### University Hospital Southampton NHS Foundation Trust

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<tr>
<th>Address</th>
<th>University Hospital Southampton NHS Foundation Trust (UHS) Tremona Road Southampton SO16 6YD</th>
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<tr>
<td>Contact Number</td>
<td>02380 777 222</td>
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<tr>
<td>Website</td>
<td><a href="http://www.uhs.nhs.uk">www.uhs.nhs.uk</a></td>
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### The Trust and Hospital

We were delighted to achieve Foundation Trust status in October 2011 and today we provide services to over 1.9 million people living in Southampton and south Hampshire, as well as specialist services to more than 3 million people living in southern England and the Channel Islands.

We are proud to be a major centre for teaching and research in partnership with the University of Southampton, the Medical Research Council and the Wellcome Trust.

Every year our 10,550 staff:

- treat around 140,000 inpatients and day patients, including roughly 50,000 emergency admissions;
- see over 500,000 people at outpatient appointments; and
- deal with around 110,000 cases in our emergency department.

Providing these services costs more than £1.6 million a day.

### Size of Hospital

We have 1000+ beds and 10,550 members of staff

### No of Foundation Trainees (currently)

- 54 FY1s
- 55 FY2s
## Foundation Programmes

The Two year **Foundation Programme** at UHS comprises a series of placements in a variety of specialties and healthcare settings as well as the opportunity for some doctors to experience working with academic teams. Learning objectives for each stage will be specific and focused on demonstration of clinical competencies.

The learning objectives for **Foundation Year One (FY1)** are set by the General Medical Council. At the end of the first year of the Foundation Programme doctors are able to register with the General Medical Council (GMC) if their practice has achieved the required standard.

The Foundation years encompass team working, the use of evidence and data, time management, communication and IT skills, although the main focus of training will be the assessment and management of the acutely ill patient.

**Foundation Year 2 (FY2)** rotations have been created to allow access to specialties that may not necessarily have been offered up previously to junior doctors at this level, such as Max Fax and General Practice.

Both years will have a dedicated Educational Supervisor for the year and a clinical supervisor per each 4 month placement.

Day to day advice and support is always available from the Foundation Programme Office.

## Teaching Programme/Educational Sessions

All the trainees in the Foundation Programme attend eight whole-day monthly protected teaching sessions spread over the year, these cover the core subjects set out in the curriculum. In addition to:

### FY1
- ALS
- Intensive Clinical Skills Teaching
- Prescribing Tutoring – on line
- Consent Training
- SIM MAN Scenarios
- Departmental teaching

### FY2
- Departmental Teaching
- Coaching and advice on further training applications and interview techniques

Both years will undertake audits as part of their e portfolio process.
### Study Leave and Taster Opportunities

Study leave can only be taken during the F2 year, entitlement is 15 days internal and 15 days external. There is currently no set budget however there is a strict criteria for applying for study leave and if your request does not meet this then you will not be able to claim the money back.

Taster Sessions are available, these are taken in either the last FY1 rotation or any time during the FY2 year. Further information on this can be sought from the Foundation Office.

### Careers Advice

This can be discussed with the Foundation Programme Directors and also the Director of Medical Education.

### Foundation Programme Director(s)

- Dr Michael Kiuber – FY1 Programme Director and Emergency Medicine Consultant
- Dr Catherine Akerman – FY2 Programme Director and Medicine for Older People Consultant

### Induction/Shadowing

All FY1 doctors are required to attend the formal shadowing and induction programme, this takes place for 7 days prior to starting their first rotation on the first Wednesday in August, FY1s will be paid for these 7 days.

### Staff Restaurant Facilities

- Costa - Main Entrance
- M&S – Main Entrance
- WHSmith - Main Entrance
- Main Restaurant ‘The Spice of Life’ – B Level
- League of Friends coffee shop – F Level, West Wing and Main Entrance.

### Doctor’s mess

There is a very active Mess programme with lots of subsidized events and a well-supported rest area.

Doctors Mess forms available – details on request [sghdoctorsmess@gmail.com](mailto:sghdoctorsmess@gmail.com)

### Local Amenities

- Southampton Sports Centre – Great for team sports such as Netball, Football and Hockey
- David Lloyd Fitness Centre, Pure Gym, Easy Gym and The Gym are just some examples of local Gymnasiums
- The Quays Swimming Pool
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<th>New Forest &amp; beaches nearby</th>
<th>Numerous Bars and Restaurants in the City</th>
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<tr>
<td></td>
<td>Theatre and Music Venues</td>
<td>West Quay Shopping Centre</td>
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<td>Southampton Football Club</td>
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<td>Contacts</td>
<td><strong>Director of Medical Education:</strong> Dr Liz Donavan Dr Liz Donavan</td>
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<td><strong>FY1 Programme Director:</strong> Dr Michael Kiuber Dr Michael Kiuber</td>
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<td><strong>FY2 Programme Director:</strong> Dr Catherine Akerman Dr Catherine Akerman</td>
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<td><strong>Foundation Programme Coordinator:</strong> Mel Ingate Mel Ingate</td>
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<td><em><a href="mailto:Melissa.ingate@uhs.nhs.uk">Melissa.ingate@uhs.nhs.uk</a></em></td>
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