# University Hospital Southampton NHS Foundation Trust

| Address | University Hospital Southampton Foundation Trust (UHS)  
Tremona Road  
Southampton  
SO16 6YD  
02380 777 222  
www.uhs.nhs.uk |
|---|---|
| **The Trust and Hospital** | University Hospital Southampton NHS Foundation Trust (UHS) provides local hospital services to some 1.9 million people living in Southampton and south Hampshire and specialist services such as neurosciences, cardiac services and children's intensive care to more than 3.7 million people in central southern England and the Channel Islands.  
The Trust is also a major centre for teaching and research in association with the University of Southampton and partners including the Medical Research Council and Wellcome Trust.  
We gained Foundation Trust status in 2011. |
| Size of Hospital | 1372 bed hospital |
| **No of Foundation Trainees (currently)** | 57 FY1  
58 FY2 |
# Foundation Programmes

The Two year **Foundation Programme** at UHS comprises a series of placements in a variety of specialties and healthcare settings as well as the opportunity for some doctors to experience working with academic teams. Learning objectives for each stage will be specific and focused on demonstration of clinical competencies.

The learning objectives for **Foundation Year One (FY1)** are set by the General Medical Council. At the end of the first year of the Foundation Programme doctors are able to register with the General Medical Council (GMC) if their practice has achieved the required standard.

The Foundation years encompass team working, the use of evidence and data, time management, communication and IT skills, although the main focus of training will be the assessment and management of the acutely ill patient.

**Foundation Year 2 (F2)** rotations have been created to allow access to specialties that may not necessarily have been offered up previously to junior doctors at this level, such as Max Fax and General Practice.

Both years will have a dedicated Educational Supervisor.

Day to day advice and support is always available from the Foundation Programme Office.

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<th>Teaching Programme /Educational Sessions</th>
<th>All the trainees in the Foundation Programme attend eight whole-day monthly protected teaching sessions spread over the year. In addition to:</th>
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| **FY1**                                 |  - ALS  
|                                         |  - Intensive Clinical Skills Teaching  
|                                         |  - Prescribing Tutoring – on line  
|                                         |  - Consent Training  
|                                         |  - SIM MAN Scenarios  |
| **FY2**                                 |  - Coaching and advice on further training applications and interview techniques  |

Both years will undertake audits as part of their e portfolio process. Advice and support on the e portfolio process is available from the Foundation Programme Office, Heartbeat Education Centre, North Wing.
### Study Leave and Taster Opportunities

| Study Leave and Taster Opportunities | FY2 15 days and £400 budget  
Taster Sessions available for FY1 and FY2 years |

### Careers Advice

| Careers Advice | This is provided by Speciality Tutors. |

### Foundation Programme Director(s)

| Foundation Programme Director(s) | Dr Liz Donavan – Director of Medical Education  
Mr Michael Kiuber – Foundation Programme Director – FY1 Lead  
Dr Catherine Akerman - Foundation Programme Director - FY2 Lead |

### Staff Restaurant Facilities

| Staff Restaurant Facilities | Costa- Main Entrance  
M&S – Main Entrance  
WHSmith- Main Entrance  
Main Restaurant ’The Spice of Life’ – B Level  
Coffee Shop - A Level, SAB  
League of Friends coffee shop–F Level, West Wing and Main Entrance. |

### Doctor’s mess

| Doctor’s mess | Doctors Mess forms available – details on request  
sghdoctorsmess@gmail.com  
There is a very active Mess programme with lots of subsidised events and a well-supported rest area. |

### Local Amenities

| Local Amenities | Southampton Sports Centre – Great for team sports such as Netball, Football and Hockey.  
David Lloyd Fitness Centre , Pure Gym, Easy Gym and The Gym are just some examples of local Gymnasiums.  
The Quays Swimming Pool.  
New Forest & beaches nearby.  
Numerous Bars and Restaurants in the City.  
Theatre and Music Venues.  
West Quay Shopping Centre.  
Southampton Football Club. |

### Contacts

| Contacts | Foundation Programme email address:  
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