This is an invitation to all Wessex SAS doctors to apply for a Quality Improvement Fellowship programme. This will be the third Fellowship cohort and training and support will be provided by Healthcare Quality Quest [HQQ]. The programme runs over 12 months to support SAS doctors running a quality improvement project in their trust. The programme is free of charge.

**Programme Overview**
You will need to submit an idea for a quality improvement project as a proposal in your application form. This may be a new idea or part of a larger project. It needs to be something you can achieve in the time you have available. We would be particularly interested in those wishing to work on the ‘parity of esteem’ agenda. Access to mentoring from the Wessex School of Psychiatry will be available for Fellows undertaking these projects. Parity of esteem project ideas could include:

- Introducing mental health screening into a chronic condition pathway, with patients being directed to IAPT.
- Making services more accessible for dementia patients.
- Improving access and reasonable adjustments for people with a learning disability
- Improving the physical health of people with a learning disability or mental illness

HQQ will review your application and provide feedback on your proposal and apply an ethics approval screening tool prior to the fellowship launch day.

The programme will include the following ‘contact’ days:

- An opportunity to attend the celebration close event of current SAS QI Fellows on 23 May 2017
- A launch day [date TBC]
- Two and a half further education contact days led by HQQ providing teaching and workshops style learning (please see below for more information). A practical reference booklet for the education days learning, a learning diary and certificate of attendance will be provided.
- A celebration close event with presentations by Fellows on their quality improvement projects.
- Location of the launch, close and education days are to be confirmed but it is envisaged that these will be held at Health Education England (Wessex) offices at Southern House, Otterbourne.

**As part of the fellowship you will be given:**
- Quality Improvement Methods for Healthcare Manual and contact day slides on a memory stick
- QI workbooks to structure your learning and plan your QI work in detail, and a Learning Diary
- Information about the Fellowship and a place to network on a website
- Guidance on presenting and writing up your quality improvement project
- Support by the education provider meeting with you in your Trust
What do you have to do now?

- Come up with a good idea from your experience, either in improving patient care quality, safety, experience or efficiency. You will need to work with your team and other stakeholders as part of the project, so you will need support from a quality improvement team/lead in your trust - this is vital.
- We would be particularly interested in those wishing to work on the ‘parity of esteem’ agenda. Access to mentoring from the Wessex School of Psychiatry will be available for Fellows undertaking these projects.
- The size of the project must be manageable for you in your CPD time. This may take the place of audit for you in this year and be used for revalidation.
- Make time for the education contact days [there are catch up half days if needed].
- Fill out an application form and return to qualityimprovement@wessex.hee.nhs.uk by 24 March 2017.

If you have any queries please speak to your SAS tutor or contact Dr Karen Mounce, Programme Director karen.mounce@rbch.nhs.uk

Further information on the launch and celebration days and education days

Launch Day (Day 1)
- what’s involved in carrying out a quality improvement project
- clarifying the subject and objective of the project
- identifying and involving key stakeholders in the project
- testing commitment of all those involved to the project
- anticipating the measurement methods that will be useful to establish a baseline of the effects of current practice before introducing any change and enabling comparison following change to demonstrate that improvement has been achieved.

At the end of Day 1, fellows will select the methods they most want to learn about in Day 2.

Day 2
‘How to’ guidance on how to carry out the measurement methods selected by the fellows on Day 1, giving fellows opportunities to plan how they will apply the methods to their projects.

Day 3
‘How to’ guidance on tools to analyse the findings of measurement of the effects of current practice on patients, to plan and manage change to achieve improvement in the quality of patient care, and how to prepare to present and write about the quality improvement project.

Half-day 4
Review of progress on quality improvement projects with guidance on how to resolve any problems experienced and ‘how to’ guidance on preparing a poster, an oral presentation and a paper for publication on your project.

Celebration Close Event
An opportunity to share your QI project and learning from the Fellowship

NB - An invitation will also be given to join the celebration close event for the current SAS QI Fellows which is being held at Southern House on 23 May 2017.