CORE MEDICAL TRAINING (CMT) IN THE WESSEX DEANERY

OCTOBER 2009
Introduction to the Specialty: What is Core Medical Training (CMT)?
Who’s Who In CMT In Wessex?

Dr. Vicky Osgood  Postgraduate Dean
Dr. James Adams  Head Of School
Of Postgraduate Medical Education
Dr. Andrew Brooks  Programme Director, Core Medical Training
Mrs Elizabeth Martin  Programme Manager For Medicine
Miss Jemma Fisher  Specialty Programme Administrator for Medicine
including CMT
Mrs Sally Dix  Specialty Programme Administrator for Medicine
Wessex Contacts

Dr. Andrew Brooks  
Programme Director, Core Medical Training  
Andrew.Brooks@nesc.nhs.uk

Mrs Elizabeth Martin  
Programme Manager For Medicine/CMT  
01962 718432  
Elizabeth.Martin@nesc.nhs.uk

Miss Jemma Fisher  
Specialty Programme Administrator For Medicine  
01962 718421  
Jemma.fisher@nesc.nhs.uk

Mrs Sally Dix  
Specialty Programme Administrator For Medicine  
01962 718420  
Sally.dix@nesc.nhs.uk
What’s in a Name?

**N E S C**
National Health Service Education South Central
comprising:
Wessex Deanery (Southern House Otterbourne)
Oxford Deanery (The Triangle, Headington, Oxford)
as part of the South Central Strategic Health Authority (SHA)

**P M E T B**
Postgraduate Medical Education Training Board.
(Our quality-assurance regulator)

**R C P Tutor**
Royal College Of Physicians (London) Tutor
(usually your local CMT Lead)

**J R C P T B**
Joint Royal College of Physicians Training Board

**C M T Committee**
Core Medical Training Committee of JRCPTB
(which Deanery CMT Programme Director attends).
A Definition Of Core Medical Training

Core Medical Training (CMT) is a continuous 24 month training programme for those Doctors wishing to pursue a career in a “Physicianly Specialty (RCP)” in which they will have the training opportunities through their clinical work and supervision to acquire core competence in essential medical skills.
What is “Core Competence” in CMT?

Core Competence may be defined in the context of CMT as those skills needed to effectively take part in, and safely lead the Acute / G(I)M on-take at the next Training / working level, i.e. ST3, by the end of the 24 month programme even if these skills / competence may not be practiced in your chosen medical sub-specialty.
How is “Core Competence” achieved?

By clinical work in 24 month rotation through 4, 5 or 6 medical (sub) specialities which is supervised in various Hospital Trust sites providing experience in acute (unselected) medical on-take.
Trust Based Rotations in CMT in Wessex

- Usually CT1 and CT2 years in same Trust
- Not necessarily fixed-coupling between CT1 and CT2
- Some rotations are 6 x 4 month posts, some 4 x 6 months, and some “hybrids” (two x 6 and three x 4)
- What if I want to change? Always involve local Educational Supervisor as well as the CMT programme leads
Where are the CMT rotations in Wessex (1)?

<table>
<thead>
<tr>
<th>Trust</th>
<th>Rotations / Posts</th>
<th>Specialties included in rotations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basingstoke (NHH)</td>
<td>6 rotations x 4 month posts</td>
<td>Cardiology, Elderly Care, Respiratory, Haematology, Gastroenterology, Endocrine, Dermatology/Rheumatology</td>
</tr>
<tr>
<td>Bournemouth (RBH)</td>
<td>4 rotations x 6 month posts&lt;br&gt;3 rotations x 4 month posts</td>
<td>Cardiology, Haematology, Respiratory, Gastroenterology, Endocrine, ITU, Elderly Care</td>
</tr>
<tr>
<td>Dorchester (DCH)</td>
<td>2 rotations x 4 month posts</td>
<td>Renal, Respiratory, Cardiology, Gastroenterology, Endocrine</td>
</tr>
<tr>
<td>Isle of Wight (St Mary’s)</td>
<td>2 rotations x 6 month posts</td>
<td>Gastroenterology, Cardiology, Diabetes, Respiratory</td>
</tr>
<tr>
<td>Poole (PGH)</td>
<td>4 rotations x 6 month posts</td>
<td>Oncology, Elderly Medicine, Gastroenterology, Diabetes, Respiratory, Cardiology</td>
</tr>
</tbody>
</table>
## Where are the CMT rotations in Wessex (2)?

<table>
<thead>
<tr>
<th>Trust</th>
<th>Posts</th>
<th>Specialties included in rotations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Portsmouth (QA and SMH)</td>
<td>15 rotations x 4 month posts</td>
<td>Cardiology, Elderly Medicine, Respiratory, Critical Care, MAU, Renal, Gastroenterology, Diabetes, Haematology, Dermatology, Clinical Oncology,</td>
</tr>
<tr>
<td>Salisbury (SDH)</td>
<td>7 rotations x 4 month posts</td>
<td>Cardiology, Gastroenterology/Endocrine, Respiratory/Haematology/Oncology, Acute Elderly, Stroke</td>
</tr>
<tr>
<td>Southampton (SGH)</td>
<td>9 rotations x 4 month posts</td>
<td>Elderly Care, Haematology, Endocrine, Renal, Neurology, Cardiology, Gastroenterology, Acute Medicine, Rheumatology, ITU, Dermatology, Medical Oncology, Respiratory, Clinical Oncology</td>
</tr>
<tr>
<td>Winchester (RHCH)</td>
<td>4 rotations x 6 month posts</td>
<td>Respiratory, Cardiology, Endocrine, Gastroenterology, Haematology, Elderly Care</td>
</tr>
</tbody>
</table>
How is “Core Competence” measured?

• Looking for competence progression

• Use of Work-place Based Assessments (WPBAs)

• Clinical Supervisors as Trainers and Assessors

• Educational Supervisors as Appraisers

• Summation through Annual Review of Competence Progression (ARCP)
Clinical Supervision and Educational Supervision in CMT

- Clinical Supervision and Clinical Training / Assessment

- Role of Educational Supervisor as Appraiser and Assessor

- They are different roles but may be played by same person

- Appraised at beginning (induction), middle (progress) and end (exit)
Work-place Based Assessments (WPBA) and the Annual Review Of Competence Progression (ARCP) as Part Of Core Medical Training (CMT)

Assessments of competence level reached and progression towards attaining these levels is in part based on WPBAs in CMT which are reviewed in a series of ARCPs over the 24 months, at 8, 16, and 23 months.
What Are Work-place Based Assessments (WPBAs)?
Standard assessment of skills / competence marked against a scale of achievement with opportunity for comments and reflection.

**Mini C E X**
- mini Clinical Evaluation Exercise

**C b D**
- Case based Discussion e.g. from notes

**D O P S**
- Direct Observation of Procedure Skills

**A C A T**
- Acute Care Assessment Tool (e.g. on a post-take ward round)

**M S F**
- Multi-Source Feedback
CMT Curriculum

- Has recently been re-written
- Is competence based
- Is available at www.jrcptb.org.uk
- Should be mapped to teaching programme and Work-place Based Assessments in ePortfolio
Use of The ePortfolio

• The essential portal for recording your Work-place Based Assessments (WPBAs)

• Is used to collect your Multi-Source Feedback (MSF) material

• Contains a Reflective Practice section

• Needs a user name and password but is also accessible by Deanery staff, e.g. Administrative, Programme Director and your Educational Supervisor

• Keep Hard Copies!
M
MEDICAL
TRAINING