## Academic Foundation Programme Job Description

<table>
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<tr>
<th>Academic Foundation Programme Title</th>
<th>Psychiatry</th>
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<tr>
<td>Employing Trust</td>
<td>University Hospitals Southampton NHS Foundation Trust</td>
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| Department                          | Clinical & Experimental Sciences academic unit  
University Department of Psychiatry  
Academic Centre, College Keep, Southampton |
| Commencement Dates                  | August, December, or April |
| Educational Supervisor              | Professor David Baldwin  
Email: [D.S.Baldwin@soton.ac.uk](mailto:D.S.Baldwin@soton.ac.uk)  
Tel: 02380 718520 |
| Clinical Supervisor                 | To be confirmed |
| Administrative Contact              | Carole Evans  
Email: [ce1v11@soton.ac.uk](mailto:ce1v11@soton.ac.uk)  
Tel: 02380 718520 |
| Main Educational Opportunities      | Academic trainees will meet with their academic supervisor during their F1 year to discuss the specialties and research opportunities available to them and will select a project/specialty in which to conduct his/her academic training. |
|                                      | - Carry out supervised clinical work in Psychiatry for three days each week with exposure to home treatment, outpatient, inpatient and community clinical services.  
- Attend team meetings on current research projects in Psychiatry, and assist with projects where possible and appropriate.  
- Be introduced to NHS research funding arrangements and requirements, including tracking sample ethics submissions  
- Attend Clinical and Experimental Sciences Academic Unit research seminars.  
- Carry out a review of the literature or a supervised audit in a chosen topic.  
- Write up the project for publication in a peer-reviewed journal.  
- Present the completed project at a peer-reviewed conference.  
- Contribute to undergraduate medical student teaching in Psychiatry, if possible and appropriate. |
| Formal Teaching Programmes          | Generic research skills training provided by the R&D Support Unit and the Wellcome Trust Clinical Research Facility, at Southampton General Hospital |
(10 half day sessions). This course will enable F2 trainees:

- To gain an overview of the scope of clinical research
- To learn about research methods and their appropriate application
- To learn about sources of knowledge and knowledge management
- To learn how to form research questions
- To learn how to critically appraise research
- To master elementary statistics and understand their application to research
- To understand the sources of funding for research and financial management of research
- To understand the ethics of research, consent and confidentiality
- To understand how research is regulated and governed.

Between sessions participants will be expected to develop their own research projects involving the:

- Generation of research questions
- Design of research protocols
- Financial aspects of research
- Navigation through ethics and the regulation of research.

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<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>a.m.</td>
<td>Supervision</td>
<td>Case conference Evidence-based Journal Club</td>
<td>Interview selected inpatients</td>
<td>Research morning</td>
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<tr>
<td>p.m.</td>
<td>Research afternoon (literature review/ project)</td>
<td>Outpatient clinic</td>
<td>Ward review CNS seminars</td>
<td>Community visits (Home treatment/ Assertive outreach)</td>
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TIMETABLE (indicative)
OUT OF HOURS / ON CALL:

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<tr>
<th>Hours Worked</th>
<th>Work Pattern:</th>
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<td></td>
<td>Will be undertaken on the appropriate rota for the Antelope House (Department of Psychiatry), on the Royal South Hants Hospital site in Southampton, if this fits in with trainee needs.</td>
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Further Information

The aim of this placement is for the trainee to experience research and teaching in the University Department of Psychiatry, to encourage an interest in research, and to provide the basis for a possible future career in academic psychiatry. Psychiatry in general and academic psychiatry in particular, is a shortage specialty and it is anticipated that there will need to be considerable growth in capacity for clinical research in this area for effective translation of discoveries from basic neuroscience into clinical practice. As a result, this is a particularly exciting time for academic psychiatry. The Psychiatry Group is part of the Faculty of Medicine Clinical and Experimental Sciences Academic Unit.

The University Department of Psychiatry, which is the principal focus for clinical research in adult general psychiatry, has its main base at the Academic Centre in College Keep in central Southampton. The Department has research interests in six main themes: mood and anxiety disorders, psychopharmacology, neuropsychology, dementias, alcohol use disorders and the application of psychological treatment in psychosis. In addition there is a programme of work in child and adolescent mental health. The group has strong research links with Psychology and Primary Medical Care, and with other Schools including Biology and Nursing. The already strong profile in epidemiological and health services research is being augmented with increasing work in basic neuroscience. A number of previous trainees have progressed to research training fellowships and have completed higher degrees over the past 5 years.

Clinical and research supervision will be provided by members of the Clinical Group (Prof. D Baldwin, Prof. D Kingdon, Prof. C Holmes, Dr J Sinclair) in accordance with the wishes of the trainee and availability of appropriate experience.

Please see the Clinical & Experimental Sciences academic unit web page at: [http://www.southampton.ac.uk/medicine/academic_units/academic_units/clinical_experimental_sciences.page](http://www.southampton.ac.uk/medicine/academic_units/academic_units/clinical_experimental_sciences.page)