Phil's session: How the Wessex MECC model can empower healthy behaviours

Making Every Contact Count (MECC) is about supporting organisations and their staff to maximise on the opportunity they have with the public in promoting health and enabling them to make changes to improve their health and wellbeing. This session will give you a brief introduction to the Wessex MECC model, how it can help your service users and how it fosters a supportive environment for your staff.

Hannah and Alison’s session: The Compassion Rose Project

Using crafting skills of volunteers and staff to reintroduce the nursing tradition of showing compassion /respect to a deceased patient through placing a flower with them after death. This combats compassion fatigue allowing staff to personally acknowledge a death; improves compassion satisfaction and anecdotal evidence suggests improvements in care after death; offers opportunities for staff to contribute towards end of life care; provides a catalyst for initiating conversations about death and dying; and changes attitudes about end of life care. We think there is huge potential for replication in other trusts with no need for substantial funding to significantly impact quality improvement.

Please note that Hannah and Alison will be running a compassion roses crafting session over the lunch period in the registration area. Come and see how these beautiful roses are made, and have a go yourself. Full instructions and materials provided as well as information on how you could introduce the compassion rose project in your organisation. Please drop in on a first come first served basis.