Supporting Patients with Anxiety to Communicate

Future of the project

There are multiple areas where this project can be expanded to increase the levels of support and increase clinician knowledge.

- An accredited CPD certificate for clinicians to show training via a study day or an online package, to boost confidence amongst clinicians in caring for patients with Anxiety.
- A mobile application for patients using the wristband to ‘see’ how many clinicians are ‘anxiety aware within the setting they are about to enter with the possibility to messages these clinicians.
- An anxiety tool kit, which would be made available both in inpatient and outpatient hospital settings. This kit would include aids to ease anxiety such as stress balls and motivational cards.

Who we are

We are a team of third year HSS students at Bournemouth University. As part of our final year we undertake an interprofessional Service Improvement Project (SIP). Our project focuses on Clearing The Fog - enabling patients with anxiety to be visible to clinicians and for their care to be individualised accordingly.

Design

Our logo is based around the concept of a lighthouse, shining a light and clearing the fog. For clinicians to be visible to patients they would wear a lighthouse pin badge to make them identifiable to patients. Patients will have access to rubber wristbands making them identifiable to clinicians. Also available would be posters and leaflets placed in both clinical and patient areas complete with information about the scheme and where to find the necessary merchandise.

If you are interested in supporting our project or would like more information please contact us at; sipanxietytoolkit@live.bournemouth.ac.uk