General Practice

Dr Richard Weaver
Head of School of General Practice
What do GPs do all day?

- Start 0800, finish 1900
- 2 surgeries – 2-3 hrs each with up to 24 pts in each
- 1-3 visits
- Phone calls
- Teaching & research
- Administration & management
The medicine

- Acute minor and major illness.
- Chronic disease management.
- Weird & wonderful – they all have a GP.
Can be Challenging at times
2000 population

280–660 have rectal bleeding some time in their life

280–380 have rectal bleeding in the past year, 44 for the first time

14–30 report it to their GP

One has bowel cancer
Two Aspirins

Brain Tumor

EDGAR ARGO

© Original Artist
A “typical” morning...

- Back pain & spondylolisthesis
- Whiplash in a 27 year old
- Pregnant & prior molar pregnancy
- Depression, suicidal ideas
- Nasal congestion, sneezing 4m ? allergic
- Anal fissure
- T1DM, Addisons, IHD, Pacemaker – sob/dizzy
- Blocked ears, asthma. Long wait
- Lump on foot
- Child with cough, asthma. Impossible to examine!
- New hypertension; tennis elbow
- Unkempt, multiple cervical LNs, prev alcoholism, smoker, history of sarcoidosis
Is it:

- Orthopaedics
- Rheumatology
- Neurology
- O&G
- Paediatrics
- Psychiatry
- ENT
- Surgery
- Respiratory Medicine
- Endocrinology
- Cardiology
- Substance misuse
Or is it:

PRIMARY CARE
What’s good

• Hours
• Patients
• Colleagues
• Team
• Medicine
• £
• Premises
• Variety
• Career structure
GP Selection

- NRO – national process
- Written paper
- Assessment centre
  - Consultation
  - Written
- Wessex 1.7:1 applicants: places 2011
Training

• 3 years, but may extend to 4
• 18 months hospital
• 18 months GP
• 1:1 trainer – apprenticeship model

• MRCGP – AKT, WPBA, CSA
Medical School

F1 and F2
Two years

ST1

ST2

ST3

ARCP Panels

Hospital rotations and 6 months in GP

GP

CCT
Newly qualified GP

Recruitment Jan/March
## Typical Training Week

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<th>Mon</th>
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<th>Wed</th>
<th>Thur</th>
<th>Fri</th>
<th>Sat</th>
<th>Sun</th>
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<td><strong>AM</strong></td>
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<td>Study Leave</td>
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<td><strong>PM</strong></td>
<td>Clinical</td>
<td>Clinical</td>
<td>For DRC</td>
<td>Personal Education</td>
<td>Clinical</td>
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<td>Extended Hours</td>
<td>Occasional Session</td>
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<td>On Call session</td>
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MRCGP

AKT
- Applied Knowledge Test
- Machine marked test; Extended matching questions etc
- Held 3x/year in local driving theory test centres
- Sat at any time in GP training
- May be appropriate to take before final year, or early in final year

CSA
- Clinical Skills Assessment
- OSCE-type exam
- Held Oct, Feb, May in Croydon
- Sat during GPST year; Sensible to take early enough to have time to retake if necessary (but not too early)

WPBA
- Workplace Based Assessment
- Several components
- Has to be recorded in e-portfolio
- Should be throughout GP training right from the start. Please ensure this happens; you cannot make up for it later
Dr Roberts was beginning to wish that he’d taken more care in wording his advert.
Out of Hours
Be Part of a Team
Salaried vs Partner
And Research
Overseas Opportunities

MEDICAL SPECIALISTS URGENTLY REQUIRED FOR SAUDI ARABIA

RADIOLOGIST

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EYE SPECIALIST

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Primary care within the NHS

• Primary care is the jewel in the crown of the NHS

• Our system is widely admired

• Barbara Starfield  

  – Access
  – Generalism
  – Continuity
  – Co-ordination
Make your views heard on the Health White Paper

College comes to the end of an era

Sustainable Primary Care
Growing Healthy Partnerships

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OF COURSE IN RETURN FOR INCREASED RESOURCES
THE GOVERNMENT WILL EXPECT GPs TO TAKE ON
SOME ADDITIONAL RESPONSIBILITIES!

LIKE WHAT?

WELL WE THOUGHT YOU
COULD START WITH
GLOBAL WARMING!