Process Map for Suspected Asperger’s Syndrome Cases

**Case Manager**

- Suspects that ‘social-communication skills with an impact on professionalism and teamwork’ are relevant and important issues
- Refers to Dr Stefan Gleeson for assessment by email, attaching Form C and inviting the trainee to make contact with Dr Gleeson
- Completes and sends Form D to Julie Worthington

**Dr Stefan Gleeson**

- **Decides** if he or Dr Claire Arthern is best placed to take the referral¹. Forwards form C to Claire as necessary with a copy to Julie Worthington
- **If contact received**: meeting arranged for diagnostic confirmation, after one or two sessions as required². Report written up, with recommendations, and sent to Case Manager, Trainee and to Dr Claire Arthern.
- **Advises** Julie Worthington that the initial assessment has been completed, that further psychological assessment and input is warranted³ (or not depending on case) and attaches invoice.
  - If **no contact received for 4 weeks**: Informs Case Manager and Julie Worthington and case closed for non-engagement

**Dr Claire Arthern**

- **Receives** referral from Dr Gleeson and **arranges** meeting to conduct an assessment of psychological needs and suitability for CBT.
- **Advises** Julie Worthington that psychological assessment has been completed, what further psychological work is required⁴ and attaches invoice.
- **Negotiates and agrees** a number of sessions thought to be required with Case manager (up to a maximum of 6). Further sessions if advised by Claire would need to be agreed by both the Case manager and the PSU.
  Summary Report on CBT work completed and sent to Case Manager, Trainee and to Julie Worthington with invoice.
- **If no contact received for 4 weeks**: Informs Case Manager and Julie Worthington and case closed for non-engagement
Julie Worthington

- Logs case as active on the Professional Support Unit spreadsheet
- Sends Form D to the Deputy Deanery Business Manager
- **If advised completed:** logs number of sessions etc. and sends invoice to Deputy Deanery Business Manager
- **If advised no contact:** logs as closed for non-engagement

Deputy
Deanery
Business
Manager

- Receives Form D and logs finance implications against trainee record on the PSU spreadsheet
- Receives Dr Gleeson and/or Dr Arthern’s invoice(s) from Julie Worthington
- Records actual expenditure on PSU spreadsheet

Notes

1. For example, patient already has a diagnosis and needs psychological evaluation of learning needs, by Dr Arthern, in order to decide whether a CBT programme is feasible
2. Trainee may not have Asperger’s, in which case any differential psychiatric condition that needs addressing will be through primary care (or GP referral to psychiatry). Alternatively trainee may have Asperger’s which will benefit from further psychological assessment of needs and delivery of CBT via Dr Arthern.