiences, such as working on the Stroke Unit, Orthogeriatrics, working in the Community hospitals and with the intermediate care facilities are available either by negotiation with the other Specialist Registrars in Southampton, or according to individual training needs. 2 of the posts have a day a week working with a community rehabilitation team and assessing ill older people in their homes with the community ‘rapid response’ team, giving a unique community based experience. Thus the exact timetable for an individual trainee will be worked out in discussion with the educational supervisor once the registrar is in post. All registrars are expected to participate in the monthly journal club, the audit programme, teaching the undergraduate students and to complete a management project during their time in Southampton.

**Research**

Southampton University is one of the top research universities in the Country and there are ample opportunities for research projects in the Academic Department of Geriatric Medicine and also opportunities for collaboration with other academic medical departments and the Faculty of Medicine, Health and Biological Sciences. We currently have 2 Academic Clinical Fellows, and research interests centre on sarcopaenia, frailty, and movement disorders.

For further information on the above post please contact Dr S Evans on 02380 794354, sue.evans@suht.swest.nhs.uk.

**West Dorset General Hospitals NHS Trust**

**Staff**

5 Consultants
3 Specialist Registrars
3F2
3F1

**FCEs**

Approximately 1,800 per year

**Admission Policy**

Acute elderly care patients, predominantly the over 80 year olds admitted via common take team to admissions unit. Consultant EC in-take and post-take ward rounds. Triage to EC beds. Acute and Rehab Stroke Units (all adults).

**Acute beds at DCH**
 Intermediate Care

30 rehab beds at 5 community hospitals
SpRs attached to 1 community hospital for 1 session per week
Experience gained in intermediate care, day hospital, community rehab and some palliative care

Training Programme

Experience in acute elderly care medicine, stroke rehabilitation, and TIA clinics, ortho-geriatric liaison, intermediate care both in community hospitals and community based rehabilitation teams, falls and syncope clinics, psychogeriatric liaison, and clinical governance.

Specialist Services

Stroke-acute, rehab, TIA clinics, Young Stroke Clinic
Parkinson’s Disease-specialist clinics
Falls-Syncope clinic, nurse –led falls clinics
Ortho-geriatrics-4- 6 month attachment 1 session/week under lead EC consultant

Timetables

Flexible to suit training needs

Contact Dr Rob Williams on 01305 255185 email rob.williams@wdgh.nhs.uk

Winchester and Eastleigh Healthcare NHS Trust

Staff

7 Consultants

5 medical teams each consisting of 2 SpRs, 2 SHOs and 3 F1s

Admission Policy

A fully integrated admission policy between elderly care and general medicine. Patients of all ages are admitted under the same team and subsequently transferred if appropriate. The post gives broad general medical experience in a moderately busy district general hospital and is accredited in general internal medicine.

Curriculum – please insert relevant information

Breakdown of key areas of curriculum

Teaching
All Specialist Registrars will be expected to participate in the teaching of junior doctors, undergraduates nursing and paramedical staff. Formal training in teaching methodology may be made available to those with a specific interest in medical education.

**Main Conditions of Service**

The posts are whole-time and the appointments are subject to:

1. The Terms and Conditions of Service (TCS) for Hospital Medical and Dental Staff (England and Wales)
2. Satisfactory registration with the General Medical Council
3. Medical Fitness – You may be required to undergo a medical examination and chest x-ray. Potential applicants should be aware of the Department of Health and GMC/GDC requirements with regards to HIV/AIDS and Hepatitis viruses. Candidates must be immune to Hepatitis B. You will be required to provide, in advance of appointment, evidence of immunity or have a local blood test (as deemed necessary by the Occupational Health Department)
4. Right to work in the UK
5. Criminal Records Check/POCA check carried out by the Trust Medical HR department.
6. Pre-employment checks carried out by the Trust Medical HR department.

**Hours**

The working hours for junior doctors in training are now 48-hours (or 52-hours if working on a derogated rota) averaged over 26 weeks (six months). Doctors in training also have an individual right to opt-out if they choose to do so, but they cannot opt-out of rest break or leave requirements. However, the contracts for doctors in training make clear that overall hours **must not exceed 56 hours in a week** (New Deal Contract requirements) across all their employments and any locum work they do.

[http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx](http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx)

**Pay**

You should be paid monthly at the rates set out in the national terms and conditions of service for hospital medical and dental staff and doctors in public health medicine and the community health service (England and Wales), “the TCS”, as amended from time to time. The payscales are reviewed annually. Current rates of pay may be viewed at [http://www.nhsemployers.org/PayAndContracts/Pay%20Circulars/Pages/PayCircularsMedicalandDental.aspx](http://www.nhsemployers.org/PayAndContracts/Pay%20Circulars/Pages/PayCircularsMedicalandDental.aspx)

Part-time posts will be paid pro-rata.

**Pay supplement**

Depending upon the working pattern and hours of duty you are contracted to undertake by the employer you should be paid a monthly additional pay supplement at the rates set out in paragraph 22 of the TCS. The current payscales may be viewed at xx. The pay supplement is not reckonable for NHS pension purposes. The pay supplement will be determined by the employer and should be made clear in their offer of employment and subject to monitoring.
Pension

You will be entitled to join or continue as a member of the NHS Pension Scheme, subject to its terms and rules, which may be amended from time to time.

Annual leave

Your entitlement to annual leave will be five or six weeks per annum depending upon your previous service/incremental point, as set out in paragraphs 205 – 206 of the TCS.

The TCS may be viewed at http://www.nhsemployers.org/PayAndContracts/JuniorDoctorsDentistsGPRReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.asp

Sick pay

Entitlements are outlined in paragraphs 255-240 of the TCS.

Notice

You will be required to give your employer and entitled to receive from them notice in accordance with paragraphs 195 – 196 of the TCS.

Study leave

The employer is expected to offer study leave in accordance with paragraphs 250 – 254 of the TCS. Local policy and procedure will be explained at your induction.

Travel expenses

The employer is expected to offer travel expenses in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties. Local policy and procedure will be explained at induction.

Subsistence expenses

The employer is expected to offer subsistence expenses in accordance with paragraph 311 of the TCS. Local policy and procedure will be explained at induction.

Relocation expenses

The employer will have a local policy for relocation expenses based on paragraphs 314 – 315 of the TCS and national guidance at http://www.nhsemployers.org/PayAndContracts/JuniorDoctorsDentistsGPRReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx
You are advised to check eligibility and confirm any entitlement with the employer *before* incurring any expenditure. In addition to local policy there is Deanery guidance which can be viewed on [www.wessexdeanery.nhs.uk](http://www.wessexdeanery.nhs.uk)

**Pre-employment checks**

All NHS employers are required to undertake pre-employment checks. The employer will confirm their local arrangements expected to be in line with national guidance at [http://www.nhsemployers.org/RecruitmentAndRetention/Employment-checks/Pages/Employment-checks.aspx](http://www.nhsemployers.org/RecruitmentAndRetention/Employment-checks/Pages/Employment-checks.aspx)

**Professional registration**

It will be a requirement of employment that you have professional registration with the GMC for the duration of your employment.

**Health and safety**

All employers have a duty to protect their workers from harm. You will be advised by the employer of local policies and procedures intended to protect your health and safety and to comply with these.

**Disciplinary and grievance procedures**

The employer will have local policies and procedures for dealing with any disciplinary concerns or grievances you may have. They will advise you how to access these, not later than eight weeks after commencement of employment.

**Educational supervisor**

The employer will confirm your supervisor on commencement.

**General information**

The Deanery’s management of Specialty Training programmes, including issues such as taking time out of programme and dealing with concerns or complaints, is available at [www.wessexdeanery.nhs.uk](http://www.wessexdeanery.nhs.uk) and in the national ‘Gold guide’ to Specialty Training at [http://www.mmc.nhs.uk/specialty_training_2010/gold_guide.aspx](http://www.mmc.nhs.uk/specialty_training_2010/gold_guide.aspx)