SPECIALTY TRAINING PROGRAMME IN ACUTE CARE COMMON STEM IN WESSEX DEANERY

This is a 3 year training programme in Acute Care Common Stem (ACCS) at CT1 aimed at doctors who can demonstrate the essential competences to enter this level of training. The programme is designed to support training for a CCT in Acute Medicine, Anaesthetics or Emergency Medicine. Details of essential competences and qualifications are detailed in the MMC person specification for ACCS at CT1 which is available from www.mmc.nhs.uk

It is anticipated that completion of this three year programme will allow you to complete the competences required for Core Training in Acute Care Common Stem and lead to eligibility to progress to the relevant Higher Specialty Training programme. Progression is subject to satisfactory outcome at your Annual Review of Competence Progression (ARCP).

The programme is based in hospitals in the Wessex Deanery including:

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Poole Hospital</td>
<td>Poole</td>
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<tr>
<td>Queen Alexandra Hospital</td>
<td>Portsmouth</td>
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<tr>
<td>Southampton General Hospital</td>
<td>Southampton</td>
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Wessex Deanery is a relatively small deanery with a defined geographical area which does lead to there being a single unit of application. In the majority of cases successful candidates will be asked to preference their choice of location for either one or two years. Some specialties will require successful candidates to preference both commencing location and specialty. Future placements will be based, as normal, on individual training and educational needs. Please note that although applications are to the Wessex Deanery you will be allocated to one of the above 3 hospitals according to the preference in your application.

The Wessex Deanery covers a geographical area from Basingstoke in North Hampshire to Dorchester in West Dorset and the Isle of Wight to the South. This is a spread of approximately 65 miles North to South and 76 miles East to West. The Wessex Deanery serves a population of around 2.8 million people.

The Wessex Deanery is part of NHS South of England, comprising South Central, South East Coast and South West Strategic Health Authorities. The Wessex Deanery currently covers the health communities of South Wiltshire, Dorset, and Hampshire and the Isle of Wight. The Wessex Deanery is responsible for the training of some 2,500 trainees.

Rotation Information

Acute Care Common Stem training aims to provide trainees with a broad base of training initially in Acute Medicine, Anaesthesia, Emergency Medicine and Intensive Care Medicine. Over the full two years trainees will spend six months in each of the four specialties; spending one year in Acute Medicine and Emergency Medicine and the other year in Anaesthesia and Intensive Care Medicine. Wessex Deanery will be recruiting to a mixture of one, two and three
year programmes; where the third year is available it will be in the specialty you have nominated on your application form at the beginning of the programme. Applicants should be aware that those who complete the one or two year programmes may not be provided with the complete relevant experience or competencies to apply for Anaesthesia at ST3 level or Emergency Medicine at ST4 level.

Trainees moving to CT2 from CT1 will either remain in their current hospital trust or will be expected to rotate to another Trust in the region to undertake their CT2 year; where CT3 is provided trainees will be expected to rotate to another Trust. This will be based on the vacancies available and the training needs of the individual.

**Acute Medicine Information**

The three year training programme in ACCS (acute medicine) is designed to provide core training for those trainees planning a career in Acute Medicine. The competencies achieved will be equivalent to those achieved following CMT, although trainees will also achieve additional competencies in anaesthetics and critical care. On completion of the 3 year period trainees will have attained the necessary competencies to apply for a ST3 post in Acute Medicine or any other medical speciality.

During the first 2 years of the programme trainees undertake 6 months each of Emergency Medicine, Anaesthetics, Intensive Care and Medicine, with a view to achieving the core competencies required by the ACCS curriculum in each of these areas. Trainees undertaking the Acute Medicine career stream will be expected to undertake the MRCP part 1 examination and be working towards the Part 2 and PACES examination on completion of this 2 year period. These 2 year rotations are usually spent in Portsmouth or Southampton. The 6 month medical block in Portsmouth is spent on the Acute Medical Unit (AMU) at Queen Alexandra Hospital, while the medical block in Southampton is split, with three months being spent on the AMU and three months with the respiratory medical team.

For the third year trainees will move to Poole Hospitals NHS Trust where they will undertake two further 6 month blocks of medical training in General Medicine with cardiology and gastroenterology. This will give trainees the opportunity to obtain further experience in these medical specialities, as well as spending time on the AMU managing newly admitted patients. Trainees will be expected to have completed the MRCP Part 2 and PACES examinations by the end of this year.

**Anaesthetics Information**

The three year training programme in ACCS (anaesthetics) is designed to provide core training for those trainees planning a career in Anaesthesia. The competencies achieved will be equivalent to those achieved following Core Anaesthetic training, although trainees will also achieve additional competencies in Emergency Medicine and Acute Medicine. On completion of the 3 year period trainees will have attained the necessary competencies to apply for a ST3 post in Anaesthetics.

During the first 2 years of the programme trainees undertake 6 months each of Emergency Medicine, Anaesthetics, Intensive Care and Medicine, with a view to achieving the core competencies required by the ACCS curriculum in each of these areas. Trainees undertaking
the Anaesthetic career stream will be expected to pass the Primary FRCA examination on completion of the third year. These 3 year rotations are usually spent in Poole, Portsmouth or Southampton. In Poole the trainee will either do 6 months Respiratory or Gastroenterology with 2 week blocks in the MAU. The 6 month medical block in Portsmouth is spent on the Acute Medical Unit (AMU) at Queen Alexandra Hospital, while the medical block in Southampton is split, with three months being spent on the AMU and three months with the respiratory medical team.

**Emergency Medicine Information**

This is a 3 year programme which provides trainees wishing to pursue a career in Emergency Medicine with all the necessary competences and support to proceed to higher speciality training in this speciality.

The first year of the programme will be spent doing 6 months each in Emergency Medicine and Medicine. In the second year you will do 6 months each in Anaesthetics and Intensive Care Medicine (ICM) thereby allowing trainees to be eligible for MCEM B and C whilst in their second year of training. However it is possible that trainees may have to do their first year in Critical care although all efforts will be made to avoid this.

This first 2 years will be spent in one of the 3 hospitals: Poole, Portsmouth or Southampton. The case mix in the 3 specialities of EM, ICM and Anaesthetics is very similar whilst the 6 month Medicine component is slightly different between Trusts: in Poole trainees will either do a 6 month Respiratory or Gastroenterology post with 3 two week blocks on the MAU; in Portsmouth trainees do 6 months on the MAU whilst in Southampton the 6 months is split between a Respiratory post and MAU.

The 3rd year of training will be doing Paediatric Emergency Medicine with periods also in the adult Emergency Department either in Portsmouth or Southampton. Trainees who have already done the first 2 years in Portsmouth will do this in Southampton and the converse for trainees in Southampton. Trainees who have done their first 2 years in Poole will go to either Portsmouth or Southampton depending on where the vacancies are in the programme and trainee’s preference.

Trainees will be expected to pass MCEM A in their first year and MCEM B and C in the second year to allow the 3rd year to be fully focussed on gaining Paediatric and Musculoskeletal competences and preparing their Curricula Vitae to be competitive for ST4 interviews.

We are currently developing local courses to help trainees pass each of the components of the MCEM. Two of the current MCEM A MCQ books have been written by EM Consultants in Poole and Southampton confirming the enthusiasm Wessex trainers have in preparing trainees for the exam.

We hold 2 full day regional training days each year for all the ACCS trainees (including those doing ACCS Acute Medicine and ACCS Anaesthetics) where Consultants provide talks and trainees present case studies. These events have had very positive feedback and help trainees meet their peers from the other 2 hospitals.
Study and Training

The primary aim of all posts is the training programme developed and there is a region wide syllabus and minimum standards of education agreed by all Trusts within the rotation.

The Deanery is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties. There will be minor variations in different hospitals but the list is aimed at covering the majority of duties:

1. Supervise, monitor and assist the House Officer (F1) in the day-to-day management of in-patients in posts with an attached F1.
2. Liaise between nurses, F1 and F2 Doctors, patients, relatives and senior medical staff.
3. Attend and participate in ward rounds as timetabled
4. Attend outpatient clinics.
5. Take part in rostered emergency work.
6. Dictate discharge summaries.
7. Study for higher examination and maintain continued professional development.
8. Attend weekly educational and multidisciplinary sessions.
9. Undertake audit at various times throughout the rotations.
10. Teach medical students as directed.
11. Co-operate with members of the personnel department when monitoring hours of work and other personnel issues.
12. Attend induction in each hospital or new department
13. Comply with all local policies including dress code, annual and study leave

Trust Generic/Specialty Information

The Acute Care Common Stem core training programme is currently delivered in 3 Trusts in the Wessex region: University Hospital Southampton NHS Foundation Trust, Portsmouth Hospitals NHS Trust and Poole Hospital NHS Foundation Trust
Curriculum

- The curriculum for Acute Care Common Stem can be found on the ACCSUK website: [http://www.accsuk.org.uk/](http://www.accsuk.org.uk/)

Main Conditions of Service

The posts are whole-time and the appointments are subject to:

1. The Terms and Conditions of Service (TCS) for Hospital Medical and Dental Staff (England and Wales)
2. Satisfactory registration with the General Medical Council
3. Medical Fitness – You may be required to undergo a medical examination and chest x-ray. Potential applicants should be aware of the Department of Health and GMC/GDC requirements with regards to HIV/AIDS and Hepatitis viruses. Candidates must be immune to Hepatitis B. You will be required to provide, in advance of appointment, evidence of immunity or have a local blood test (as deemed necessary by the Occupational Health Department)
4. Right to work in the UK
5. Criminal Records Check/POCA check carried out by the Trust Medical HR department.
6. Pre-employment checks carried out by the Trust Medical HR department.

Hours

The working hours for junior doctors in training are now 48-hours (or 52-hours if working on a derogated rota) averaged over 26 weeks (six months). Doctors in training also have an individual right to opt-out if they choose to do so, but they cannot opt-out of rest break or leave requirements. However, the contracts for doctors in training make clear that overall hours must not exceed 56 hours in a week (New Deal Contract requirements) across all their employments and any locum work they do.

[http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx](http://www.nhsemployers.org/PlanningYourWorkforce/MedicalWorkforce/EWTD/Pages/EWTD.aspx)

Pay

You should be paid monthly at the rates set out in the national terms and conditions of service for hospital medical and dental staff and doctors in public health medicine and the community health service (England and Wales), “the TCS”, as amended from time to time. The payscales are reviewed annually. Current rates of pay may be viewed at [http://www.nhsemployers.org/PayAndContracts/Pay%20circulars/Pages/PayCircularsMedicalandDental.aspx](http://www.nhsemployers.org/PayAndContracts/Pay%20circulars/Pages/PayCircularsMedicalandDental.aspx)

Part-time posts will be paid pro-rata.

Pay supplement

Depending upon the working pattern and hours of duty you are contracted to undertake by the employer you should be paid a monthly additional pay supplement at the rates set out in
paragraph 22 of the TCS. The current pay scales may be viewed at xx. The pay supplement is not reckonable for NHS pension purposes. The pay supplement will be determined by the employer and should be made clear in their offer of employment and subject to monitoring.

**Pension**

You will be entitled to join or continue as a member of the NHS Pension Scheme, subject to its terms and rules, which may be amended from time to time.

**Annual leave**

Your entitlement to annual leave will be five or six weeks per annum depending upon your previous service/incremental point, as set out in paragraphs 205 – 206 of the TCS.

The TCS may be viewed at http://www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

**Sick pay**

Entitlements are outlined in paragraphs 225-240 of the TCS.

**Notice**

You will be required to give your employer and entitled to receive from them notice in accordance with paragraphs 195 – 196 of the TCS.

**Study leave**

The employer is expected to offer study leave in accordance with paragraphs 250 – 254 of the TCS. Local policy and procedure will be explained at your induction.

**Travel expenses**

The employer is expected to offer travel expenses in accordance with paragraphs 277 – 308 of the TCS for journeys incurred in performing your duties. Local policy and procedure will be explained at induction.

**Subsistence expenses**

The employer is expected to offer subsistence expenses in accordance with paragraph 311 of the TCS. Local policy and procedure will be explained at induction.

**Relocation expenses**

The employer will have a local policy for relocation expenses based on paragraphs 314 – 315 of the TCS and national guidance at http://www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx
You are advised to check eligibility and confirm any entitlement with the employer before incurring any expenditure. In addition to local policy there is Deanery guidance which can be viewed on www.wessexdeanery.nhs.uk

**Pre-employment checks**

All NHS employers are required to undertake pre-employment checks. The employer will confirm their local arrangements expected to be in line with national guidance at http://www.nhsemployers.org/RecruitmentAndRetention/Employment-checks/Pages/Employment-checks.aspx

**Professional registration**

It will be a requirement of employment that you have professional registration with the GMC for the duration of your employment.

**Health and safety**

All employers have a duty to protect their workers from harm. You will be advised by the employer of local policies and procedures intended to protect your health and safety and to comply with these.

**Disciplinary and grievance procedures**

The employer will have local policies and procedures for dealing with any disciplinary concerns or grievances you may have. They will advise you how to access these, not later than eight weeks after commencement of employment.

**Educational supervisor**

The employer will confirm your supervisor on commencement.

**General information**

The Deanery’s management of Specialty Training programmes, including issues such as taking time out of programme and dealing with concerns or complaints, is available at www.wessexdeanery.nhs.uk and in the national ‘Gold guide’ to Specialty Training at http://www.mmc.nhs.uk/specialty_training_2010/gold_guide.aspx