14 - Training dates 2017-2019

Wessex Region ACCS

Programme of Training for 2015-2017

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Background

Welcome to Wessex - we genuinely hope you'll love your time training here and will learn all the skills needed to be a future Consultant.

Regional ACCS training days (RTDs) provide several advantages to trainees including an ability to regularly meet peers with similar interests and challenges and to be able to provide formal teaching of the whole ACCS curriculum.

Content

The teaching provided shall attempt to cover all of the 25 common competences, the Major and Acute presentations and those practical procedures that are less likely to be done in clinical practice. Trainees should aim to attend 70% of available regional teaching sessions. If you can, also attend local / in house teaching - if you do not attend enough regional / local sessions it will be mentioned at ARCP and can affect the outcome. We are reasonable however and do not expect you to attend teaching whilst on holiday or night shifts!

Structure

There will be 10 such days per year approximately monthly. In August there will be an additional day for the annual Deanery and speciality induction day for the newly appointed CT1s. There will be no planned day in February due to changeover and the demands of Trust speciality induction.

Each day will be for 6 hours, starting at 10am and finishing at 4pm to allow time for travel. The days will rotate through the Deanery and the 4 Trusts with ACCS trainees namely Poole, Portsmouth, Salisbury and Southampton. Trainees are required to present cases / topics - ideally overseen by an “expert” in the topic is facilitating the presentation. By the end of CT2 all trainees should have delivered at least one presentation to peers.

2 days each year will be held at the Deanery and will be largely trainee delivered. Trainees will be encouraged to present cases, patient safety projects, audit or research and a prize will be given to the best presentation.

A Lead for each Trust will be responsible for organising the venue, parking, catering and speakers for the day and dates will be provided well in advance. The Lead simply needs to arrange the day even if the topics to be discussed are not relevant to their speciality.

Topics can be delivered in any teaching style at the discretion of the speaker but should be as interactive as possible. Speakers should be chosen by the person organising the day and they should
be asked to cover as closely as possible the ACCS curriculum and the relevant page given to them to try and ensure the talk is relevant to ACCS trainees.

Dates

The programme below specifies the month in which the day should occur but the designated person chooses the actual date. The week commencing is a suggested week only.

Provisional programme

Welcome to Wessex – induction day for new ACCS trainees - Monday 21st August - Wessex Deanery

pm session – ACCS specific session

RTD 1 (Salisbury) Dr Nicola Finneran hosting – Monday 25th September 2017 – AM/EM

1000  Anaphylaxis
1100  Structure of the NHS / management / finances / CCG
1200  Lunch
1300  Collapse ? cause
1500  Trainee presentations – Salisbury AM/EM cases

RTD 2 (Portsmouth) Dr Ben Atkinson hosting – Monday 30th October 2017 EM/AM

1000  Ophthalmic problems - the red eye
1100  Dealing with aggressive patients
1200  Lunch
1300  Abdominal Pain
1400  Trainee Presentations Portsmouth EM/ AM trainees

RTD 3 (Poole) Dr James Shorthouse hosting – Tuesday 21st November 2017 ICU/Anaesthetics

1000  Trauma networks / TARN
1100  The use of Ultrasound in acute specialties
1200  Lunch
1300  Infection control (health protection)
1400 Nerve blocks
1500 Trainee presentations - Poole Anaesthetics/ ICM

RTD 4 (Deanery) – Mon 4th December 2017, Trainee Rep and Mr Lee Gray hosting
1200 Trainee presentations - Portsmouth / UHS trainees
1400 Trainee presentations - Poole / Salisbury trainees
1500 How to teach, how to present!
1600 Breaking bad news

RTD 5 (UHS) Miss Antonia Donnelly / Dr Jude Reay Hosting – W/C 15th Jan 2018 EM/AM
1000 Acute Coronary Syndromes
1100 Headache
1200 Lunch
1300 Disciplinary process - how not to get fired!
1400 Adder Bites and other nasties.
1500 Trainee presentations - UHS EM/AM trainees

RTD 6 (Salisbury) Dr Steve Jukes hosting – w/c 19 March 2018 – ICM / Anaesthetics
1000 Therapeutics and safe prescribing
1100 Back pain
1200 Lunch
1300 2 talks on: ED USS, Limb injury
1500 Trainee presentations – Salisbury ICM / An trainees

RTD 7 (Portsmouth) Dr Steve Mathieu hosting – w/c 16th April 2018 ICM/ Anaesthetics

1000 Pain Management

1130 Evidence for “relatives in the Resus room?”

1200 Lunch

1300 2 Talks on: Aortic dissection; Spontaneous pneumothorax

1500 Trainee presentations Portsmouth ICU/ An trainees

RTD 8 (Deanery) - 21st May 2018, Trainee Rep and Mr Lee Gray hosting

1000 Trainee presentations - UHS and Portsmouth CT2s

1200 Lunch

1300 Trainee presentations - Poole and Salisbury CT2s

1400 Rashes

1500 Head injuries

RTD 9 (Poole) Dr Beejal Patel hosting – w/c 18th June 2016, Acute Med/ EM

1000 Endocrine emergencies

1100 GI bleeds

1230 Lunch

1300 Suicidal ideation

1400 Pre- ARCP update

1500 Trainee presentations - Poole EM/AM

RTD 10 (UHS) Dr Patrick Butler hosting - w/c 9th July 2018, ICU/ Anaesthetics

1000 Regional Anaesthesia

1100 Medical ethics and gaining approval
1200 Lunch
1300 Organ Donation
1400 Pelvic Pain
1500 Trainee presentations UHS ICU/ Anaesthetics

Welcome to Wessex – Wessex Deanery August 2018

RTD 11 (Salisbury) Dr Sarah Assheton Hosting – w/c 17th September 2018, Emergency Medicine / AM
1000 Pulmonary Embolism
1100 Risk management / SUIs / Complaints
1200 Lunch
1300 The confused patient
1400 Joint aspiration
1500 Trainee presentations Salisbury EM/AM

RTD 12 (Deanery) – w/c 15 October 2018, Trainee Rep and Mr Lee Gray hosting
1000 Trainee presentations - Portsmouth / Southampton trainees
1200 Lunch
1300 Trainee presentations - Poole / Salisbury trainees
1400 Ballistics and blast injury

RTD 13 (Portsmouth) Dr Scott Bird / Dr Kathy Torlot hosting– w/c 19 November 2018 - ICU / Anaesthetics
1000 Legal frameworks (to cover Death certificates, the coroner, Child protection, mental health legislation)
1100 Sepsis, shock and SIRS
1200 Lunch
1300 Alcohol and brief intervention teams
1400 DNAR orders and capacity
1500 Trainee presentations - Portsmouth ICU / anaesthetics

RTD 14 (UHS) Dr Kate Akaster hosting– w/c 10 December 2018, AM/ Emergency Medicine
1000 GMC guidance on ethical research
1100 Evidence and guidelines – study methodologies, principles of critical appraisal, levels of evidence
1200 Lunch
1300 Patient safety projects update - trainee presentations
1400 Non cardiac chest pain
1500 Christmas quiz!

RTD 15 (Poole) Dr Spike Briggs hosting– w/c 14th January 2019, ICU / Anaesthetics
1000 Communication skills
1100 Difficult Airways
1200 Lunch
1300 Coma management and progress in ICM
1400 The poisoned patient
1500 Paediatric trauma
1600 Trainee presentations Poole ICM/ anaesthetics

RTD 16 (Salisbury) Dr Ben Siggers hosting- w/c 18 March 2019, Anaesthetics / ICM
1000 Simulation cases – learning from SIRIs
1100 Medical leadership and decision making
1200 Lunch
1300 Jaundice
1400 Acute diarrhoea / GI loss
1500 Trainee presentations Salisbury An / ICM
RTD 17 (Portsmouth) Dr Steve Hill/ Dr Michaela Iadarola hosting—w/c 22nd April 2019, Acute Medicine/ EM

1000 Antibiotic policy and Public health

1100 Child protection

1200 Lunch

1300 “Personal behaviour”—scenarios covering GMC guidance

1400 HIV and the sick patient

1500 Trainee presentations Portsmouth AM/ EM

RTD 18 (UHS) Dr Kathy Nolan hosting—w/c 20th May 2019, ICU/ Anaesthetics

1000 Management of adult major trauma

1100 Paediatric emergencies

1200 Lunch

1300 The European law and EWTD

1400 Oesophageal injury

1500 Patient safety / trainee presentations

RTD 19 (Poole) Mr Lee Gray hosting—w/c 17th June 2019, EM/ Acute Medicine

1000 organ donation

1100 Palpitations and the use of Echocardiography

1200 Lunch

1300 Mechanical falls and how to work with OT/ Physio

1400 Wounds and their management
1500 Pre ARCP update

RTD 20 (Deanery) – w/c 8th July 2019, Trainee Rep and Mr Lee Gray Hosting
1000 Case presentations by trainees - UHS / Portsmouth trainees
1200 Lunch
1300 Case presentations by trainees - Poole/ Salisbury trainees
1400 Missed fractures – system to detect error
1500 PV bleeding