Guide to Hospitals on the Wessex Anaesthetic Rotation

Wessex School of Anaesthesia
2017

West Side:
- Southampton
- Poole
- Bournemouth
- Salisbury
- Dorchester

East Side:
- Southampton
- Portsmouth
- Basingstoke
- Winchester
Background

Portsmouth Hospitals NHS Trust provides a range of acute services at Queen Alexandra Hospital. QAH is a very large, busy district general hospital and has gone through a major redevelopment in 2009 to create a very modern and spacious new block, where anaesthetics, obstetrics and intensive care departments are now housed. There are 7,500 full time equivalent staff including Ministry of Defence employees, who are fully integrated into the activities of the hospital. The Emergency Department is one of the busiest in the UK treating in excess of 144,000 patients each year. Similarly maternity services are responsible for the delivery of around 6,000 births per year, making it one of the largest maternity services on the south coast. The Trust is also home to the Wessex Renal and Transplant Unit and it holds prestigious Cancer Beacon Status for the Head and Neck Cancer Services. Queen Alexandra Hospital has 1,200 beds, including cots, 28 theatres and superb critical care facilities with a 22 bedded ICU.
**Anaesthetic Services**

We have over 60 consultants including intensivists, 7 SAS grades and have supported 2 post-CCT Fellowships in regional anaesthesia and difficult airway management in the past. We have trainees at all levels including ACCS and military staff.

**Anaesthetics Training**

PHT is a large DGH covering all acute specialties except for cardiac and neurosurgery. You will gain experience in major general surgery, bariatrics, head & neck, orthopaedics (including a significant amount of regional anaesthesia), urology, gynaecology, vascular, renal transplant, plastics and paediatrics. ICU is well regarded throughout the region for training.

We run an emergency theatre (CEPOD) and a trauma theatre all day, seven days per week. In addition we have 7 day surgery, 2 maternity, 18 elective theatres, and 1 community dental theatre. Cover is also provided for radiology, ECT, endoscopy and occasionally required for angioplasty.

A Duty Anaesthetist (free of other clinical responsibilities) is available during the day to provide supervision to trainees working solo and assist with other colleagues when required.

**Modules**

We offer advanced training in pain medicine, obstetrics, airway management and regional anaesthesia.

Intermediate/Higher Intensive Care Medicine is also offered and the unit is very popular with trainees. If possible take the opportunity to also get your transfer and respiratory and cardiac arrest modules signed during your block.

We run an active acute pain service, preoperative assessment and a surgical high care unit – all of which you should be able to experience within the developing field of perioperative medicine.

**Out of hours**

There is a large anaesthetics and critical care team on site 24 hours a day, thus there is always help available when needed! Onsite support out of hours includes:

- 2nd on Anaesthetist- Usually a Post FRCA registrar, coordinates theatre work and supports more junior trainees
- 1st on Anaesthetist: An SHO or registrar working in main theatre and providing acute pain support for the hospital
- Obstetric Anaesthetist: CT2 or registrar responsible for the obstetric unit
- ITU: 2 ITU registrars (medical or anaesthetic) are on site 24 hours a day along with 2 ITU SHOs

An “In and Working” Anaesthetic consultant is on site until 20:00 hours during the week and between 08:00-16:00 at weekends, this is in addition to the 1st on-call consultant who is available to call in if required during the day, and overnight.

**On call accommodation**
Second to none! There are two large anaesthetic on call rooms with ensuite in the main department for the 1st and 2nd on, and a separate obstetric anaesthetic on call room adjacent to the maternity unit. These rooms are also available for sleeping in during the day between shifts if required (though we would recommend leaving a note on the door!).

**Rota**
You are given the opportunity to book annual leave and request weekends ‘not on call’ prior to the rota being written, thus enabling you to maintain a good work life balance. Our weekly rota is written a month in advance so specific training requests need to be planned ahead. The College Tutors place trainees in specific units of training of 6-8/52. Please contact us beforehand to discuss your needs.

**Support**
Everyone will be allocated an Educational Supervisor whom they will meet regularly and will meet the College Tutors twice during their placement

College tutors: Mike Jackson and Elsbeth Dyson. Please contact college tutors at the start of placement to identify local training rep and ask which modules are easiest to complete here.

On site counselling Service: Aquillis, with several sessions free to staff when consulted.

Leisure Centre: on site swimming pool and gym, very competitive prices

Regional buddy system and year group reps
HAMPShIRE HOSPITALS FOUNDATION TRUST

Hampshire Hospitals NHS Foundation Trust came into being in January 2012 as a result of the integration of Basingstoke and North Hampshire NHS Foundation Trust and Winchester and Eastleigh Healthcare Trust. This trust serves a population of approximately 600,000 across Hampshire and parts of West Berkshire and employs around 5,000 staff with a turnover of over £344 million a year. The trusts treat around 120,000 patients a year in ED, 113,000 electively and provide over 500,000 outpatient appointments per year. The two main hospitals you will work in within this trust are Basingstoke and North Hampshire Hospital and Royal Hampshire County Hospital in Winchester.

Trainees do not cross cover both sites at once, however teaching is shared across the trust with location alternating between the sites. ID badges and IT systems are shared across the 2 sites, and induction only needs to be completed once a year even when swapping sites after 6 months.

BASINGSTOKE AND NORTH HAMPShIRE HOSPITAL

Background

Basingstoke and North Hampshire Hospital has around 450 beds, from which it provides a full range of services for patients who need both planned and emergency treatment. This includes the Diagnosis and Treatment Centre (DTC) a purpose built, modern planned care centre, mainly providing day case surgery, which opened in February 2005. The hospital employs 2900 staff members.

Basingstoke has a unique patient mix and offers opportunities not available elsewhere in Wessex (or even the rest of the UK) as it acts as a regional centre for management of complex Hepatobiliary and Carcinoid surgery and as a national centre for Pseudomyxoma surgery, offering trainees opportunities for experience with liver resections, traumatic liver injuries, biliary reconstructions as well as thoracic surgery and intraperitoneal chemotherapy for pseudomyxoma patients. The colorectal surgery unit has the lowest mortality in the UK, offering the opportunity to observe best practice in colorectal procedures. We are also a supra-regional referral centre for low rectal cancers.

Anaesthetic Services

There are a total of 13 operating theatres (7 in main theatres, 3 in the DTC, 1 eye theatre, 2 obstetric theatres), an 8 bedded Intensive Care Unit and a 3 bedded High Dependency Unit. There is a busy acute and chronic pain service and an acute angioplasty service.
Anaesthetic Training

Tutorials for the FRCA happen at the Basingstoke or Winchester site weekly. There are regular M&M, Audit and Trauma meetings – there are also a number of ad hoc evening meetings on anaesthetic topics. The department organises a ‘Transfer of the Critically Ill’ course and regular Primary FRCA courses. Post FRCA teaching is also organised for registrars for a half day every 6 weeks and is written in to the rota.

Out of Hours

On site provision includes a senior registrar responsible for overseeing and supporting junior trainees in main theatres and ICU as well as providing obstetric anaesthesia, an SHO providing anaesthesia in main theatres and an ICU fellow (who may or may not be airway trained).

On Call Accommodation

This includes an ITU office on the unit with a bed usually used by the registrar, and a separate SHO on call room on the downstairs main corridor. There is also a large and comfortable doctor’s mess on site.

Rota

There is a rolling rota, thus on call shifts must be swapped if annual leave is booked whilst due to be on long days or nights. The rolling rota is usually released quite far in advance to facilitate this.

Modules which can be fulfilled in this hospital include:

- General duties especially experience with major general surgery
- Out of theatre (on site ECT service)
- Pain
- Basic Level ICU, Obstetrics, Paediatrics

Support

College Tutor: Shiny Shankar. Please contact college tutors at the start of placement to identify local training rep and ask which modules are easiest to complete here.

Regional Buddy and year group training rep system.

Research

The unusual case mix in Basingstoke does allow the opportunity for anaesthetic research. We are starting to involve trainees in research.
Opportunities in the Developing World

One of our Consultants is very active in anaesthetic education and provision in Africa. Many of our trainees have had the opportunity to lecture on international conferences as a result of this link. There are also opportunities to work on the Mercy Ships in Africa.

ROYAL HAMPSHIRE COUNTY HOSPITAL

Background

The Royal Hampshire County Hospital has approximately 400 beds and the site includes a Treatment Centre for day surgery and a multi professional Education Centre. Medical students attend RHCH from both Southampton University and St George's University, Grenada. Winchester is the main base for the Southampton BM4 course students in years 1, 2 & 4, and it is possible to get involved with regular student teaching if you wish.

Anaesthetic Services

We have a departmental manager shared with the Basingstoke site and a departmental secretary. In addition to staffing the ICU, the department provides support to 9 theatre suites (3 day case theatres), MRI / interventional radiology, labour ward and 2 obstetric theatres on the RHCH site. There is a well-established acute pain service.

Intensive Care (ICU)

The ICU is a 10 bed unit, funded for 6 level 2 (“HDU”) and 4 level 3 (“ICU”) patients. However, in keeping with recommended practice, the unit is flexible, in accepting varying ratios of the different levels of care, up to the capacity dictated by nursing numbers. The ICU is recognised for Basic Level ICU training.

There is dedicated ICU Consultant level support 24/7. ICU staffing includes two Clinical Fellows and an F2 doctor on rotation during the day, and an anaesthetic SHO overnight.

Anaesthetic Training

Trainees are not asked to cover other trust locations and are supported by a “starred” anaesthetic consultant system 24/7. Pre-FRCA anaesthetic tutorials occur on a weekly basis (normally Wednesday) in addition to weekly ICU teaching, weekly departmental Tuesday lunchtime meetings, monthly audit half days and monthly anaesthetic & ICU M&M. A recently introduced registrar teaching programme includes half day sessions every 6 weeks held at either Basingstoke or Winchester.
Out-of-hours
Cover is provided by a 2nd on anaesthetic registrar providing obstetric anaesthesia and urgent local support for theatres/ED/ICU when needed. An airway trained anaesthetic SHO or ICU fellow covers ICU with ICU consultant support from home. Anaesthesia for theatre cases overnight is provided by the on-call consultant.

On call accommodation
This includes a bed in the obstetric anaesthetic office for the 2nd on and a bedroom in the ICU corridor for the ICU doctor. Rooms in the hospital accommodation are provided free of charge for HHFT staff who are on-call or between on call shifts and too tired to drive home safely. There is also a large and comfortable doctor’s mess on site.

Modules
HHFT is very lucky to have a number of consultants very experienced in the use and teaching of TIVA. Your rotation here is a good opportunity to become familiar and confident with this technique. There is also a bi-annual TIVA training course run from this hospital.

Other suggested modules include:
- Basic ICU/Obs/Paeds/ General duties
- Intermediate and Higher Regional
- Higher Obstetrics and Paediatrics
- Pain
- Day Surgery and TIVA
- Perioperative medicine (clinics at HHFT are only available on the Winchester site)
- Out of theatre (there is an excellent paeds MRI list)

Rota
This is written in advance and annual leave requests can be written in to it, avoiding the need to swap on calls as long as the requests are made fairly early!

Support
College tutor: Steve Townley. Please contact college tutors at start of placement to identify local training rep and ask which modules are best to complete here.
Opportunities in the Developing World

One of our Consultants is very active in anaesthetic education and provision in Africa. Many of our trainees have had the opportunity to lecture on international conferences as a result of this link.
Background

University Hospital Southampton NHS Foundation Trust provides services to around 1.9 million people living in Southampton and south Hampshire, plus specialist services including neurosurgery, cardiac surgery, trauma and children's intensive care to more than 3.7 million people in central southern England and the Channel Islands.

The Trust is also a major centre for teaching and research in association with the University of Southampton and partners including the Medical Research Council and Wellcome Trust. As well as the main hospital Southampton General, the trust also runs the adjacent Princess Anne Hospital for obstetrics, gynaecology and neonatology. Significant recent developments include expansion of the Intensive Care Unit and Wessex Cardiac Centre. The trust has approximately 1300 inpatient beds. UHS gained foundation trust status on 1 October 2011.

Every year our 10,500 staff:

- treat around 150,000 patients, including 50,000 emergency admissions
- see over 585,000 people at outpatient appointments; and
- deal with around 120,000 cases in our emergency department

Anaesthetic services

The Shackleton Department of Anaesthetics is part of the Critical Care Group within the Specialist Services Division and is based at Southampton General Hospital. Anaesthetic and
Intensive Care services are provided throughout the Trust including the Princess Anne Hospital. Most surgical sub specialties are present in the Trust. There is a large Intensive Care Unit, and separate Cardiac, Neuro, Paediatric and Neonatal Intensive Care units on site.

**Anaesthetic Training**

Many of the mandatory modules for completion of intermediate and higher training, for instance cardiac and neurosurgical services are only available at this site, thus all anaesthetic trainees will spend time at UHS. This is a very large hospital and sees many patients with complex health needs and a significant amount of polytrauma. The department is large and the hospital is very busy, there are plenty of learning opportunities!

Modules that can only be signed off here include:
- Intermediate, Higher, Advanced Neuro and Cardiac
- Advanced Paeds and at present part of Advanced Obstetrics must be completed here

Additional modules that can be signed off at SGH include:
- All levels of ICU training
- Intermediate and higher Paeds and Obs
- Transfer (suggest sign off during ICU block)
- Respiratory and cardiac arrest (as above)
- Trauma
- All general modules

Please discuss the modules you are aiming to get signed off during your rotation with the college tutors/educational supervisors at the start of the year so that they can help you achieve your goals.

**Out of Hours**

There is a large anaesthetics and critical care team on site 24 hours a day, thus there is always help available when needed! Onsite support out of hours includes:

- Anaesthetics Coordinator: Senior Anaesthetics registrar- hold coordinator bleep
- 2nd On Anaesthetist: Usually a junior/senior registrar- usually hold paediatrics and/or neuroanaesthesia bleep
- 1st On Anaesthetist: Usually an SHO/Junior registrar. Commonly cover trauma theatres and holds trauma bleep
- Obstetric Anaesthetist: Obstetric competent SHO/Registrar. Cover obstetric theatres and maternity suite in Princess Anne, just across the road from SGH, with support of
Coordinator when required (often quite busy and regularly need to open the 2\textsuperscript{nd} obstetric theatre)

- ICU Team: 4-person team made up of 1 or 2 registrars and 2 or 3 SHOs. At least one person with airway skills available at all times.
- Cardiac ICU: One anaesthetic registrar and one cardiac fellow (these are often also anaesthetics trained and very experienced)
- Neuro ICU: Neuro ICU fellow, usually at SHO level with consultant support from home

If making the journey over to Princess Anne hospital overnight to help in Obstetrics, there is a panic alarm available for collection from main theatres, please do consider taking this with you for your security.

**On Call Accommodation:**

There is a coordinators office with a bed, and there are 2 fold-out beds for use by the 1\textsuperscript{st} and 2\textsuperscript{nd} on (usually in the trauma and trainees room in the department). For sleeping during the day (in between nights) the best bet is the coordinators room, but it is on the main corridor to the department and can be a little noisy. In Princess Anne there is a dedicated obstetric anaesthetist on call room with a bed. There are reclining chairs available in the cardiac and general ICU shared doctor’s offices.

**Sources of Support**

College Tutors: Poppy Mackie and Tsitsi Madamombe. Please contact college tutors at start of placement to identify local training rep and ask which modules are best to complete here.

There is a Buddy Scheme setting up new arrivals in SGH with a senior trainee to help you settle in, you will be asked if you would like to participate in this when you arrive.

There are also Wessex wide year group trainee reps: please look at contact page on website for these
POOLE and BOURNEMOUTH HOSPITALS

Background

Poole and Bournemouth Hospitals are two foundation NHS Trusts providing acute medical services to Poole, Bournemouth and the surrounding area, servicing a population approaching half a million. Poole and Bournemouth Hospitals are approx. 7 miles apart.

**Poole Hospital** is the major acute hospital for East Dorset. It serves East Dorset for all major trauma, paediatrics, maxillofacial, ENT and obstetrics in addition to its district general hospital role for acute general medicine, surgery and gynaecology. Poole is the designated Cancer Centre for the whole of Dorset and provides all radiotherapy services plus the central base for
Medical Oncology. Recent completed developments include new outpatient's facilities, a refurbished day theatre suite and ward. A High Dependency Unit has been incorporated into the ICU, making 12 beds altogether, and a new Coronary Care Unit is adjacent to the ICU and HDU. We have recently opened a Day of Surgery Admission ward and have significantly reduced our length of stay for inpatients. We have developed an excellent Enhanced recovery program in Poole which encompasses all surgical sub-specialties. The hospital has around 800 beds.

The Royal Bournemouth Hospital was awarded Foundation status in April 2005. The Emergency Department deals with over 60,000 attendees annually and is supported by an Ophthalmic Casualty as part of the sub-regional Ophthalmic Unit. The hospital has around 700 inpatient beds. All elective and emergency Vascular and Urology, as well as all elective orthopaedics are undertaken at RBH. RBH has an effective day of surgery admission unit ‘the Sandbourne Suite’ to which most patients arrive for easy preoperative assessment. There are 8 main theatres, 2 eye theatres, 5 day theatres and 2 orthopaedic fast track joint replacement theatres. Critical Care unit at RBH includes the Intensive Care Unit (ICU) and the High Dependency Unit (HDU). The Intensive Care is recognised for Intermediate Training. Patients are under the care of our five specialist consultant anaesthetists. We care for over 800 patients a year each with an individual care plan. Twenty per cent of patients are planned admissions following major surgery; the others are emergency admissions with a wide variety of conditions. Critical Care also provides an outreach service, supporting patients who have been discharged from critical care to other areas within the hospital.

Anaesthetic Services

Although they are two separate trusts, a single anaesthetic training department provides services for both Poole and Bournemouth Hospitals, providing a district-wide service to the Community Trust as appropriate, notably Wimborne, Christchurch and Swanage Hospitals with ECT sessions at St Ann’s Psychiatric Hospital

All members of the division of anaesthesia work on a district basis and may be required to work at any of the hospitals in the district. There is a department of Anaesthesia at Poole and Royal Bournemouth Hospitals and administrative managers and secretaries on both sites.
Anaesthetic Training

Teaching
Pre-FRCA teaching every Thursday is chaired by a consultant and coordinated by one of the senior trainees. Topics are sent out to trainees in advance so they can prepare a talk. Sessions are protected unless on RBH ITU Block. Trainees that attend find the sessions well organised and useful. There is also a lot of support for trainees taking exams with organised viva sessions when needed. There is no formal post-FRCA teaching, but there is no problem getting study leave to attend the regional teaching.

Recommended Modules
- All General Modules including: Trauma, Transfer, Non-Theatre, Regional, Airway
- Pain- Acute pain training and hospice visits are available through Poole–Bournemouth. Chronic pain clinics are currently not available at Poole/Bournemouth, but there is a well-established arrangement by which trainees organize chronic pain clinics at Salisbury, the college tutors will give you further information regarding this when you start.
- Ophthalmology
- Vascular
- All levels of Obstetrics
- Basic Paeds
- Basic and Intermediate ITU

Out of hours
The emergency rota for the general on-call consultant staff is organised so that there are always two consultants on call, one for Poole and one for Bournemouth, in addition to the consultants for intensive care.

Currently there are four resident staff on-call at Poole Hospital.
A1- SHO covering CEPOD 13:00-2200 on weekdays and 09:00-22:00 on weekends
A2- ITU trainee
A3- Post FRCA Spr coordinates, provides support and covers CEPOD after 10pm
Obs- pre-FRCA trainee, based on a different site but supported by A3 where needed

At RBH there is no anaesthetic cover provided by trainees out of hours. This is fully run by consultants and staff grades. There is an ST3-7 covering ITU who is the only senior trainee in the hospital so expected to make a start if a ruptured AAA arrives until consultant gets in.
On Call Accommodation

On-call rooms for Obs and ITU trainee & A3 although the A3 room is off the main site.
Bed next door to ITU on site for ST in RBH ITU.

Support
College tutor: Mike Girgis (Poole- Core Trainees) and Sarah Berridge (RBH- ST3 and above). Please contact college tutors at start of placement to identify local training rep and ask which modules are best to complete here.
Background

Salisbury NHS Foundation Trust provides excellent clinical care to approximately 240,000 people in Wiltshire, Hampshire and Dorset. Specialist services such as burns, plastic surgery, genetics and rehabilitation extend to a wider population of 3 million across Southern England. The Duke of Cornwall Spinal Treatment Centre at Salisbury District Hospital covers most of southern England with a population of approximately 11 million people. In total, the Trust employed 4,187 staff at 31 March 2016, including full and part-time staff.

Anaesthetic Services

Located immediately adjacent to the main theatre complex, the Anaesthetic Department houses office space as well as a large coffee/seminar room complete with flat screen TV with projector and daily newspapers.

Services provided by the Trust of relevance to the anaesthetic trainee include the following:

- 12 Operating theatres
- Regional Burns unit, plastic and reconstructive surgery centre
- Orthopaedics and Trauma, including elective spinal surgery
- Maxillofacial Surgery including Cleft lip and palate service
- Onsite obstetric service including emergency and elective caesarean sections
- Acute and Chronic pain service
- Critical Care Unit: 8 bed unit including ICU and HDU level patients & Critical Care
**Anaesthetic Training**

**Teaching**
There is a weekly teaching program for trainees preparing for the Primary FRCA and 10 clinical governance meetings each year, encompassing audit, M & M and professional development updates.

**Recommended Modules**
As Salisbury is the regional centre for burns it has developed a superlative plastic surgery service and is therefore ideal for completing the Burns and Plastics module. In combination with this, there are many excellent practitioners of regional anaesthesia, and therefore a Regional module is also possible. You will also be exposed to Paediatrics but not with enough cases to obtain a higher sign-off. Higher Obstetrics can usually be completed.

**Out of hours**
The weekday out of hours period is from 5.30pm to 8am the following morning. Between 5.30pm and 8pm there is a middle grade doctor (2\textsuperscript{nd} on) whose primary responsibility is to the critical care unit and obstetrics. There is also a consultant anaesthetist available covering emergency theatres and recovery. Due to operational reasons, emergency theatre may not be running in this time period, and therefore the consultant may be available for obstetric cases if necessary.

Overnight a middle grade doctor (2\textsuperscript{nd} on) provides cover for the critical care unit whilst supporting the 1\textsuperscript{st} on. The junior grade (1\textsuperscript{st} on) runs the emergency list in theatre, with support
from either the 2\textsuperscript{nd} on, or a consultant if the 2\textsuperscript{nd} on is busy; cases undertaken overnight are restricted to those falling within NCEPOD guidelines. Obstetrics is most commonly the responsibility of the 2\textsuperscript{nd} on; however, the junior anaesthetist should take over when their IACOA is complete.

At weekends, again the primary responsibility for obstetrics and critical care lies with the 2\textsuperscript{nd} on. There is a 1\textsuperscript{st} on who, in combination with the consultant on-call, will run 2 emergency theatres covering orthopaedic and plastic trauma and any other emergency cases. There is separate 24/7 dedicated Consultant cover for ITU and a morning ward round takes place at weekends.

**On Call Accommodation**

There are two on-call rooms, both within the anaesthetic department adjacent to ITU and theatres. Each has a relatively comfortable single bed. Linen is provided. They also contain a workstation with computer as the rooms are used to provide computer access during the day. If you are too tired to drive home after a night shift the on-call rooms can be used, but there are also emergency on-call rooms available on-site.

**Support**

Clinical lead: Chris Cox

College tutors: Ben Siggers. Please contact college tutor at start of placement to identify local training rep and ask which modules are best to complete here.
DORSET COUNTY HOSPITAL

Background

Dorset County Hospital was established in 1991 as part of a long-term project to bring together all the local services for acutely ill patients onto one hospital site. The new hospital, just outside Dorchester town centre, was completed in 1997. We were awarded Foundation Trust status in June 2007. Our busy, modern hospital provides a full range of district general services, including an accident and emergency department, and links with satellite units in five community hospitals.

We are the main provider of acute hospital services to a population of around 250,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck. We have approximately 400 beds and also provide renal services for patients throughout Dorset and South Somerset; a total population of 850,000. The hospital is recognised as a Cancer Unit within the Dorset Cancer Network for the provision of services for patients with breast, colorectal, urological, upper gastro-intestinal, lung and haematological malignancies. Our 3,000 staff work in GP surgeries, schools, residential homes and people’s own homes as well as Dorset County Hospital and the community hospitals.

Anaesthetic Services

The departmental offices are in the centre of the hospital close to the 7 bed ICU and four bed HDU. There are seven main, two day-case and one obstetric theatre. There is an anaesthetic assessment unit and surgical admission ward. All theatres are equipped with modern Datex Aestiva 5 anaesthetic machines and monitoring. There are 4 portable U/S machines dedicated to the department for line placement and ultrasound guided regional blockade.
Surgical specialities include:

- General and Laparoscopic surgery
- Urology – including nephrectomy
- Orthopaedics & Trauma
- ENT, Dental and MaxFax
- Obstetrics & Gynaecology approx 2800 deliveries/yr.
- Endoscopy Unit
- General and Dental Paeds
- Pre-assesment clinics

**Anaesthetic Training**

**Teaching**
There is term time weekly consultant facilitated Primary FRCA teaching and monthly ICU teaching for Core trainees. If you are covering ITU the consultant is happy to take the bleep for the duration of teaching.

**Recommended Modules**
Regional anaesthesia, sedation, non-theatre, orthopaedics and general surgery, Day surgery.

**Out of hours**
1st on-call (SHO) covers ITU, cardiac arrests and referrals. 2nd on-call provides support to 1st on-call and additionally covers maternity, emergency theatre, and trauma calls. There is a doubled-up starred consultant until 6pm carrying a phone. From 6pm until 8am there is a single consultant covering ITU and theatres. In addition at weekends there is a consultant covering trauma Saturday and Sunday until 1pm.

**On Call Accommodation**
There is a fold out bed for 1st on call (SHO) in anaesthetic department and an on-call room in the Drs Mess for 2nd on-call

**Support**
College tutor: Claire Joannides. Please contact college tutor at start of placement to identify local training rep and ask which modules are best to complete here.

Clinical Director: David Quick