Wessex Region ACCS

Programme of Training for 2015-2017

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Background

Welcome to Wessex - we genuinely hope you'll love your time training here and will learn all the skills needed to be a future Consultant.

Regional ACCS training days (RTDs) provide several advantages to trainees including an ability to regularly meet peers with similar interests and challenges and to be able to provide formal teaching of the whole ACCS curriculum.

Content

The teaching provided shall attempt to cover all of the 25 common competences, the Major and Acute presentations and those practical procedures that are less likely to be done in clinical practice. Trainees should aim to attend 70% of teaching sessions.

Structure

There will be 10 such days per year approximately monthly. In August there will be an additional day for the annual Deanery and speciality induction day for the newly appointed CT1s. There will be no planned day in February due to changeover and the demands of Trust speciality induction.

Each day will be for 6 hours, starting at 10am and finishing at 4pm to allow time for travel. The days will rotate through the Deanery and the 4 Trusts with ACCS trainees namely Poole, Portsmouth, Salisbury and Southampton. Trainees are required to present cases / topics - ideally overseen by an “expert” in the topic is facilitating the presentation. By the end of CT2 all trainees should have delivered at least one presentation to peers.

2 days each year will be held at the Deanery and will be largely trainee delivered. Trainees will be encouraged to present cases, patient safety projects, audit or research and a prize will be given to the best presentation.

A Lead for each Trust will be responsible for organising the venue, parking, catering and speakers for the day and dates will be provided well in advance. The Lead simply needs to arrange the day even if the topics to be discussed are not relevant to their speciality.

Topics can be delivered in any teaching style at the discretion of the speaker but should be as interactive as possible. Speakers should be chosen by the person organising the day and
they should be asked to cover as closely as possible the ACCS curriculum and the relevant page given to them to try and ensure the talk is relevant to ACCS trainees.

**Dates**

The programme below specifies the month in which the day should occur but the designated person chooses the actual date. The week commencing is a suggested week only.

**Provisional programme**

**RTD 19 Deanery – 5th June 2015, Tom Barnes / Lee Gray**

1000 Case presentations by trainees - UHS and Portsmouth CT2s
1200 Lunch
1300 Case presentations by trainees - Poole and Salisbury CT2s
1400 Organ donation
1500 Update on eportfolios and ARCP

**RTD 20 Poole– July 2015, AMU ACCS lead**

1000 Regional anaesthetic techniques
1100 The use of ultrasound in Medical Emergencies
1200 Lunch
1300 Adder bites
1400 Lyme disease
1500 HIV and its relevance to the acute specialities

**RTD 1 (UHS) – w/c 14 September 2015 -ICU / Anaesthetics**

1000 Anaphylaxis
1100 Structure of the NHS / management / finances / CCG
1200 Lunch
1300 2 talks/workshops on: Status Epilepticus / Back pain
1500 Trainee presentations - UHS Anaesthetic/ ITU cases
RTD 2 (Portsmouth) – w/c 19 October 2015 Acute Medicine /EM

1000  Ophthalmic problems - the red eye
1100  Dealing with aggressive patients
1200  Lunch
1300  Abdominal Pain
1400  Trainee Presentations Portsmouth EM/ AM trainees

RTD 3 (Poole) – w/c 16 November 2015 ICU/ Anaesthetics

1000  Trauma networks / TARN
1100  The use of Ultrasound in acute specialties
1200  Lunch
1300  Infection control (health protection)
1400  Nerve blocks
1500  Trainee presentations - Poole Anaesthetics/ ICM

RTD 4 (Deanery) – w/c 7 December 2015, Trainee Rep and Mr Lee Gray

1000  Trainee presentations - Portsmouth / UHS trainees
1200  Lunch
1300  Trainee presentations - Poole / Salisbury trainees
1400  How to teach, how to present!
1500  Breaking bad news

RTD 5 (Salisbury) – w/c 18 January 2016 Emergency Medicine/ AMU

1000  Acute Coronary Syndromes
1100  Headache
1200  Lunch
1300  Disciplinary process - how not to get fired!
1400  Adder Bites and other nasties.
1500  Trainee presentations - Salisbury EM/AM trainees
RTD 6 (UHS) – w/c 14 March 2016 - Acute Medicine / EM
1000 Therapeutics and safe prescribing
1100 Collapse ? cause
1200 Lunch
1300 2 talks on: ED USS, Limb injury
1500 Trainee presentations UHS EM/AM trainees

RTD 7 (Portsmouth) – w/c 18 April 2016 ICU/ Anaesthetics
1000 Pain Management
1130 Evidence for “relatives in the Resus room?”
1200 Lunch
1300 2 Talks on: Aortic dissection; Spontaneous pneumothorax
1500 Trainee presentations Portsmouth ICU/ An trainees

RTD 8 (Deanery) - w/c 16 May 2016, Trainee Rep and Mr Lee Gray
1000 Trainee presentations - UHS and Portsmouth CT2s
1200 Lunch
1300 Trainee presentations - Poole and Salisbury CT2s
1400 Rashes
1500 Head injuries

RTD 9 (Poole)– w/c 13 June 2016, Acute Med/ EM
1000 Endocrine emergencies
1100 GI bleeds
1230 Lunch
1300 Suicidal ideation
1400 Pre- ARCP update
1500 Trainee presentations - Poole EM/AM
RTD 10 (UHS) - w/c 11 July 2016, ICU/ Anaesthetics

1000 Regional Anaesthesia
1100 Medical ethics and gaining approval
1200 Lunch
1300 Organ Donation
1400 Pelvic Pain
1500 Trainee presentations ICU/ Anaesthetics

RTD 11 (Portsmouth) – w/c 12 September 2016, Emergency Medicine / AM

1000 Pulmonary Embolism
1100 Risk management / SUIs / Complaints
1200 Lunch
1300 The confused patient
1400 Joint aspiration
1500 Trainee presentations EM/AM

RTD 12 (Deanery) – w/c 10 October 2016, Trainee Rep and Mr Lee Gray

1000 Trainee presentations - Portsmouth / Southampton trainees
1200 Lunch
1300 Trainee presentations - Poole / Salisbury trainees
1400 Ballistics and blast injury

RTD 13 (Salisbury) – w/c 14 November 2016 - ICU / Anaesthetics

1000 Legal frameworks (to cover Death certificates, the coroner, Child protection, mental health legislation)
1100 Sepsis, shock and SIRS
1200 Lunch
1300 Alcohol and brief intervention teams
1400 DNAR orders and capacity
1500 Trainee presentations - Salisbury ICU / anaesthetics

RTD 14 (UHS) – w/c 12 December 2016, Emergency Medicine/ AM

1000 GMC guidance on ethical research
1100 Evidence and guidelines – study methodologies, principles of critical appraisal, levels of evidence
1200 Lunch
1300 Patient safety projects update - trainee presentations
1400 Non cardiac chest pain
1500 Christmas quiz!

RTD 15 (Poole) – w/c 9 January 2017, ICU / Anaesthetics

1000 Communication skills
1100 Difficult Airways
1200 Lunch
1300 Coma management and progress in ICM
1400 The poisoned patient
1500 Paediatric trauma
1600 Trainee presentations Poole ICM/ anaesthetics

RTD 16 (Salisbury) - w/c 20 March 2017, AM/ EM

1000 Back pain
1100 Medical leadership and decision making
1200 Lunch
1300 Jaundice
1400 Acute diarrhoea / GI loss
1500 Trainee presentations Salisbury EM/AM
RTD 17 (Portsmouth)- w/c 10 April 2017, ICU/ Anaesthetics

1000 Antibiotic policy and Public health
1100 Child protection
1200 Lunch
1300 “Personal behaviour” –scenarios covering GMC guidance
1400 HIV and the sick patient
1500 Trainee presentations ICU/ Anaesthetics

RTD 18 (UHS) – w/c 15 May 2017, ICU/ Anaesthetics

1000 Management of adult major trauma
1100 Paediatric emergencies
1200 Lunch
1300 The European law and EWTD
1400 Oesophageal injury
1500 Patient safety / trainee presentations

RTD 19 (Poole) – w/c 12 June 2017, EM/ Acute Medicine

1000 Missed fractures - systems to detect error
1100 Palpitations and the use of Echocardiography
1200 Lunch
1300 Mechanical falls and how to work with OT/ Physio
1400 Wounds and their management
1500 Pre ARCP update

RTD 20 (Deanery) – w/c 3 July 2017, Trainee Rep and ACCS TPD

1000 Case presentations by trainees - UHS / Portsmouth trainees
1200 Lunch
1300 Case presentations by trainees - Poole/ Salisbury trainees
1400 Organ donation
1500 PV bleeding