This is the perfect introduction to managing long term conditions for healthcare professionals new to primary care

This 5 day course will help you develop an understanding of the key issues in managing long term conditions such as asthma, cardiovascular disease, diabetes and COPD. It also provides an overview of the role of the general practice team and will give you the practical skills necessary to start managing long term conditions in your workplace.

Day 1 – Overview
- What is general practice? Working as part of the team
- The primary/secondary care interface
- How to run a clinic
- Record keeping
- Finding information and using it in practice - implementing the evidence
- How to develop a protocol
- Medico-legal concerns

Day 2 – Long Term Conditions
- The principles of managing long term conditions, including:
  - The psychosocial aspects of coping with chronic illness
  - Understanding the role of health promotion and health education
  - Lifestyle and behaviours as a risk factor for long term disease

Day 3 – Understanding Respiratory Drugs
- Revision session on normal breathing
- Understanding asthma treatment
- Understanding COPD treatment
- Understanding the treatment of allergic airways
- New and fancy treatments

Day 4 – ACD of hypertension and CKD
- Pathophysiology of hypertension and CKD
- Identification of modifiable and non-modifiable risk factors
- Screening, diagnosis and long term management of patients with hypertension and CKD
- Investigations
- Non-pharmaceutical and pharmacological management
- National and local policy guidelines

Day 5 – Diabesity
The link between obesity and diabetes
- How this impacts on cardiovascular risk
- Interventions that can help with weight management
- Treatment of metabolic syndrome, diabetes and CVD risk
- Pharmacological therapies & surgical options
- Helping people to take control

This is a five day course with informal lectures and interactive practical sessions. (Each day can also be booked individually)
Cost: £450 for 5 day course £115 each individual 1 day course

Find out more:
Phone our team on 01926 838969 or email info@educationforhealth.org
For further information on other modules or workshops go to www.educationforhealth.org/courses

Training in Warwick

Study dates:
Day 1 - 27th Nov
Day 2 - 28th Nov
Day 3 - 4th Dec
Day 4 - 5th Dec
Day 5 - 6th Dec

Venue:
Education for Health
The Athenaeum
10 Church Street
Warwick
CV34 4AB

For Further information and to apply contact:
info@educationforhealth.org
01926 838969

Our students’ feedback:
“Good content, enjoyed the way it was presented”

“Very knowledgeable trainer”

“Enjoyed the fact that group discussion was allowed”

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