A professional development programme designed for and by you

For doctors in training and new consultants (ST1/CT1 to CCT+2)

Create your own professional identity as a leader, and communicate with authenticity and impact

A new NHS Leadership Academy supported, flexible programme delivered through five one-day sessions over 2-3 years

‘Language of Leadership – Leadership Essentials’ (first event January 2019) is a compulsory one-day introduction to the programme, which includes thinking about how communication shapes team culture, and the impact of the leader’s language and communication style on team performance.

This day is followed by a minimum of four of the following modules (module dates are offered at ‘Language of Leadership - Leadership Essentials’):

**ST1-3 and CT1-3**
Module 1: Is it Just me? Working with Different Personality Types
Module 2: Playing to your Strengths
Module 3: Challenging Situations and Difficult Conversations
Module 4: Personal and Team Resilience

**ST3 to CCT+2**
Module 5: Communicating with Assertiveness
Module 6: Giving and Receiving Feedback: Creating a No-Blame Culture
Module 7: Delegating without Abdicating
Module 8: Sustainable Change Management

All days will begin with registration from 9:30am (to start promptly at 10am) and finish at 4pm

For further information on this programme and to book a place on the ‘Language of Leadership – Leadership Essentials’ please visit [www.coursesandconferences.org.uk](http://www.coursesandconferences.org.uk)