SPECIALTY TRAINING PROGRAMME IN GENERAL ADULT PSYCHIATRY
ST4-6 WESSEX DEANERY

This is a 3 year training programme in psychiatry at ST4-ST6 aimed at doctors who can demonstrate the essential competencies to enter this level of training. The programme is designed to support training for a CCT in General Adult Psychiatry.

The programme is based in hospitals in the Wessex Deanery including:

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<thead>
<tr>
<th>HOSPITAL</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>North Hampshire Hospital</td>
<td>Basingstoke</td>
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<tr>
<td>The Royal Bournemouth Hospital</td>
<td>Bournemouth</td>
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<tr>
<td>St Richards Hospital</td>
<td>Chichester</td>
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<tr>
<td>Dorset County Hospital</td>
<td>Dorset</td>
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<tr>
<td>St Ann’s Hospital</td>
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<tr>
<td>Alderney Hospital</td>
<td>Dorset</td>
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<tr>
<td>St Mary’s Hospital</td>
<td>Isle of Wight</td>
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<tr>
<td>Jersey General Hospital</td>
<td>St Helier, Jersey</td>
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<td>Poole Hospital</td>
<td>Poole</td>
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<td>Queen Alexandra Hospital</td>
<td>Portsmouth</td>
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<tr>
<td>Royal Hospital Haslar</td>
<td>Gosport, Portsmouth</td>
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<td>St Mary’s Hospital</td>
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<td>St James’s Hospital</td>
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<tr>
<td>Ravenswood Hospital</td>
<td>Fareham, Portsmouth</td>
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<td>Salisbury District Hospital</td>
<td>Salisbury</td>
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<td>Southampton General Hospital</td>
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<td>Royal South Hants Hospital</td>
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<td>Princess Anne Hospital</td>
<td>Southampton</td>
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<td>Tatchbury Mount</td>
<td>Southampton</td>
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<td>Ashurst Hospital</td>
<td>Southampton</td>
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<tr>
<td>Royal Hampshire County Hospital</td>
<td>Winchester</td>
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Wessex Deanery is a relatively small deanery with a defined geographical area which leads to there being a single unit of application. In the majority of cases successful candidates will be asked to preference their choice of location for either one or two years. Future placements will be based, as normal, on individual training and educational needs. Please note that applications are to the Wessex Deanery as a whole. This will mean that you may be allocated to any geographic location within the Wessex Deanery depending on training needs.

The Wessex Deanery covers a geographical area from Basingstoke in North Hampshire to Dorchester in West Dorset and the Isle of Wight to the South; in
addition some programmes rotate to Jersey and Chichester in West Sussex. This is a spread of approximately 65 miles North to South and 76 miles East to West. The Wessex Deanery serves a population of around 2.8 million people.

The Wessex Deanery is part of South Central Strategic Health Authority which covers Berkshire, Buckinghamshire, Oxfordshire in the north (under Oxford Deanery) and Hampshire and Isle of Wight. In addition, Wessex Deanery provides training programmes within Dorset and South Wiltshire under a formal agreement with the South West Strategic Health Authority. The Wessex Deanery is responsible for the training of some 2,500 trainees.

**Rotation Information – please insert relevant information**

Higher professional training in Psychiatry is of 3 years duration, normally made up of posts of one year duration. Trainees will normally spend the first 2 years in one part of the scheme and in the third move a different area. The purpose of this is to ensure that trainees get exposed not only to different clinical experiences but also to different organizations.

It is important to note that trainees join the scheme, and not a particular post or Trust and therefore, should be prepared to accept any post on the scheme.

**Study and Training**

The primary aim of all posts is the training programme developed and there is a region wide syllabus and minimum standards of education agreed by all Trusts within the rotation.

The Deanery is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties. There will be minor variations in different hospitals but the list is aimed at covering the majority of duties:
1. Work as part of a multi-disciplinary team.
2. Attend and participate in ward rounds and team meetings as timetabled
3. Attend and participate in outpatient clinics and community based work.
4. Take part in rostered emergency and out of hours work.
5. Complete letters, new patient assessment letters, clinical reports and discharge summaries.
6. Attend weekly educational and multidisciplinary sessions.
7. Undertake audit at various times throughout the rotations.
8. Teach medical students as directed.
9. Co-operate with members of the personnel department when monitoring hours of work and other personnel issues.
10. Attend induction in each hospital or new department
11. Comply with all local policies including dress code, annual and study leave

Specialty Information

The rotation is able to offer a range of experience in terms of specialty and social context. Populations covered by the services providing training range from inner city areas through affluent suburbs to rural areas. There is experience available in secure services at the level of medium security though to innovative and developing community services.

In addition to placements in General Adult, sub-specialty placements are available in Forensic Psychiatry, Rehabilitation Psychiatry, Substance Misuse, Perinatal and Liaison Psychiatry. There are two honorary lecturer posts in Southampton.

Curriculum

The psychiatric curriculum is published on the web site of the Royal College of Psychiatrists located through the training section on the site.

The Scheme aims for trainees to gain experience in clinical practice, management, teaching, audit, research and lifelong learning.

Teaching

All trainees will receive one hour per week of educational supervision from their educational supervisor. The educational supervisor may be different from the clinical supervisor for a post.

All trainees are expected to complete the NHS Appraisal for Doctors in Training on an annual basis.
Programme Description

Trainees will have two sessions a week for the purpose of engaging in special interest sessions or research. Special interests will normally last for 6 months and are for the purpose of giving the trainee a chance to gain experience a wide range of clinical settings.

Trainees are expected to make appropriate use of the study leave entitlement, remembering that they need to gain experience both clinically and in areas such as management and leadership.

Main Conditions of Service

The posts are whole-time and the appointments are subject to:

1. The Terms and Conditions of Service (TCS) for Hospital Medical and Dental Staff (England and Wales)
2. Satisfactory registration with the General Medical Council
3. Medical Fitness – You may be required to undergo a medical examination and chest x-ray. Potential applicants should be aware of the Department of Health and GMC/GDC requirements with regards to HIV/AIDS and Hepatitis viruses. Candidates must be immune to Hepatitis B. You will be required to provide, in advance of appointment, evidence of immunity or have a local blood test (as deemed necessary by the Occupational Health Department)
4. Right to work in the UK
5. Criminal Records Check/PPOCA check carried out by the Trust Medical HR department.
6. Pre-employment checks carried out by the Trust Medical HR department.

Hours

Your duty hours will be between 40 and 56 hours per week (part-time staff pro rata) depending upon the pattern of work offered by the employer, which should be in accordance with paragraph 20 of the TCS. This may include work in the evenings, at night and weekends. The TCS may be viewed at [insert Deanery link and/or] http://www.nhsemployers.org/pay-conditions/pay-conditions-467.cfm

All posts on the rotation are working towards compliance with the European Working Time Directive regulations.

Pay

You should be paid monthly at the rates set out in the national terms and conditions of service for hospital medical and dental staff and doctors in public health medicine and the community health service (England and Wales), “the TCS”, as amended from time to time. The payscales are reviewed annually. Current rates of pay may be viewed at [insert Deanery link and/or]
Part-time posts will be paid pro-rata.

**Pay supplement**

Depending upon the working pattern and hours of duty you are contracted to undertake by the employer you should be paid a monthly additional pay supplement at the rates set out in paragraph 22 of the TCS. The current payscales may be viewed at [http://www.nhsemployers.org/pay-conditions/pay-conditions-2339.cfm](http://www.nhsemployers.org/pay-conditions/pay-conditions-2339.cfm) The pay supplement is not reckonable for NHS pension purposes. The pay supplement will be determined by the employer and should be made clear in their offer of employment and subject to monitoring.

**Pension**

You will be entitled to join or continue as a member of the NHS Pension Scheme, subject to its terms and rules, which may be amended from time to time. Further information can be viewed at [http://www.nhspa.gov.uk/nhspa_site/index.htm](http://www.nhspa.gov.uk/nhspa_site/index.htm)

**Annual leave**

Your entitlement to annual leave will be five or six weeks per annum depending upon your previous service/incremental point, as set out in paragraphs 205 – 206 of the TCS.

The TCS may be viewed at [http://www.nhsemployers.org/pay-conditions/pay-conditions-467.cfm](http://www.nhsemployers.org/pay-conditions/pay-conditions-467.cfm)

**Sick pay**

Entitlements are outlined in paragraphs 255-240 of the TCS.

**Notice**

You will be required to give your employer and entitled to receive from them notice in accordance with paragraphs 195 – 196 of the TCS.

**Study leave**

The employer is expected to offer study leave in accordance with paragraphs 250 – 254 of the TCS. Local policy and procedure will be explained at your induction.

**Travel expenses**
Programme Description

The employer is expected to offer travel expenses in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties. Local policy and procedure will be explained at induction.

**Subsistence expenses**

The employer is expected to offer subsistence expenses in accordance with paragraph 311 of the TCS. Local policy and procedure will be explained at induction.

**Relocation expenses**

The employer will have a local policy for relocation expenses based on paragraphs 314 – 315 of the TCS and national guidance at [http://www.nhsemployers.org/pay-conditions/pay-conditions-467.cfm](http://www.nhsemployers.org/pay-conditions/pay-conditions-467.cfm). You are advised to check eligibility and confirm any entitlement with the employer before incurring any expenditure. In addition to local policy there is Deanery guidance which can be viewed on [www.wessexdeanery.nhs.uk](http://www.wessexdeanery.nhs.uk)

**Pre-employment checks**

All NHS employers are required to undertake pre-employment checks. The employer will confirm their local arrangements expected to be in line with national guidance at [http://www.nhsemployers.org/primary/primary-3524.cfm](http://www.nhsemployers.org/primary/primary-3524.cfm)

**Professional registration**

It will be a requirement of employment that you have professional registration with the GMC for the duration of your employment.

**Health and safety**

All employers have a duty to protect their workers from harm. You will be advised by the employer of local policies and procedures intended to protect your health and safety and to comply with these.

**Disciplinary and grievance procedures**

The employer will have local policies and procedures for dealing with any disciplinary concerns or grievances you may have. They will advise you how to access these, not later than eight weeks after commencement of employment.

**Educational supervisor**

The employer will confirm your supervisor on commencement.
General information

The Deanery’s management of Specialty Training programmes, including issues such as taking time out of programme and dealing with concerns or complaints, is available at www.wessexdeanery.nhs.uk and in the national ‘Gold guide’ to Specialty Training at http://www.mmc.nhs.uk/