**SUB-SPECIALTY TRAINING PROGRAMME IN FETAL AND MATERNAL MEDICINE IN WESSEX DEANERY**

This is a 2-3 year training programme in Fetal and Maternal Medicine starting at ST6/7 aimed at doctors who can demonstrate the essential competences to enter this level of training.

The anticipated outcome subject to satisfactory progression is completion of sub-specialty training in Fetal and Maternal Medicine.

The programme is based at the Princess Anne Hospital in Southampton, within the Wessex deanery.

Wessex Deanery is a relatively small deanery with a defined geographical area which does lead to there being a single unit of application. The Wessex Deanery covers a geographical area from Basingstoke in North Hampshire to Dorchester in West Dorset and the Isle of Wight to the South. This is a spread of approximately 65 miles North to South and 76 miles East to West. The Wessex Deanery serves a population of around 2.8 million people.

The Wessex Deanery is part of South Central Strategic Health Authority which covers Berkshire, Buckinghamshire, Oxfordshire in the north (under Oxford Deanery) and Hampshire and Isle of Wight. In addition, Wessex Deanery provides training programmes within Dorset and South Wiltshire under a formal agreement with the South West Strategic Health Authority. The Wessex Deanery is responsible for the training of some 2,500 trainees.

**Study and Training**

The Deanery is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties:

1. Assist in the management of women referred to the Fetal and Maternal Medicine Unit, and be involved in receiving tertiary referrals and referrals from local GPs.
2. Assist with antenatal diagnostic tests and with clinical matters arising from ultrasound examinations.
3. Help to maintain close links with related services including Anaesthetics, Radiology; Neonatal Medicine; Paediatric Surgery, Cardiology, Neurology and Nephrology; Pathology and Genetics.
4. Supervise, monitor and assist the junior medical staff in the day-to-day management of
5. Liaise between nurses, junior medical staff, patients, relatives and senior medical staff.
6. Attend and participate in ward rounds as timetabled.
7. Attend antenatal clinics and day assessment unit.
8. Take part in rostered emergency work including delivery suite and gynaecology on call.
9. Involvement in the administration of the department such as dictating discharge summaries, helping to develop protocols, write patient information sheets, attend business meetings and audit activity and clinical outcomes.
10. Maintain statutory and mandatory training and continued professional development.
11. Undertake audit within the department.
12. The trainee will be required to be actively involved in the training of medical students, sonographers and midwifery students as well as other trainees in Obstetrics and Gynaecology. There is a specific duty to organise the weekly Fetal Medicine meetings.
13. Co-operate with members of the personnel department when monitoring hours of work and other personnel issues.
14. Attend induction in each hospital or new department.
15. Comply with all local policies including dress code, annual and study leave.

**Trust Generic/Specialty Information**

**The Princess Anne Hospital**
The Princess Anne Hospital has been designed and equipped to enable staff to provide the most up to date treatment possible in pleasant surroundings. The hospital, which opened in March of 1981, comprises 55 maternity beds and 28 gynaecology beds. There are 13 delivery rooms and two high dependency rooms, two recovery rooms and a four-bedded induction area, four operating theatres and approximately 6000 deliveries a year. The Neonatal Intensive Care Unit provides a tertiary service and has recently expanded to include 36 cots. The sub-specialties of Fetal Medicine, Reproductive Medicine and Gynaecological Oncology are represented within the hospital and there is an active Day Surgical Unit. There is a Colposcopy Suite, and facilities for outpatient hysteroscopy and urodynamics. The ultrasound department is located within the hospital and performs about 18000 scans per year. The labour ward, ultrasound department and fetal medicine unit have all benefited from a recent refurbishment.

The Princess Anne also houses the University Department of Obstetrics and Gynaecology and the School of Midwifery. The hospital is adjacent to, but separate from, the main General Hospital complex.

**Wessex Fetal Medicine Unit**
The Wessex Maternal and Fetal Medicine Unit, based in the Princess Anne, began operating in February 1996 and acts as a regional centre for the management of women with complex pregnancies. The unit was recognised for subspecialty training in Fetal and Maternal Medicine in September 1997 under the directorship of Mr David Howe. Referrals are received both for the management of fetal anomalies and for management of women with medical conditions that may affect or be affected by their pregnancies. High risk antenatal clinics are run for the management of women with medical conditions, and antenatal diagnostic services are provided by these consultants. Approximately 950 women are seen annually for diagnostic ultrasound or in-patients.
Wessex Deanery is part of the South Central Strategic Health Authority and provides postgraduate medical and dental education for Hampshire, Isle of Wight, and the States of Jersey, and for Dorset and South Wiltshire on behalf of the South West Strategic Health Authority.

invasive procedures and the unit offers 3D scanning and a full range of intrauterine therapies. Fetal cardiac assessment and in utero treatment of fetal dysrhythmias are carried out. The service is supported by three specialist nurses/midwives who, help in the organisation of the unit and in counselling of parents. We have close working relationships with other regional services based in the Southampton General or Princess Anne Hospital, including Neonatology, Paediatric Surgery and Cardiology and Clinical Genetics. The regional Cytogenetics laboratory is located in Salisbury. We have close working relationships with them, and with other laboratory services such as Virology and the regional Transfusion Service.

Staff
The Department of Obstetrics and Gynaecology contains the following staff:

Consultant Staff
16 Consultants
1 Consultant Nurse in Prenatal Diagnosis and Family Support
2 Consultant Midwives
1 Consultant Nurse in Urodynamics

Junior Staff
This post will be in addition to thirteen other Speciality Trainees, one Trust fellow, one Trust research post and one Trust IVF fellow, who all contribute to the on-call middle grade rota. There is a separate senior and junior registrar rota and the post holder will normally participate in the senior tier. There is currently a 52 hour derogated rota, aiming to be reduced to 48 hours in August 2011. There are nine SHO equivalents (O&G ST1/2s, F2s and GP ST1/2s) as well as 3F1s who work solely in gynaecology.

Curriculum

- See RCOG website for subspecialty Fetal and Maternal Medicine competency-based curriculum www.rcog.org.uk.
- Work-based assessments required throughout training to assess competencies.

The subspecialty trainee will take part in a structured programme to develop his/her skills during the attachment. During this time he/she will work with each of the consultants involved in the Fetal Medicine unit and the programme will also allow for temporary attachments to other specialties to develop a better understanding of the interactions with them. The training programme will be modified to take account of existing skills or to develop particular areas of interest. The trainee will be assessed annually by the subspecialty committee of the RCOG who may also suggest modifications of the training programme in the light of his/her progress during the year.

To complete subspecialty training the candidate must have completed at least one year of relevant research. This may be done either before commencing subspecialty training or as part of the programme. Candidates who have not completed research would need to complete the three year training programme which includes equivalent research time. Research would be supervised by Mr Howe.

Although the end of ST5 is the earliest stage at which a sub-speciality programme can be
commenced, candidates need to have achieved appropriate general skills towards their CCT to be able to apply for this at the end of the programme, and it is expected that most trainees will need to have completed four years of higher specialist training before appointment. Progression into the second year will depend on satisfactory review or progress by the RCOG assessors.

**Teaching**

- Extensive local teaching programme available at Princess Anne Hospital.
- Regional teaching programme first Friday of the month rotating between units. 3 year rolling programme to include mandatory courses within core curriculum.

**Main Conditions of Service**

The posts are whole-time and the appointments are subject to:

1. The Terms and Conditions of Service (TCS) for Hospital Medical and Dental Staff (England and Wales)
2. Satisfactory registration with the General Medical Council
3. Medical Fitness – You may be required to undergo a medical examination and chest x-ray. Potential applicants should be aware of the Department of Health and GMC/GDC requirements with regards to HIV/AIDS and Hepatitis viruses. Candidates must be immune to Hepatitis B. You will be required to provide, in advance of appointment, evidence of immunity or have a local blood test (as deemed necessary by the Occupational Health Department)
4. Right to work in the UK
5. Criminal Records Check/POCA check carried out by the Trust Medical HR department.
6. Pre-employment checks carried out by the Trust Medical HR department.

**Hours**

The working hours for junior doctors in training are now 48-hours (or 52-hours if working on a derogated rota) averaged over 26 weeks (six months). Doctors in training also have an individual right to opt-out if they choose to do so, but they cannot opt-out of rest break or leave requirements. However, the contracts for doctors in training make clear that overall hours must not exceed 56 hours in a week (New Deal Contract requirements) across all their employments and any locum work they do.

http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx

**Pay**

You should be paid monthly at the rates set out in the national terms and conditions of service for hospital medical and dental staff and doctors in public health medicine and the community health service (England and Wales), “the TCS”, as amended from time to time. The payscales are reviewed annually. Current rates of pay may be viewed at
Pay supplement

Depending upon the working pattern and hours of duty you are contracted to undertake by the employer you should be paid a monthly additional pay supplement at the rates set out in paragraph 22 of the TCS. The current payscales may be viewed at xx. The pay supplement is not reckonable for NHS pension purposes. The pay supplement will be determined by the employer and should be made clear in their offer of employment and subject to monitoring.

Pension

You will be entitled to join or continue as a member of the NHS Pension Scheme, subject to its terms and rules, which may be amended from time to time.

Annual leave

Your entitlement to annual leave will be five or six weeks per annum depending upon your previous service/incremental point, as set out in paragraphs 205 – 206 of the TCS.

The TCS may be viewed at http://www.nhsemployers.org/PayAndContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.asp

Sick pay

Entitlements are outlined in paragraphs 255-240 of the TCS.

Notice

You will be required to give your employer and entitled to receive from them notice in accordance with paragraphs 195 – 196 of the TCS.

Study leave

The employer is expected to offer study leave in accordance with paragraphs 250 – 254 of the TCS. Local policy and procedure will be explained at your induction.

Travel expenses

The employer is expected to offer travel expenses in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties. Local policy and procedure will be explained at induction.

Subsistence expenses

The employer is expected to offer subsistence expenses in accordance with paragraph 311 of the TCS. Local policy and procedure will be explained at induction.
Relocation expenses

The employer will have a local policy for relocation expenses based on paragraphs 314 – 315 of the TCS and national guidance at http://www.nhsemployers.org/PayAndContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

You are advised to check eligibility and confirm any entitlement with the employer before incurring any expenditure. In addition to local policy there is Deanery guidance which can be viewed on www.wessexdeanery.nhs.uk

Pre-employment checks

All NHS employers are required to undertake pre-employment checks. The employer will confirm their local arrangements expected to be in line with national guidance at http://www.nhsemployers.org/RecruitmentAndRetention/Employment-checks/Pages/Employment-checks.aspx

Professional registration

It will be a requirement of employment that you have professional registration with the GMC for the duration of your employment.

Health and safety

All employers have a duty to protect their workers from harm. You will be advised by the employer of local policies and procedures intended to protect your health and safety and to comply with these.

Disciplinary and grievance procedures

The employer will have local policies and procedures for dealing with any disciplinary concerns or grievances you may have. They will advise you how to access these, not later than eight weeks after commencement of employment.

Educational supervisor

The employer will confirm your supervisor on commencement.

General information

The Deanery’s management of Specialty Training programmes, including issues such as taking time out of programme and dealing with concerns or complaints, is available at www.wessexdeanery.nhs.uk and in the national ‘Gold guide’ to Specialty Training at http://www.mmc.nhs.uk/specialty_training_2010/gold_guide.aspx