# University Hospital Southampton NHS Foundation Trust

## Individual Placement (Job) Descriptions for Foundation Year 1

<table>
<thead>
<tr>
<th>Placement</th>
<th>FY1 Colorectal Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>There are 8 consultants divided into 2 firms. Firm 1 consists of Mr Smallwood, Mr Nicholls, Miss Nugent and Mr King. Firm 2 are Mr Knight, Mr Beck, Mr Mirnezami and Ms Pilkington. There are 3 SHOs and 4 registrars divided between the firms. The firms have both elective cases and emergency workload.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Ward based management of general surgery patients. Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Southampton General Hospital - E5</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Allocated to one of the colorectal surgeons</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds (elective and post take), management of post-operative patients on the ward, assist in theatre.</td>
</tr>
</tbody>
</table>
| Typical working pattern in this placement | Typical working pattern e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)  
SHIFTS  
Early shift and post take shift 8am-5.30pm (but earlier and later if workload requires)  
Twilight shift (converted to early if team is post take, or late if other team I post take) 11am – 7pm  
Late shift (cover both teams when twilight person has gone from 7pm or cover both team fro 5.30pm if other team is post take) 1.30pm – 9.30pm  
Mon – Fri early/twilight/late as per rosta but changes as above re post take hence very few twilight shifts  
WARD ROUND – daily from 8am until surgeons go to theatre. |
<table>
<thead>
<tr>
<th>On call requirements: weekends – cover both teams, only FY1 for colorectal, covered by Upper GI if shift finishes at 5pm.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employer information</td>
</tr>
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</tr>
<tr>
<td>Every year our 7,500 staff:</td>
</tr>
<tr>
<td>• treat around 112,000 inpatients and day patients, including about 50,000 emergency admissions;</td>
</tr>
<tr>
<td>• see approximately 375,000 people at outpatient appointments; and</td>
</tr>
<tr>
<td>• deal with around 110,000 cases in our emergency department</td>
</tr>
</tbody>
</table>

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<tr>
<th>Placement</th>
<th>F1 - Elderly Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The elderly care service provides care in five older people’s assessment wards each led by a ward manager. Junior doctors are attached to a Consultant team, which provides care for patients based on their community locality. A consultant in medicine for older people carries out a ward round on all the new patients, these patients are then picked up by their inpatient team on day two based around who their GP is. The outreach consultant works with the Older People’s Outreach and Support Team (OPOST) for multidisciplinary assessment if necessary, and direct links exist with community consultants, the Rapid Response Service, and community rehabilitation teams. Consultants also provide a comprehensive outpatient service within the acute service and in community locations. As part of a university hospital service, both post and undergraduate medical trainees support the delivery of the service. There is a strong academic research unit within SUHT, with varying interests such as frailty/sarcopenia, movement disorders, and osteoporosis. We are also active members of the Stroke Association Rehabilitation Research Unit based at the University of Southampton. The Prof RSJ Briggs Academic Unit gives excellent opportunity to develop clinical research programmes.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Multidisciplinary working Teaching ward rounds, departmental learning sessions Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances. There is interdepartmental teaching also on a Monday, Thursday and Friday</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Southampton general Hospital - G Level</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Varies</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds Reviewing patients alongside consultants. Sometimes ward rounds on your own. Organizing investigations.</td>
</tr>
</tbody>
</table>

### Typical working pattern in this placement

<table>
<thead>
<tr>
<th>Ward rounds</th>
<th>Opportunities to attend clinics</th>
</tr>
</thead>
</table>

**On call requirements:**
- Ward rounds 09:00 till 13:00
- Afternoon ward jobs
- Week day on calls 09:00 AM to 09:30 pm
- Weekends in AMU
- Weekend Twilight shifts

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<tr>
<th>Placement</th>
<th>F1 - Gastroenterology</th>
</tr>
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<tbody>
<tr>
<td>The department</td>
<td>With our team of junior colleagues, we look after inpatients in University Hospital Southampton. Outpatient clinics run daily and we also run clinics and endoscopy lists in Romsey and Lymington hospitals. There is a consultant-delivered out-of-hours emergency endoscopy service and weekend/bank holiday consultant review of inpatients. Consultants in the department provide a general inpatient and outpatient gastroenterology service as well as having a range of subspecialist experience to cover:</td>
</tr>
</tbody>
</table>
|                           | - Inflammatory bowel disease  
|                           | - Motility  
|                           | - Nutrition  
|                           | - Pancreatic diseases  
|                           | - Specialist endoscopy                                                                                     |
| Consultants are:          | Dr Nicholas Coleman  
|                           | Dr Fraser Cummings  
|                           | Dr Trevor Smith  
|                           | Dr Praful Patel  
|                           | Dr Fanny Shek  
|                           | Dr Bernard Stacey  
|                           | Dr Mike Stroud                                                                                               |
|                           | There are 3 registrars and 2 SHOs.                                                                          |
| The type of work to expect and learning opportunities | Multidisciplinary working  
|                           | Regular ward rounds.                                                                                                                                                                                                                                                                                                                                           |
|                           | Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances. |
| Where the placement is based | Southampton General Hospital  
|                           | Ward based.                                                                                                   |
| Clinical Supervisor(s) for the placement | F1s will be allocated to a respiratory consultant.                                                                                                                                                                                                                                                                                                                         |
| Main duties of the placement | Consultant and registrar lead ward rounds take place every day. Tasks will be identified on these rounds, prioritized and allocated to team members. These will include discharge summaries, making referrals, taking blood and other identified jobs.                                                                                                                                                       |
**Typical working pattern in this placement**

<table>
<thead>
<tr>
<th>Standard day: 9.00 – 17.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>On call: weekends: 1:4</td>
</tr>
<tr>
<td>Evenings: In addition to day shift 17-21.30. About 1:2 weeks</td>
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<td>Nights: In blocks of 3 or 4 nights.</td>
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**Placement** | **F1 – Lymington Hospital**
---|---
**The department** | This community hospital is in the New Forest, about 20 miles from Southampton. It has 2 medical teams who provide cover to the medical ward and the admissions unit.

The consultants are:
- Dr Giles Durwood
- Dr Juanita Pascual
- Dr Mike Devane (Associate Specialist)

**The type of work to expect and learning opportunities** | Multidisciplinary working
Community based care.
Regular education on Friday lunchtimes.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances although from a practical issue in this post, trainees attend their local teaching rather than lunchtime teaching in Southampton.

**Where the placement is based** | Lymington Hospital

**Clinical Supervisor(s) for the placement** | Allocated to one of the consultants

**Main duties of the placement** | Consultant ward round take place once a week. An SHO lead round take place on the other days. Tasks will be identified on these rounds, prioritized and allocated to team members. These will include discharge summaries, taking blood and other identified jobs. Once a week, there is a shift on the admissions unit.

**Typical working pattern in this placement** | Standard day: 8.30 – 17.00
On call: weekends: 1:4
Evenings: In addition to day shift 17-20.30 weekly
No nights in this post

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### Placement | F1 - General Medicine / Diabetes and Endocrine
---|---
**The department** | The diabetes service is led by a team of specialist consultants supported by dieticians, podiatrists and diabetes specialist nurses, all of whom have primary and secondary care roles for providing patient care.

Diabetes clinics are based at the Diabetes Resource Centre at the Royal South Hants Hospital, except for the pre-conception and pregnancy clinics which are run from the Princess Anne Hospital.

The Diabetic department is closely linked with endocrinology where the service is supported by specialist nurses who can also perform and support day-case endocrine investigations for patients.

The diabetes and endocrinology team includes:

- Dr Beata Brown
- Professor Christopher Byrne
- Professor Richard Holt
- Dr Mayank Patel
- Dr Patrick Sharp
- Dr Derek Sandeman

Dr Sharp is responsible for the inpatient service with 2 registrars and 2 SHOs.

**The type of work to expect and learning opportunities** | Multidisciplinary working
Regular ward rounds.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

**Where the placement is based** | Southampton General Hospital
Ward based: D7

**Clinical Supervisor(s) for the placement** | Dr Sharp

**Main duties of the placement** | Consultant ward round take place twice a week. A registrar lead round and an SHO lead round take place on the other days. Tasks will be identified on these rounds, prioritized and allocated to team members. These will include discharge summaries, taking blood and other identified jobs. The role also involves organizing the referrals from other services and ensuring that they are seen on rounds.
**Typical working pattern in this placement**

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<thead>
<tr>
<th>Placement</th>
<th>F1 - Hepatobiliary Surgery (HPB).</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The consultants Prof. Primrose, Mr Johnson, Mr Pearce, Mr Abu Hilal, and Mr Armstrong. In addition to the team there are 2 SHOs, 2 registrars and academic fellows.</td>
</tr>
</tbody>
</table>
| The type of work to expect and learning opportunities | Ward based work  
Learning will be through the management of the significantly ill patients that are under the care of this service.  
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| Where the placement is based | Southampton General Hospital |
| Clinical Supervisor(s) for the placement | Mr Armstrong |
| Main duties of the placement | Handover is at 7.30 from the night F1. The role then is preparing the list for ward round, scribing during ward round, completing jobs generated from the ward round, collecting the theatre list, clerking in new patients, handover to the afternoon/evening team, finish ward jobs, do any bloods and cannulas outstanding, check blood results, write them in the notes and act upon them, print out blood cards for the following day. The ward round are at 8am and 5/6pm. |
| Typical working pattern in this placement | Alternating weeks:  
Mon-Fri early shifts: 7.30 – 17.00  
Mon-Fri twilight shifts 11.00 – 19.00  
Mon-Fri late shift 13.30 – 21.30  
On call is currently every third week. |
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The department

The department of Hepatology consists of three consultant Hepatologists. We offer a comprehensive hepatology service comprising all aspects of liver disease including secondary and tertiary care for diagnosis and treatment. In addition to our consultant staff we have a highly skilled team of clinical nurse specialists who support our patients and provide the various specialist treatments available. We have excellent support from radiology and histopathology.

Our services include:

- Viral hepatitis
- Liver transplantation
- Portal hypertension
- Liver cancer
- Inpatient services

We are also involved in a number of specialist services including cystic fibrosis and a joint paediatric liver clinic.

Our consultants are:

- Dr Kathryn Nash
- Dr Nicholas Sheron
- Dr Mark Wright

There are 2 registrars and 2 SHOs on the hepatology team.

The type of work to expect and learning opportunities

F1 doctor in hepatology is expected to provide daily medical care for inpatient hepatology patients. As well as clerk patients for day case or short stay procedures. Opportunity arises to perform various clinical procedures regularly, such as ascitic drains and ascitic taps, as well observe more complex procedures such as endoscopy, ERCP, TIPSS, TACE.

During this F1 placement, training, skills and knowledge of the following is provided:

- history taking and examination
- good bedside manner
- safe prescribing
- regular medical documentation
- multidisciplinary team work
- improving clinical skills, e.g. ascitic taps, ascitic drains, venesection, cannulation, blood cultures as part of daily medical care.
- observing procedures e.g endoscopy, ERCP, MRCP, TACE
- managing day case patients
- managing patients in research trials
- managing patients in end of life care
- teaching medical students
- departmental teaching
- Grand Round teaching
- conferences held on site
Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

| Where the placement is based | Southampton General hospital, mainly wards D7, D8, and C7 |
| Clinical Supervisor(s) for the placement | Dr. Kate Nash |
| Main duties of the placement | The F1 doctor is expected to manage the daily care of hepatology inpatients along with the rest of the team. Carry out therapeutic/ diagnostic procedures under supervision, or individually when competent. Work closely with consultants twice weekly on the consultant ward round. Attend the structured departmental teaching. Participate in audits. Attend structured foundation programme teaching. Carrying the crash bleep on cover shifts and therefore attending crash calls. |
| Typical working pattern in this placement | Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions |
| Daily: 09:00 ward round | 16:00 clerking patients for next day procedures |
| 12:00 attend ERCP/TIPSS/TACE | |
| Mon: 09:00 Consultant ward round | |
| Tues: 13:00 Hepatology teaching | |
| Wed: 13:00 Grand Round | |
| Thurs: Consultant ward round, clerking day case patients | |
| Fri: ward round, weekend hand over, | |
| Sat: 09:00 - 21:00 one weekend during the placement | |
| Sun: 09:00 - 21:00 one weekend during the placement | |
| On call requirements: | |
| Cover shift: 09:00 - 21:00 approximately one day a week. | |
| Sat: 09:00 - 21:00 one weekend during the placement | |
| Sun: 09:00 - 21:00 one weekend during the placement | |
| 5pm - 2am (twilight shift) 3 shifts in the 4 month placement | |
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<th>Placement</th>
<th>F1 - Intensive Care</th>
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</thead>
<tbody>
<tr>
<td>The department</td>
<td>Southampton General Hospital has four intensive care wards:</td>
</tr>
<tr>
<td></td>
<td>• General Intensive Care Unit (ICU)</td>
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<tr>
<td></td>
<td>• Cardiac Intensive Care Unit (CICU)</td>
</tr>
<tr>
<td></td>
<td>• Paediatric Intensive Care Unit (PICU)</td>
</tr>
<tr>
<td></td>
<td>• Neuro Intensive Care Unit (NICU)</td>
</tr>
<tr>
<td></td>
<td>The Trust also has two high dependency wards, for less seriously ill patients than intensive care:</td>
</tr>
<tr>
<td></td>
<td>• Surgical High Dependency Unit</td>
</tr>
<tr>
<td></td>
<td>• Medical High Dependency Unit</td>
</tr>
<tr>
<td></td>
<td>There are also several other departments that come under critical care. These provide emergency or critical care services to other hospital departments and are invaluable in the care of seriously ill patients at the Trust:</td>
</tr>
<tr>
<td></td>
<td>• Acute pain team</td>
</tr>
<tr>
<td></td>
<td>• Outreach team</td>
</tr>
<tr>
<td></td>
<td>• Resuscitation team</td>
</tr>
<tr>
<td></td>
<td>• Anaesthetic department</td>
</tr>
<tr>
<td></td>
<td>The department delivers excellent outcomes.</td>
</tr>
<tr>
<td></td>
<td>The latest national data shows that survival rates for patients treated in the General Intensive Care Unit are five per cent higher than other comparable units in the country.</td>
</tr>
<tr>
<td></td>
<td>The survival rates for the Resuscitation Team are also significantly better than those achieved in other hospitals.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Trainees will be closely supervised while working in Intensive care. They also get a chance to experience anaesthetics.</td>
</tr>
<tr>
<td></td>
<td>Critical care is a highly specialised area of work, where staff are trained to react quickly and use state-of-the-art equipment to care for very ill patients.</td>
</tr>
<tr>
<td></td>
<td>The department has a rigorous training scheme – both for its own staff, and for the rest of the Trust's healthcare professionals. Teaching us for 2 hours on Thursday afternoons.</td>
</tr>
<tr>
<td></td>
<td>All medical staff who join critical care follow a specially-designed induction programme, which involves being mentored, on-the-job training and several weeks of study. Other staff undergo regular updates to keep their skills at the forefront of current practice.</td>
</tr>
</tbody>
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Where the placement is based
Southampton General Hospital

Clinical Supervisor(s) for the placement
F1s will be allocated to an ITU consultant.

Main duties of the placement
Handover at 8.00.
Ward round at 11 am. Consultant led
Completion of jobs including scans, liaising with other specialties, procedures such as inserting lines under supervision.

Typical working pattern in this placement
Standard day: 8.00 – 17.00
Long days: 8.00 – 21.00
On call: weekends 8.00 – 21.00
No nights

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<table>
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<tr>
<th>Placement</th>
<th>F1 - Gynaecology</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The Gynaecology service is organised in the following pattern.</td>
</tr>
</tbody>
</table>

**Bramshaw Women's Unit** is a 32 bedded ward that is predominately gynaecology. We care for ladies experiencing problems in all the specialities that gynaecology encompasses: surgical oncology, urogynaecology, general gynaecology, laparoscopic treatments and early pregnancy. Ladies experiencing difficulties during the first 20 weeks of their pregnancy may come to the Bramshaw unit. We also care for patients undergoing breast surgery and some general surgical procedures. Bramshaw accepts patients directly to the ward via their GPs or sometimes ambulance control; these patients are seen on the ward, avoiding the emergency department.

**The early pregnancy unit** take referrals from GPs and the emergency department by a process of booked appointments. 300 – 350 pregnant ladies each month are assessed in EPU either by a doctor or a sister and may be admitted to the main unit if required.

**The hysteroscopy and colposcopy unit** has clinics running on weekdays. Many "minor" procedures can now be carried out in these clinics as outpatient interventions.

**The day gynaecological unit** admits patients for minor surgery that day and providing they are fit enough, they are discharged home later the same day. Also a majority of major cases are admitted through this unit prior to theatre.

**The urodynamics department** provides extensive, specialised investigation and treatment of urogynaecological conditions.

Because of the sensitive nature of the work that is undertaken on the gynaecological unit we believe in providing a holistic approach to the care that we give, using teamwork and incorporating the support of other members of the multidisciplinary team.

**The Breast department** provides a regional breast screening programme and surgical treatment and reconstruction service for women diagnosed with breast cancer. Approximately 400 women undergo surgical procedures per year and there are generally 1-2 in-patients on the ward at any one time.

Consultants and specialities:

- Miss Ying Cheong - Gynaecologist and fertility specialist
- Mr K Metcalf – Gynae-oncology
- Mr S Crawford- Gynae-oncology
- Mr R Hadwin- Gynae-oncology
| **The type of work to expect and learning opportunities** | Multidisciplinary team working  
Comprehensive educational program available within Obs and Gynae to F1s  
F1s are encouraged to undertake audit whilst in the department.  
Opportunity to complete the gynaecology components of the RCOG Women’s Health Module.  
Foundation program teaching consists of 2 lunchtime lectures per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances. |
|---|---|
| **Where the placement is based** | University Hospital Southampton NHS Foundation Trust  
Princess Anne Hospital |
| **Clinical Supervisor(s) for the placement** | The three F1s will be allocated to one of the following consultants: Mr Metcalf, Mr Monga or Mr Moors. |
| **Main duties of the placement** | The overall educational objectives of the F1 year are to provide the trainee with knowledge, skills and attitudes to be able to:  
● Take a history and examine a patient (ie gynaecology and early pregnancy problems)  
● Identify and synthesise problems  
● Prescribe safely  
● Keep an accurate and relevant medical record  
● Manage time and clinical priorities effectively  
● Communicate effectively with patients, relatives and colleagues  
● Use evidence, guidelines and audit to benefit patient care  
● Act in a professional manner at all times  
● Cope with ethical and legal issues which occur during management of patients  
● Educate patients effectively  
● Become life-long learners and teachers  
On Bramshaw ward, consultant and registrar led ward rounds take place daily. Tasks will be identified on these rounds, prioritised and allocated to team members. These will include discharge summaries, making referrals, taking blood and documentation in hospital notes. |
F1s will also attend the Early Pregnancy Unit (EPU), supported by senior nurses, SHOs and registrars, and pre-clerking clinics. Newly admitted emergency patients are initially seen by the F1s. They will also support the Breast Surgeons who undertake daily ward rounds, with prescribing, discharge summaries and initial assessment of and escalation of post-operative complications, supported by the nursing staff.

<table>
<thead>
<tr>
<th>Typical working pattern in this placement</th>
<th>3 week rolling on call rota 8am-7pm including weekend days. Day time duties allocated mostly to EPU and gynaecology ward cover/clerking with opportunities to attend out-patient clinics and theatre.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employer information</td>
<td>University Hospital Southampton NHS Foundation Trust provides services to some 1.3 million people living in Southampton and south Hampshire, plus specialist services such as neurosciences, cardiac services and children's intensive care to more than 3 million people in central southern England and the Channel Islands. The Trust is also a major centre for teaching and research in association with the University of Southampton and partners including the Medical Research Council and Wellcome Trust. UHSFT gained foundation trust status on 1 October 2011. The Trust was formerly known as Southampton University Hospitals NHS Trust (SUHT) Every year our 7,500 staff: • treat around 112,000 inpatients and day patients, including about 50,000 emergency admissions; • see approximately 375,000 people at outpatient appointments; and • deal with around 110,000 cases in our emergency department</td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 –ENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The ear, nose and throat department provides specialist care for patients with complex needs and delivers general services for the local population at Southampton NHS Treatment Centre, which is situated at the Royal South Hants hospital. We treat children and adults, covering central southern England and the Wessex region. As a regional centre, the service has developed sub-specialties, and recent developments include one-stop clinics</td>
</tr>
</tbody>
</table>
for head and neck lumps, specialist rhinology (nose) and otology (ear) services and a leading cochlear implantation programme.

Outpatient clinics are provided at the Royal South Hants hospital and inpatient services are located at Southampton General Hospital.

Our surgical ear, nose and throat team includes:

- Mrs Andrea Burgess
- Mr Philip Harries
- Mr William Hellier
- Mr Tim Mitchell
- Mr Sal Nair
- Mr Nimesh Patel
- Mr Christopher Randall
- Mr Rami Salib

There are 6 registrars and 5 SHOs to complete the team.

<table>
<thead>
<tr>
<th>The type of work to expect and learning opportunities</th>
<th>Ward based work</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>You will also see patients that present acutely to the ward.</td>
</tr>
<tr>
<td></td>
<td>Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Southampton General Hospital</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Clinical Supervisor(s) for the placement</th>
<th>You will be allocated to one of the ENT surgeons</th>
</tr>
</thead>
</table>

| Main duties of the placement | Handover is at 7.30 from the night F1. The role then is preparing the list for ward round, scribing during ward round, completing jobs generated from the ward round, collecting the theatre list, clerking in new patients, handover to the afternoon/evening team, finish ward jobs, do any bloods and cannulas outstanding, check blood results, write them in the notes and act upon them, print out blood cards for the following day. Occasional pre-operative clerking. |

| Typical working pattern in this placement | Alternating weeks: Mon-Fri early shifts: 7.45 – 15.15  
No late shifts  
On call is with General surgery |
|-------------------------------------------|--------------------------------------------------------|

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Every year our 7,500 staff:

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- see approximately 375,000 people at outpatient appointments; and
- deal with around 110,000 cases in our emergency department

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 in CAMHS (Child and Adolescent Mental Health Services)</th>
</tr>
</thead>
</table>
| The Department | Brookvale Youth Mental Health Service  
The department has a number of consultants and senior trainees. This is a multi professional but consultant led service working with adolescents (aged 14-18 years) and is a secondary care referral centre. |
| The type of work to expect and learning opportunities | Foundation doctors working with this team will gain plenty of experience in a variety of presentations of adolescent mental health issues. There will be many opportunities to observe and |
participate in a variety of treatment models many of them psychologically based. There will be very close working with the multidisciplinary team including senior doctors, senior clinicians, from allied health professionals such as nursing, psychology, occupation therapy,

- One of the key learning opportunities in this job concerns team working and the importance of psychological understanding of clinical presentations.
- Another key learning opportunity will be experience in the assessment and management of acute/ emergency presentations of mental disorder in young people and the assessment and management of risks.
- Other opportunities will be:
  - Participating in the multi-disciplinary team meetings weekly to gain a bio-psycho-social perspective on clinical presentations and diagnostic formulations in adolescent mental health and also getting experience of multi-disciplinary team working.
  - taking part in the teaching of medical students clinic with consultant supervision,
  - weekly supervision with a more senior doctor,
  - participating in a family therapy clinic,
  - joining the supervision groups for both systemic and psychodynamic therapies,
  - attending multi agency meetings, for example safe guarding meetings, school meetings,
  - assessing a new patient referral jointly with a member of the multidisciplinary team,
  - shadowing deliberate self harm assessments,
  - contributing to risk assessments and management,
  - Sitting in on consultant clinics to gain an understanding of assessing and managing mental disorders and psychological problems presenting in adolescence and gaining a developmental perspective.
  - Community visits with colleagues from the team to observe community management of cases and contribute to this care attend weekly team meetings. This will also include visits with experienced nursing colleagues in providing intensive monitoring and assessment and management of cases in the community.
  - There will also be experience of working with Local Authority Children’s Services colleagues in the management of mental health issues for children in care.

The skills and attributes that the F1 trainee should gain from this post will be:

- taking a psychiatric history and examining a patient, collaborating this with family and team,
- being able to identify a sensitive problem,
- being able to keep accurate and relevant medical records, manage time and clinical priorities effectively,
- communicate effectively with patients, relatives, colleagues and external agencies,
- use evidence, guidelines and audit to benefit patient care
- behave in a professional manner at all time,
- understand the ethical and legal issues which occur
during the management of children i.e. safe guarding issues, capacity act etc, work in developing appropriate educational information for patients.

- The issue of competence, capacity and consent to treatment in young people

Foundation programme consists of 2 lunchtime lectures per week on Tuesdays and Thursdays until Christmas and Tuesday lunchtimes after Christmas. In addition there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All foundation posts are required to release trainees to attend teaching except in rare circumstances.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>The Brookvale Adolescent Service, 30 Brookvale Road, Portswood, Southampton, SO17 1QR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Suyog Dhakras, Consultant, Child and Adolescent Psychiatrist</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The foundation doctor will join the team of other doctors and other staff responsible for assessing and caring for children, their family and maintaining the medical record. They are expected to attend the structured teaching programmes provided by the post grad centre for foundation doctor, doctors will be responsible for other specific clinical duties as allocated by consultant whilst working in the centre.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>A typical working pattern will be to join in with the team on a daily basis and once the period of shadowing and induction into the post has been completed to clarify with the foundation doctor where they are going to get the best range of opportunities to develop their skills, so it will be about identifying assessment both within the community and within the centre and attending the various team meetings, supervision groups and family therapy clinic.</td>
</tr>
<tr>
<td>Employer information</td>
<td>Solent NHS trust is a community and mental health trust with over a hundred clinical sites spread across the areas of Portsmouth and Southampton. Solent NHS Trust is aiming to become a foundation trust in April 2013.</td>
</tr>
<tr>
<td></td>
<td>- The services provided by this Trust are:</td>
</tr>
<tr>
<td></td>
<td>- child and family services e.g. health visitors and school nurses,</td>
</tr>
<tr>
<td></td>
<td>- Adult services e.g. community nursing and palliative care.</td>
</tr>
<tr>
<td></td>
<td>- Adult mental health services e.g. adult mental health, learning disabilities and substance misuse</td>
</tr>
<tr>
<td></td>
<td>- Child and Family services under child and adolescent psychiatry.</td>
</tr>
<tr>
<td></td>
<td>This Trust is a major provider of community services and will give the foundation doctor to work within a wide spread community trust rather than a very focused acute care trust.</td>
</tr>
</tbody>
</table>

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The Department

Orchard Centre Children’s Mental Health Team
The department has a number of consultants, senior trainees, a CT3 trainee and a foundation year 2 trainee. This is a multi professional but consultant led service working with children and adolescents and is a secondary care referral centre.

The type of work to expect and learning opportunities

Foundation doctors working with this team will gain plenty of experience in a variety of presentations of child and adolescent mental health issues (patients aged up to 14 years). There will be many opportunities to observe and participate in a variety of
treatment models many of them psychologically based. There will be very close working with the multidisciplinary team including senior doctors, senior clinicians, from allied health professionals such as nursing, psychology, occupation therapy,

- One of the key learning opportunities in this job concerns team working and the importance of psychological understanding.
- Other opportunities will be:
  - taking part in the teaching assessment clinic with consultant supervision,
  - weekly supervision with a more senior doctor,
  - participating in a family therapy clinic,
  - joining the supervision groups for both systemic and psychodynamic therapies,
  - attending multi agency meetings, for example safeguarding meetings, school meetings,
  - assessing a new patient referral jointly with a member of the multidisciplinary team,
  - shadowing deliberate self harm assessments,
  - contributing to risk assessments and management,
  - sitting in on consultant clinics to gain an understanding of assessing and managing neuro developmental and other disorders,
  - community visits with colleagues from the team to observe community management of cases and contribute to this care attend weekly team meetings.

The skills and attributes that the F1 trainee should gain from this post will be:

- taking a psychiatric history and examining a patient, collaborating this with family and team,
- being able to identify a sensitive problem,
- being able to keep accurate and relevant medical records, manage time and clinical priorities effectively,
- communicate effectively with patients, relatives, colleagues and external agencies,
- use evidence, guidelines and audit to benefit patient care behave in a professional manner at all time,
- understand the ethical and legal issues which occur during the management of children i.e. safe guarding issues, capacity act etc, work in developing appropriate educational information for patients.

Foundation programme consists of 2 lunchtime lectures per week on Tuesdays and Thursdays until Christmas and Tuesday lunchtimes after Christmas. In addition there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All foundation posts are required to release trainees to attend teaching except in rare circumstances.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>The Orchard Centre, Western Community Hospital base.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Alison Sankey, Consultant, Child and Adolescent Psychiatrist</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The foundation doctor will join the team of other doctors and other staff responsible for assessing and caring for children, their family and maintaining the medical record. They are expected to attend the structured teaching programmes provided by the post grad</td>
</tr>
</tbody>
</table>
centre for foundation doctor, doctors will be responsible for other specific clinical duties as allocated by consultant whilst working in the centre.

**Typical working pattern in this placement**

A typical working pattern will be to join in with the team on a daily basis and once the period of shadowing and induction into the post has been completed to clarify with the foundation doctor where they are going to get the best range of opportunities to develop their skills, so it will be about identifying assessment both within the community and within the centre and attending the various team meetings, supervision groups and family therapy clinic.

**Employer information**

Solent NHS trust is a community and mental health trust with over a hundred clinical sites spread across the areas of Portsmouth and Southampton. Solent NHS Trust is aiming to become a foundation trust in April 2013.

- The services provided by this Trust are:
  - child and family services e.g. health visitors and school nurses,
  - Adult services e.g. community nursing and palliative care.
  - Adult mental health services e.g. adult mental health, learning disabilities and substance misuse
  - Child and Family services under child and adolescent psychiatry.

This Trust is a major provider of community services and will give the foundation doctor to work within a wide spread community trust rather than a very focused acute care trust.

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Renal Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>We provide a broad service covering all aspects of general nephrology (the branch of medicine dealing with the study of the function and diseases of the kidney) including a service within the hospital for patients with acute or chronic kidney disease in conjunction with their other illnesses.</td>
</tr>
<tr>
<td></td>
<td>We liaise closely with other specialties including the critical care units to provide a co-ordinated service including renal replacement therapy (haemofiltration) when required.</td>
</tr>
<tr>
<td></td>
<td>We are currently looking to develop a wider range of service in</td>
</tr>
</tbody>
</table>
Southampton for patients requiring long-term renal replacement, including inpatient dialysis.

Our renal consultants are

- Dr Kirsty Armstrong
- Dr Mary Rogerson.

There are is 1 registrar and 1 SHO.

| The type of work to expect and learning opportunities | Multidisciplinary working  
Regular ward rounds.  
Pathology meeting every second week.  
Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances. |
|---|---|

| Where the placement is based | Southampton General Hospital  
Ward based. |
|---|---|

<table>
<thead>
<tr>
<th>Clinical Supervisor(s) for the placement</th>
<th>F1s will be allocated to a renal consultant.</th>
</tr>
</thead>
</table>

| Main duties of the placement | Consultant ward round take place twice a week. A registrar lead round and an SHO lead round take place on the other days. Tasks will be identified on these rounds, prioritized and allocated to team members. These will include discharge summaries, taking blood and other identified jobs. The role also involves organizing the referrals from other services and ensuring that they are seen on rounds.  
There are many day patients who attend for blood or venofer transfusions. This takes place in a managed care ward. |
|---|---|

| Typical working pattern in this placement | Standard day: 9.00 – 17.00  
On call: weekends: 1:4  
Evenings: In addition to day shift 17-21.30. About 1:2 weeks  
Nights: In blocks of 3 or 4 nights. |
|---|---|

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- deal with around 110,000 cases in our emergency department.

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Respiratory Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>There are 3 respiratory teams who supervise the care of inpatients. One team looks after patients with respiratory infectious disease. The Respiratory Centre is an outpatient facility which provides care to both chronic respiratory illness and to exacerbations that do not require hospital admission. Southampton University Hospitals NHS Trust provides a regional specialist cystic fibrosis (CF) service for both children</td>
</tr>
</tbody>
</table>
and adults.

Consultants are:

- Dr Ramesh Kurukulaaratchy
- Dr Simon Bourne
- Dr Jane Wilkinson
- Dr Anastasios Lekkas
- Dr David Land
- Dr Ben Marshall
- Dr Rachel Limbrey
- Dr Anindo Banerjee
- Dr Thom Daniels
- Dr Efren Erem
- Dr Mary Carroll
- Professor Ratko Djukanovic
- Professor Peter Howarth
- Dr Julia Nightingale
- Dr Katherine O’Reilly
- Dr Tom Wilkinson

There are 3 registrars and 5 SHOs covering all three teams.

<table>
<thead>
<tr>
<th>The type of work to expect and learning opportunities</th>
<th>Multidisciplinary working Teaching ward rounds, twice weekly educational sessions within Respiratory Medicine. Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where the placement is based</td>
<td>Southampton General Hospital Ward based.</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>F1s will be allocated to a respiratory consultant.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Consultant and registrar lead ward rounds take place every day. Tasks will be identified on these rounds, prioritized and allocated to team members. These will include discharge summaries, making referrals, taking blood and occasionally pleural taps and chest drains.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>Standard day: 9.00 – 17.00 On call: weekends: 1:4 Evenings: In addition to day shift 17:30. About 1:2 weeks Nights: In blocks of 3 or 4 nights.</td>
</tr>
<tr>
<td>Employer information</td>
<td>University Hospital Southampton NHS Foundation Trust</td>
</tr>
</tbody>
</table>
provides services to some 1.3 million people living in Southampton and south Hampshire, plus specialist services such as neurosciences, cardiac services and children’s intensive care to more than 3 million people in central southern England and the Channel Islands.

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Stroke Service</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The Stroke service at Southampton General Hospital is comprised of 4 consultants; 3 Geriatricians and 1 Neurologist. The 40 bedded ward is made up of 16 acute beds and 24 rehabilitation beds. There are twice daily consultant ward rounds seeing acute admissions from the emergency department and a weekly multi-disciplinary team meeting. Intra-venous thrombolysis is administered on the ward to suitable patients and a small number of patients are now being treated with intra-arterial thrombolysis.</td>
</tr>
</tbody>
</table>
The type of work to expect and learning opportunities

Foundation doctors on the ward will gain plenty of experience in acute medicine as well as strokes, eg pneumonia, pulmonary oedema, pulmonary embolism and will experience a wide range of neurological conditions in addition to strokes. They will work closely with experienced nursing staff and allied health professionals and will be a key member of the multidisciplinary team. The doctor will also spend 6 weeks on the Acute Medical Unit seeing acute general medicine.

The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:

- Take a history and examine a patient
- Identify and synthesise problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relatives and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively

There is ample opportunity to cover these objectives.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Southampton General Hospital - F8 ward</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Crawford, Dr Evans, Dr Weir or Dr Wood</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The Foundation doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the post-graduate centre for Foundation doctors as well participating in the monthly Stroke Unit Mortality and Morbidity meetings. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</td>
</tr>
</tbody>
</table>
| Typical working pattern in this placement | Typical working pattern in this:  
Mornings: Consultant post-take ward round/Registrar ward round/writing urgent discharge letters  
Afternoons: Ward jobs/up-dating relatives/discharge |
letters/reviewing new admission to the ward
Weekly Stroke neuro-radiology meetings

*On call requirements:* As per the medical rota. No junior doctor on call rota

### Employer information

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Trauma and Orthopaedics</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>Department of Trauma and Orthopaedics</td>
</tr>
</tbody>
</table>

The Trauma and Orthopaedic department provides 24 hour excellence in trauma care, and specialist trauma and orthopaedic services through an enthusiastic and dedicated team of 21 Consultants. The Unit has a total of 32 elective
Staffing

Professor David Barrett
Mr Gavin Bowyer and Trauma
Mr Phillip Chapman-Sheath
Professor Nicolas Clarke and soft tissue tumours
Mr Andrew Cole
Mr Gorav Datta
Mr Campbell Hand and Trauma
Mr Doug Dunlop
Mr Edward Gent Orthopaedics and Trauma
Mr Nicolas Hancock
Mr David Hargreaves and Trauma
Mr David Higgs
Mr Jeremy Latham Paediatrics
Mr Graeme Taylor Paediatrics
Mr William Tice Paediatrics and Trauma
Mr Michael Uglow Paediatrics and Trauma
Mr David Warwick and Trauma
Mr Wagih Moussa and Ankle and Trauma
Mr Ola Eni-Oluta surgery and Trauma
Mr Erman Melikyan Surgery
Mr Krishna Kumar

Orthopaedic Spinal Consultants
Mr. Nicholas Boree
Mr Evan Davies
Mr Christopher Dare
Mr John Fowler

Specialist Nurses
Ms Linda Tarplett

Management

The T&O service sits in Division D, which also hosts Cardiac, Cardio-Thoracic, Vascular services and Neurosciences. The Division is also leading on the development of the Major Trauma Centre following UHS's designation for status in 2012.
The management team for the Trauma and Orthopedic Care Group is:
Mr. Andrew Cole – Clinical Lead
Ms Fiona Jeffrey – Care Group Manager
Ms Tina Raybould – Senior Matron

All Medical staff are accountable to the Clinical Lead.

| Learning opportunities | All FY1s are allocated a consultant educational supervisor and specialist registrar mentor. All FY1s are encouraged with the completion of their educational portfolio. The Trust provides regular teaching sessions and the Trauma and Orthopaedic department provides regular Monday lunchtime teaching sessions.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances. |

| Where the placement is based | Southampton General Hospital |
| Clinical Supervisor(s) for the placement | Allocated Consultant Educational Supervisor and Specialist Registrar Mentor |
| Main duties of the placement | All F1 Doctors in hospital posts will be ward based during the ‘normal’ working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst in the Trauma and Orthopaedic attachment the F1 will be involved with clerking of all Trauma and Orthopaedic patients being admitted to the unit and the ongoing care of these patients. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to |
  - Take a history and examine a patient
  - Identify and synthesise problems
  - Prescribe safely
  - Keep an accurate and relevant medical record
  - Manage time and clinical priorities effectively
  - Communicate effectively with patients, relatives and colleagues
  - Use evidence, guidelines and audit to benefit patient care
  - Act in a professional manner at all times
  - Cope with ethical and legal issues which occur during the management of patients with general medical problems
  - Educate patients effectively |
**Become life-long learners and teachers.**

**Typical working pattern in this placement**

Typical working pattern in this post  Daily/weekly/monthly (if applicable)
8 week placement
Shift Patterns
0730-1600  
0800-1600  
0900-1800  
0800-1900  
1600-2200 from HPB team  
W/E 1:4 0800-2100 Sat and Sun  

_Night requirements:_ None

**Employer information**
The employer is Southampton University Hospital NHS Trust.

Southampton University Hospitals NHS Trust provides services to some 1.3 million people living in Southampton and south Hampshire, plus specialist services such as neurosciences, cardiac services and children's intensive care to more than 3 million people in central southern England and the Channel Islands.

The Trust is also a major centre for teaching and research in association with the University of Southampton and partners including the Medical Research Council and Wellcome Trust.

The Trauma and Orthopaedic department provides 24 hour excellence in trauma care, and specialist trauma and orthopaedic services through an enthusiastic and dedicated team of 21 Consultants. The Unit has a total of 32 elective beds and 66 trauma beds.

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Upper GI Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>There are 3 consultants, Mr. Bailey, Mr. Byrne and Mr. Kelly. There are 2 F1s working for this group. In addition, the firm is composed of 2 FY2/CT1 or 2 trainees and 2/3 Sp Registrars. The rest of the multidisciplinary team consists of Donna Sharland and Helen Fulford, Upper GI Clinical Nurse Specialists, as well as Valerie Ship, our secretary, physiotherapists, dieticians and pharmacists.</td>
</tr>
</tbody>
</table>
The type of work to expect and learning opportunities

Ward based management of surgery in patients. We care for patients who have had major upper GI surgery, eg oesophagectomy and gastrectomy, as well as a wide variety of other upper GI, frequently laparoscopic procedures.

The consultants cover the emergency take alternate Tuesdays/Thursdays weekday plus every 4th weekend, so typically 30-70% of the patient workload is for unelected surgery patients admitted through A&E.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

Where the placement is based

Southampton General Hospital

Clinical Supervisor(s) for the placement

Mr Byrne/Mr Bailey or Mr Kelly (advised at beginning of year)

Main duties of the placement

Ward rounds (elective and post take), management of post-operative patients on the ward, assist in theatre.

Typical working pattern in this placement

Early shift and post take shift 7.30am-5pm (but earlier and later if workload requires). The F1 will confirm patient location, and results availability. The ward round is at 8am.

Twilight shift (converted to early if team is post take, or late if other team I post take) 11am – 7pm. A full handover from the early F1 is required so that the F1 doing this shift can work effectively.

Late shift from 1.30pm – 9.30pm. The F1 will cover Upper GI, HPB and Breast and endocrine after 19.00.

Mon – Fri early/twiligh/late as per rota but changes as above re post take hence very few twilight shifts

On call requirements: weekends – cover both upper and lower GI teams

Employer information

University Hospital Southampton NHS Foundation Trust provides services to some 1.3 million people living in Southampton and south Hampshire, plus specialist services such as neurosciences, cardiac services and children's intensive care to more than 3 million people in central southern England and the Channel Islands.

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including the Medical Research Council and Wellcome Trust.

UHSFT gained foundation trust status on 1 October 2011. The Trust was formerly known as Southampton University Hospitals NHS Trust (SUHT).

Every year our 7,500 staff:

- treat around 112,000 inpatients and day patients, including about 50,000 emergency admissions;
- see approximately 375,000 people at outpatient appointments; and
- deal with around 110,000 cases in our emergency department.

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placemenent</th>
<th>F1 - Urology</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The consultants are Mr Birch, Mr Cumming, Mr Hayes, Mr Dyer and Mr Lockyer. In addition to the team there is one SHO and 2 registrars.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Ward based work On call cover for vascular and urology. Learning through the post and the morbidity and mortality meetings.</td>
</tr>
</tbody>
</table>
Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Southampton General Hospital, Ward E7 (urology)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>You will be assigned to one of the urology consultants.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Handover is at 7.30 from the night F1. The role then is preparing the list for ward round, scribing during ward round, completing jobs generated from the ward round, collecting the theatre list, clerking in new patients, handover to the afternoon/evening team, finish ward jobs, do any bloods and cannulas outstanding, check blood results, write them in the notes and act upon them, print out blood cards for the following day. The F1 will also prepare the Morbidity and Mortality Meeting with the help of the registrar.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>Alternating weeks: Mon-Fri early shifts 8am-3pm Mon-Fri late shifts 1:30pm-9:30pm One weekend in four: cover urology and vascular 8am-9:30pm On call: Will contribute to the 1:4 weekend pattern.</td>
</tr>
<tr>
<td>Employer information</td>
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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Vascular Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The consultants are Prof. Sherman, Mr. Baxter, Mr. Morris and Mr. Phillips. We are a tertiary; referrals from other hospitals nearby, especially Winchester and Isle of Wight. We receive referrals straight to the department during working day hours and at weekends, otherwise they go to surgical admissions.</td>
</tr>
<tr>
<td>The type of work to</td>
<td>Ward based work</td>
</tr>
</tbody>
</table>
Expect and learning opportunities

On call cover for vascular and urology.

Foundation program teaching consists of 2 lunchtimes lecture per week on Tuesday and Thursday up until Christmas, and Tuesday lunchtime after Christmas. In addition, there are monthly half day teaching sessions from September to June on the second Wednesday of the month. All Foundation posts are required to release trainees to attend teaching except in rare circumstances.

Where the placement is based
Southampton General Hospital, Ward D4 plus outliers, and cover for E7 (urology) plus outliers

Clinical Supervisor(s) for the placement
Mr Stephen Baxter

Main duties of the placement
Preparing the list for ward round, scribing during ward round, completing jobs generated from the ward round, seeing to ill patients, clerking in new patients (history and examination, including dopplers and ABPIs, bloods and cannulas) handover to the afternoon/evening team, finish ward jobs, do any bloods and cannulas outstanding, check blood results, write them in the notes and act upon them, print out blood cards for the following day, cover urology (same as above but for the urology team).

Typical working pattern in this placement
Alternating weeks:
Mon-Fri early shifts 8am-3pm
Mon-Fri late shifts 1:30pm-9:30pm
One weekend in four: cover urology and vascular 8am-9:30pm
On call requirements: vascular don’t have specific on call periods, all our new patients come into us during the day and at weekends until the night team take over.

Employer information
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