### Anaesthetics Information Sheet

**Current number of training posts:**

- 57 – CT1/2 (with additional Military trainees and ACCS trainees)
- 87 ST3+ (with additional Military trainees)

**Based in the following Trust locations:**

- Throughout Wessex

**Example rotation:**

- East Side – Basingstoke CT1, Winchester CT2; Winchester CT1, Portsmouth CT2
- West Side – Dorchester CT1, Poole/Bournemouth CT2; Salisbury CT1, Dorchester CT2

**General information on the training opportunities**

The minimum time spent in basic level training will normally comprise 21 months in anaesthesia and 3 months in ICM. Trainees who come to anaesthesia via the Acute Care Common Stem Programme (ACCS) will already have acquired various competences in anaesthesia and ICM that will be taken into account when assessing progress in basic level anaesthetic training and in the completion of the Basic Level Training Certificate.

Placement is usually for approximately 12 months. Wherever possible we take into account trainee preference for the East or West side of the Region. Not everyone will get their preferred rotation and all trainees should be prepared to go to any hospital within the entire Region.

Southampton is the largest of the hospitals. There are several theatre suites in the main hospital and 4 ICUs: general, cardiac, paediatric & neuro.

The two large DGHs are Portsmouth and Poole & Bournemouth. Both are split-site DGHs with theatre suites and ICUs on more than one site.

There are 4 smaller DGHs, Dorset County in Dorchester on the west, Salisbury District associated with both east and west rotations and the Royal Hampshire in Winchester and the North Hampshire hospital in Basingstoke on the east.

There is a Wessex Course for the Primary FRCA, which has a reputation for achieving a very high first-time pass rate.

List-based and classroom-based teaching is provided for Primary FRCA in all hospitals.

All Core trainees should attend the Regional Wessex Primary FRCA Course prior to attempting the examination.

**Key Contacts and Useful Websites:**

- Head of School – Dr Paul Spargo
- Programme Director (ST3+) – Dr Ian Mettam
- Programme Director (CT1 – 2) – Dr Kathy Torlot
- Programme Manager – Miss Karen McCarthy
- [www.rcoa.ac.uk](http://www.rcoa.ac.uk)