## Job Description for Academic Foundation Programme

**PSYCHIATRY**

**Host Trust**

**HAMPSHIRE PARTNERSHIP NHS FOUNDATION TRUST**

<table>
<thead>
<tr>
<th>DEPARTMENT:</th>
<th>Mental Health Clinical Group Southampton</th>
</tr>
</thead>
<tbody>
<tr>
<td>COMMENCEMENT DATES:</td>
<td>August, December, or April</td>
</tr>
</tbody>
</table>
| EDUCATIONAL SUPERVISOR NAME: | Dr David Baldwin  
Email: dsb1@soton.ac.uk  
Tel: 02380 825533 |
| CLINICAL SUPERVISOR NAME: | To be assigned (according to interests and training needs) |
| ADMINISTRATIVE CONTACT NAME: | Alex Vassiliou  
Email: A.Vassiliou@soton.ac.uk  
Tel: 02380 825533 |

### MAIN EDUCATIONAL OPPORTUNITIES

- Undertaking supervised practice in outpatient, inpatient or community based psychiatry services, either within or closely aligned to the University Mental Health Clinical Group
- Carrying out a review of the literature in a chosen topic reflecting the interests of the trainee and the supervisor
- Analysing local research data if available
- Presenting a research proposal to the AF2 group and academic supervisors
- Attending team meetings for current research psychiatry projects, and assisting with projects where possible and appropriate
- Attending Clinical Neurosciences Divisional research seminars
- Contributing to third year and final year undergraduate medical student teaching in psychiatry, where possible and appropriate
- Undertaking a clinical audit, reflecting the interests and the trainee and supervisor
<table>
<thead>
<tr>
<th><strong>FORMAL TEACHING PROGRAMMES</strong></th>
<th>Local programme of case conferences and evidence-based journal club meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Generic research skills training provided by the Wellcome Trust Clinical Research Facility, at Southampton General Hospital (10 half day sessions). This course will enable F2 trainees –</td>
</tr>
</tbody>
</table>
|                               |   ● To gain an overview of the scope of clinical research  
|                               |   ● To learn about research methods and their appropriate application  
|                               |   ● To learn about sources of knowledge and knowledge management  
|                               |   ● To learn how to form research questions  
|                               |   ● To learn how to critically appraise research  
|                               |   ● To master elementary statistics and understand their application to research  
|                               |   ● To understand the sources of funding for research and financial management of research  
|                               |   ● To understand the ethics of research, consent and confidentiality  
|                               |   ● To understand how research is regulated and governed  
|                               | Between sessions participants will be expected to develop their own research projects involving the:  
|                               |   ● Generation of research questions  
|                               |   ● Design of research protocols  
|                               |   ● Financial aspects of research  
|                               |   ● Navigation through ethics and the regulation of research  

**Academic competences**
Formative assessment at the end of the course will test competency in
   ● Literature reviewing and critical appraisal  
   ● Research study design and planning  
   ● Data interpretation and research regulation

**Clinical competences**
These will be selected from among those identified for the F2 year which are achievable within the setting of clinical psychiatric practice
TIMETABLE (subject to refinement in agreement with supervisor)

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>a.m.</strong></td>
<td>Clinical audit</td>
<td>Supervision</td>
<td>Medical student teaching</td>
<td>Outpatients</td>
<td>Research activities with Mental Health Group</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Case conference</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Journal Club</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>p.m.</strong></td>
<td>Outpatients</td>
<td>Research activities with Mental Health Group</td>
<td>Divisional Programme Foundation Programme Training</td>
<td>Community visits Research Methods Course</td>
<td>Research activities with Mental Health Group</td>
</tr>
</tbody>
</table>

OUT OF HOURS / ON CALL:

<table>
<thead>
<tr>
<th>Hours Worked</th>
<th>Work Pattern:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Arrangements can be made for the trainee to develop experience and maintain their income through out of hours work in clinical psychiatry</td>
</tr>
</tbody>
</table>

Further information

The aim of this placement is for the trainee to gain experience of clinical practice, research and teaching in the University Mental Health Group, to encourage an interest in psychiatry research, and to provide the basis for a possible future career in academic psychiatry.

Psychiatry has been a shortage specialty and it is anticipated that there will need to be considerable growth in capacity for clinical research in this area for effective translation of discoveries from basic neuroscience into clinical practice. As a result, this is a particularly exciting time for academic psychiatry. The Mental Health Group is part of the School’s Division of Clinical Neurosciences of the School of Medicine.

The Mental Health Clinical Group is the principal focus for clinical research in psychiatry, and currently has its main base in the University Department at the Royal South Hants Hospital. The group has research interests in six main themes: mood and anxiety disorders, dementias, liaison psychiatry, substance use disorders, the application of psychological treatment in psychosis, and perinatal psychiatry.

The Group has long-standing research links with other groups within the Clinical Neuroscience Division, and with Primary Medical Care in the Community Clinical Sciences.
Division, and other Schools within the University including Psychology and Nursing. There are also joint projects with the Wellcome Trust Clinical Research Facility.

The already strong profile in epidemiological and health services research is being augmented with increasing work in basic neuroscience. A number of previous trainees have progressed to research training fellowships and have completed higher degrees over the past 5 years. The 2010/11 academic year is likely to see the launch of an MSc modular programme in mental health.

Clinical and research supervision will be provided by members of the Clinical Group (Head: Dr David Baldwin; Prof D Kingdon, Prof C Holmes, Dr J Sinclair) in accordance with the wishes of the trainee and availability of appropriate experience.

Further information on the Mental Health Group and CNS Division, including the particular research interests of the lead researchers, is available on the CNS website: http://www.soton.ac.uk/research/cns