## Placement: F2 - Gastroenterology

### The department

The department of Gastroenterology encompasses Gastroenterology on Ward, Gastro Outreach team for Gastro outliers in the whole of the hospital, except Ward and finally the Endoscopy Unit. The department itself consists of 6 full time Gastroenterology Consultants, 1 Staff Specialist (Dr Kirsty Barnett), 1 Fellow (Dr Katie Smith), 2 Nurse Specialists in Research, 1 temporary Nurse for ward assessments and day case assessment, 3 Hepatitis Nurses and 1 IBD Nurse. There are 3 Gastroenterology Registrar’s (1 is an Acute Medical SPR), 3 SHO’s, 2 F2’s and 2 F1’s.

The department operates an extremely busy but comprehensive and dynamic service for the care of medical gastroenterology inpatients as well as outpatients. Typical conditions that are expected for the inpatients is care of the sick liver disease patient, acute gastrointestinal haemorrhage, complex hepatobiliary disease, complex inflammatory bowel disease etc. It enjoys close ties with the neighboring District Hospitals in addition to the Gastroenterology Unit in Southampton General. In Gastroenterology we perform upwards of 11,000 endoscopies a year. All gastroenterology care is Consultant led and with the close liaison between Interventional Radiology, Diagnostic Radiology, Upper GI Surgery and Lower GI Surgery and finally palliative care, we are fully multi-disciplinary in our approach.

### The type of work to expect and learning opportunities

The F2 post is based on the Gastroenterology Unit on Ward 1 and also Gastroenterology Outreach. This post is fluid and the F2 Doctor is expected to be able to be dynamic and flexible in terms of where the provision of care is most needed either on Ward 1 or on Outreach. In addition to on-call for General Medicine, cover of medical inpatients, time on CDU/AAU, the F2 is expected to be able to take up the day to day care of medical and Gastroenterology inpatients. Occasionally the care of Ward attenders and some Gastroenterology outpatients, for example those who have developed a problem in the Endoscopy Unit could also come under their remit. The overall educational objective of the F2 year are to provide the trainee with the knowledge, skills and attributes to be able to:

1. Take a history and examine a patient
2. To recognise the sick medical inpatient and outpatient
3. Identify and synthesize medical problems
4. Prescribe safely
5. Keep an accurate, relevant and timely medical record
6. To keep contemporaneous notes of Consultant attended ward rounds, specifically including the most senior member on the ward round, the date of the entry, the time of the entry, the presenting problems and the management plan
7. Manage time and clinical priorities effectively
8. To undertake at defined intervals during the day constructive and timely/early communication with patients, relatives and medical colleagues
9. To use evidence, guidelines and audit to benefit patient care
10. Act in a professional manner at all times with all medical staff, colleagues, senior medical staff, medical students, Nursing staff and patients
11. To be able to cope and grasp at an early stage ethical and legal issues that can occur in the day to day management of patients with general medical problems
12. Educate patients effectively in their care, for example in the context of stopping smoking, stopping alcohol etc
13. Become lifelong learners and teachers

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<thead>
<tr>
<th>Where the placement is based</th>
<th>Ward 1, Outreach in Royal Bournemouth Hospital</th>
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<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Safa Al-Shamma for all educational needs, individual Consultant to look after individual F1’s/F2’s.</td>
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**Main duties of the placement**

This has to some extent been covered in the text above. The F2 Doctor is responsible with their other medical colleagues for patient care in the Gastroenterology Unit and the maintenance of the patient’s medical records. Communication is given an extremely high priority in the Gastroenterology Unit in terms of liaison with other medical specialties such as Upper and Lower GI Surgery, Radiology and GP’s for patients who have complex admissions where they are in hospital for greater than 3 days. They will have an opportunity to work with a Consultant in Gastroenterology in all aspects of general medical and GI work-up such as liver disease and luminal Gastroenterology/GI bleeds etc. Whilst they may not necessarily be expected to routinely assess patients in Gastroenterology Outpatients they are encouraged to attend clinics if possible to gain further experience of this. They are also expected to attend all structured FY1 or appropriate FY2 teaching programs provided by the Trust and the twice monthly grand rounds in Gastroenterology provided by the GI department. The F2 will be responsible for such other specific clinical duties as allocated by Consultants including occasional emergencies and unforeseen circumstances, e.g. to clerk an urgent admission from Endoscopy where a complication has been highlighted or urgent imaging needs to be organised.

**Typical working pattern in this placement**

Typical working pattern in this post for ward rounds is the following:

**Monday - Friday:**
- **8:30** Ward round (therefore work-up should take place prior to this)
  - **AM** Ward work
  - **PM** Ward work and communication with patients relatives
- **17:30** End of working day

**Saturday/Sunday:**
- As per F1 on-call rota
| Employer information | Royal Bournemouth Hospital and Christchurch Hospital NHS Foundation Trust. [http://www.rbch.nhs.uk/](http://www.rbch.nhs.uk/) |

It is important to note that this description is a typical example of your placement and may be subject to change.