It’s never a good day when you are faced with the uncomfortable feeling that something is not quite right; and a worse one still when the realisation dawns that you may be the only person in a position to do something about it. Recent local and national incidents have stressed the important role which all health professionals, particularly doctors, have in drawing attention to poor standards of care and poor standards of professional practice. The duty to report concerns about colleagues has been with us for some years (GMC – “Good Medical Practice 2013” – paragraphs 24-27 http://www.gmc-uk.org/guidance/good_medical_practice/respond_to_risks.asp). Cases such as those of Clifford Ayling, Harold Shipman and system failures such as Mid Staffordshire have led to revision of older guidance and a clearer picture of the duty for all of us to identify and act on concerns.

Barriers to action

Doctors often worry that raising a concern, particularly relating to a colleague, will cause a breakdown in working relationships or lead to them facing action or criticism for defamation of a colleague. You worry too that the problem is minor and bringing it to the attention of “the authorities” will necessarily result in disproportionate outcomes for them facing action or criticism. You may also feel that the problem is minor and bringing it to the attention of your colleague, will cause a breakdown in working relationships or lead to your colleague receiving a verbal warning which is considered too lenient. Where you have concerns about colleagues, you must consider the best course of action.

What to do if a response is inadequate

Support and advice is available for you so that you can decide on the best course of action. There are a number of colleagues that you can speak to including your RO, a member of your team, the Local Medical Committee (LMC), the National Clinical Assessment Service (NCAS), or your medical defence body. Beyond that initial discussion, you need to bear in mind the following:

- You do not have to be absolutely certain “beyond reasonable doubt” that something is wrong
- You don’t have to conduct any sort of investigation or seek further “evidence” before reporting
- You must make a clear record of your concerns – date and time of any incident, details of any patient or others affected, any steps you have taken to rectify the problem, any response to the concern made by the person or people concerned
- You should take whatever steps you can to ensure that patients are protected as far as possible from the results of poor care or poor performance eg contacting the patient yourself about the mistake on the prescription or the missed test result

Where you have a concern about patient safety or the quality of care in another care setting, you can raise that through the normal incident reporting mechanisms supported by your CCG. You can also raise it with the commissioner of the service concerned and the nursing or medical directorate of the NHS England South – Wessex local office. We are well placed to forward any concerns to the right people and to follow-up and ensure that appropriate action is taken. Your appraisal also gives you an opportunity to discuss and raise any performance, health or conduct issues. Where you have a concern about a doctor, you should inform the doctor’s Responsible Officer at the doctor’s “designated body”, usually the Medical Director at the employing hospital for a secondary care doctor and the local NHS England office Responsible Officer for a GP. If you aren’t sure, it’s perfectly reasonable to approach your own RO; this is Dr Elizabeth Mearns, Medical Director at the Wessex local office, or one of her team.

Deciding what to do

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What happens when you raise a concern locally?

Details of your concern will be noted down. We follow an agreed NHS England set of policies and procedures for dealing with concerns about professionals http://www.england.nhs.uk/wp-content/uploads/2013/04/ipc-policy.pdf. In practice, many of the concerns and issues about GPs can be dealt with through informal local measures. This means that anyone reporting concerns can be confident that the action will be nuanced and proportionate to the issues raised.

If an issue is serious or pervasive, under the regulations, http://www.legislation.gov.uk/uksi/2013/335/made the doctor can be suspended from the performers list (stopped from working) during an investigation. However, in the vast majority of cases, an investigation proceeds while the doctor remains at work. It’s important to note that the principle of “innocent until proven guilty” always applies to the investigation of performance concerns about doctors – thus decisions to suspend doctors on the performers list or to limit their practice are neutral, non-punitive and taken on the basis of the need to protect patients pending investigation. The doctor concerned will be contacted and asked to respond to the concerns raised. He or she will be given an opportunity to view any records or evidence, comment on the investigation and correct any material inaccuracies. NHS England’s policies and procedures mean that the investigation report is considered by a trained Panel and a decision is made on appropriate action. Sometimes, the concern raised will warrant a referral to the GMC and if this is the case, the doctor is advised accordingly. More information on these governance arrangements can be accessed through the web link provided above.

As a designated body, NHS England South – Wessex local office will keep records of any concerns or issues relating to GPs on the performers list. We have retained the records previously kept by the PCTs. This means that a concern can be viewed in context to check whether it is part of a pattern or an isolated incident.

At every stage in the process, it’s always possible to decide that no further action needs to be taken – there is no “juggernaut” set running which will inevitably seriously affect someone’s career when they’ve just had a bad day or made a simple error!

What to do if a response is inadequate

Unless you are the doctor’s employer or partner, or the doctor gives consent, we are not usually able to share the outcome with you. However, we can share the detail of our processes. What we will be able to give you is the assurance that you have shared your concern.
appropriately and that it’s now the responsibility of the NHS England South – Wessex local office to ensure this is progressed.

Your GMC duty and the Francis Report recommendations unfortunately go beyond simply a one off email to your friendly local medical director. You have to seek assurance that action is being taken. This is difficult within the necessary constraints of confidentiality under which we operate to give people a fair hearing. If you are unhappy that action has not been taken, you should seek further advice and support from the LMC and your medical defence body or from the NHS England South – Wessex Director of Commissioning Operations, Dominic Hardy.

What to do if there are concerns about your own professional practice
This is always distressing and difficult. You should seek advice from your medical defence body and from the LMC. Both of these bodies are able to offer you a confidential listening ear. It’s usually a good idea to be sure that someone in your workplace – a partner, manager or colleague is aware that you are dealing with an issue, although on occasions this may not be possible or advisable. You do need to respond promptly to requests for information. Sticking your head in the sand and hoping it will all go away really isn’t a sensible approach! You are entitled to have a friend or supporter attend any meetings with you. If you think that your case is not being handled fairly you can raise your concern via the LMC or with NHS England South – Wessex Director of Commissioning Operations.

LEARN MORE
The GMC has an on-line tool which takes you through the process for raising concerns appropriately. http://www.gmc-uk.org/guidance/ethical_guidance/decision_tool.asp

USEFUL CONTACT DETAILS
Dr Elizabeth Mearns, Medical Director and Responsible Officer liz.mearns@nhs.net
Manda Copage, Assistant Director Revalidation and Performance manda.copage@nhs.net
Revalidation and Performance Team Englandwessexpcp@nhs.net
LMC office@Wessexlmcs.org.uk Tel: 02380 253874
General Medical Council Practise@gmc-uk.org Tel: 01619239399
NCAS casemanagement-s@ncas.nhs.uk Tel: 02079722999

Key messages – 60 second summary
• If you have concerns about another healthcare professional or patient safety you must raise them
• Not raising concerns can put your own career at risk
• You do not have to be certain that there is a problem with a colleague; a strong suspicion is enough
• The Medical Director and Responsible Officer (RO) for NHS England South (Wessex Local Office) is Dr Elizabeth Mearns – liz.mearns@nhs.net
• Liz is responsible for ensuring concerns about doctors and other health professionals are addressed and ensuring concerns about quality and safety in other health care settings and providers are passed on and dealt with properly
• A member of Liz’s team will always be available to provide help and advice if you need it
• You can get advice and support confidentially from your medical defence body and the Local Medical Committee (LMC) or the National Clinical Assessment Service (NCAS)
• You may also raise concerns directly with the General Medical Council (GMC)
• Often concerns about doctors can be dealt with locally through a developmental approach whilst allowing the doctor to continue working
• And finally if concerns are raised about you, you can seek advice and support from the LMC and your medical defence body. You are entitled to be treated fairly and proportionately.