Quality:MK project

A whole system approach to improving health care in Milton Keynes driven by primary care, patient engagement and evidence-based practice.
Quality:MK project

A whole system approach

E-B practice
Bright ideas

Evidence-based service redesign
Clinical pathways

E-B practice
Journal clubs

Patient engagement

Clinical engagement

Quality improvement

Patient empowerment
Complex patients

Diabetes
Smoking cessation
Weight management
Alcohol: brief interventions
Mild – moderate depression
Dyspepsia

Carpal tunnel syndrome

Working with the evidence

20/5/2008 Taunton
Supporting evidence based clinical discussion groups in primary care
Evidence based clinical discussion cycle

- Clinicians
- PCT/ health:mk
- Patients
- Questions
- Specific answerable question
  - Review action plans
  - Track down best evidence
  - Journal Club
    - Critically appraise the evidence
    - Apply the evidence to current practice
  - Implement & audit
    - Action plan
What do we do?

- Searches
- Get the articles and distribute them
- Prepare ourselves by reading the articles
- Participate in the meeting in the practice
- Guide the discussions
- Write up a draft CAT
- Check actions carried out
- Cajole and persuade them
Toolkit

- Leaflet
- Core resources for Evidence based medicine
- Critically appraised topic templates
  - Randomised controlled trials
  - Reviews
- Search request forms
- Search result forms
Evidence based clinical discussion groups

- established within 4 practices during 2007 and 1 earlier this year
  - 25 meetings held
  - 2 more practices interested

- Within PCT managed services
  - 4 teams
  - 9 meetings held since Nov. 07
  - Involved with S&LT pre-existing clinical review group
What have been the outcomes in practice?

- Delayed prescribing for ear infections in children
- Rosiglitazone for diabetes
- Thermometers used with newborns
- Champix – new stop smoking drug therapy
- Prophylactic Human papillomavirus vaccine
References


Questions?

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