Isle of Wight NHS Trust

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St Mary’s Hospital
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Website
http://www.iow.nhs.uk/

The Trust and Hospital
Isle of Wight NHS Trust

St. Mary’s Hospital:
St. Mary’s Hospital provides a full range of services associated with a typical District General Hospital for the Isle of Wight, with a population of approximately 132,000 people this almost doubles during summer months.

The hospital provides a range of core services including General Medicine with special interests in Gastroenterology, Diabetes, Respiratory, Cardiology, Rheumatology, Rehabilitation and Elderly medicine; Dermatology; General Surgery, with special interests in Breast, Vascular, Gastrointestinal tract; Urological Surgery; ENT; Ophthalmology; Orthopaedics, Obstetrics, Gynaecology and Paediatrics. It has a 24-
hour Accident and Emergency Department, a 20 bedded Medical Acute Admissions Unit and supporting diagnostic, Physiotherapy and Occupational Therapy facilities. In addition, the hospital has a 7 bed ICU and 8 bed CCU with 12 step-down beds. A CT Scanner and MRI Scanner augment the diagnostic facilities complete basic Diagnostic Imaging facilities provided by the Radiology Department.

The Pathology Service offers a comprehensive diagnostic service, and additionally clinical services are provided in Haematology, Metabolic Medicine, General Endocrinology, Dyslipidaemias and Osteoporosis. The Microbiology department provides a rapid turnaround for routine culture results and also Chlamydia EIA/IF, HIV & Hepatitis B screen. There is also a Consultant Microbiologist who provides clinical liaison and also works closely with colleagues in Microbiology & Virology at Portsmouth.

Visiting mainland consultants provide additional services in Radiotherapy, Neurology, Renal Medicine, Plastic Surgery, Urology, Vascular Surgery, Otology, Rhinology, Paediatric Orthopaedics, Oncology, Genetics, Paediatric Cardiology, Paediatric Neurology, Paediatric Surgery, Specialist Endocrinology and Learning Disabilities. The hospital has developed close links with mainland units to provide clinical facilities within these specialities.

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<th>Size of Hospital(s)</th>
<th>The Trust has approximately 211 beds including rehabilitation. This does Mental health.</th>
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| No of Foundation Trainees | 22 x Foundation Year 1  
21 x Foundation Year 2 |
| Allocation process  
*F1* | Based on applicant scores achieved during the national application process and expressed order of preference of rotation; Wessex Foundation School allocates all foundation doctors to a 1 year rotation prior to the start of the Foundation Programme. |
| Allocation process  
*F2* | Following the F1 – F2 matching process, the trust allocates F2 rotations. Candidates are asked to rank their rotations in order of preference; they are then interviewed by the Foundation Programme Director and allocated rotations accordingly. |
### Foundation Programmes

**FY1:**
3 x 4 months - Medicine/ Surgery/Orthopaedic/Urology/Psychiatry/GP

“Study Days” to include:
- Essential Surgical Skills
- Advanced Clinical Skills
- AIM
- Interview Skills Workshops

**FY2:**
3 x 4 months: acute / speciality / community

Rotations include:-
- GP/A&E/Orthopaedics& Trauma/ICU/Medicine/ Surgery/ GP/Psychiatry/Urology/A&E

### Teaching Programme /Educational Sessions

**Core Teaching programme**
These meetings are held each Monday lunchtime in the Lecture Theatre, protected teaching for FY1 doctors. A complimentary lunch is provided (e.g. Prescribing, The critically ill patient, Writing a discharge summary, Chest Pain, IV Fluid management, record keeping etc) FY2 monthly teaching on a Thursday afternoon, as well as being able to attend the 2 day ALS course held each spring/autumn. Trainees are expected to attend 75% of the training sessions provided. We also run evening sessions for F1/F2 in Essential Surgical Skills, Career Updates and Interview Skills Workshops.

**FY2 Teaching programme**
Monthly teaching sessions protected for FY2 doctors

**Medical Teaching**
Wednesday afternoon
Clinical Audit/Morbidity/Mortality
Core medical training curriculum
Xray/Cardiology Teaching

**Orthopaedic Teaching**
Thursday afternoon

**Surgical Teaching**
X-Ray/Journal Club/Audit and Ward teaching

**Psychiatry Teaching**
Wednesday afternoon
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<th>Information events / Open days for potential applicants</th>
<th>The Trust supports and participates in Health Education Wessex Career fairs, including the Foundation Welcome event, further information can be found at <a href="http://www.wessex.hee.nhs.uk">www.wessex.hee.nhs.uk</a>. We are able to arrange visits by appointment. Please contact 01983 534231.</th>
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<td>Foundation doctor forums</td>
<td>Wessex Foundation School encourages foundation doctors to contribute to, and participate in local forums: St Mary’s Hospital have a very active Junior Doctor Mess and they have a social forum for all to join to see what activities are being held locally. Mess President are invited to attend the Medical Education Committee which occurs bi monthly. Additionally, there are national forums conducted by the UKFPO.</td>
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<td>Educational and Clinical supervision</td>
<td>An educational supervisor is allocated to each foundation doctor for the full two years of their Foundation Programme to maintain an overview of development and progress of the doctor within the training programme. A clinical supervisor will be allocated for each placement within the rotation.</td>
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<td>Flexible training (Less than full time)</td>
<td>Information regarding Less Than Full Time Training can be found on the Wessex Deanery website: <a href="http://www.wessexdeanery.nhs.uk/quality_management__policies/policies_and_procedures/less_than_full_time_training.aspx">http://www.wessexdeanery.nhs.uk/quality_management__policies/policies_and_procedures/less_than_full_time_training.aspx</a></td>
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| Study Leave and Taster Opportunities | Study leave is permitted during the F2 year and is not available during F1. We encourage F2s to arrange career “taster” sessions in the first 6 months of their F2 year  
- Educational Supervisor  
- “Good Level Supervision / input”  
- Regular Appraisal and assessments using ePortfolio  
- AIM / ALS / ATLS  
- Resuscitation training courses  
- Essential surgical skills  
- FY2 study leave £400 per annum |
| Careers Advice | Dr Oliver Cramer/Dr Maria Lynch |
| Awards                                                                 | • Clinical Presentation Prize  
|                                                                      | • Clinical Audit Prize  
|                                                                      | • Clinical Educator of the Year  
| Foundation Programme Director(s)                                    | Dr Maria Lynch  
| Education Centre Facilities                                        | • Comprehensive Library with 24 hour access and IT facilities  
|                                                                      | • Clinical Simulation Suite  
|                                                                      | • Lecture Theatres  
| Terms and Conditions of employment                                 | The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time. Current copies of these terms and conditions can be viewed on [www.nhsemployers.org](http://www.nhsemployers.org). All offers of employment are made subject to the usual pre employment checks, including the receipt of two satisfactory references, CRB/police certificate, GMC registration with a licence to practice and occupational health clearance.  
| Rotation information                                                | Full information about the rotation, location and content of placements is given in an accompanying document.  
| Induction / shadowing                                               | All F1 doctors are required to undertake a mandatory induction/shadowing week prior to commencing the actual F1 rotation.  
| Start date                                                          | Traditionally the first Week in August – excluding shadowing period for FY1.  
| Salary                                                              | The salary scale is in accordance with the current national rate and placement within the scale and will be in accordance with previous reckonable service. The pay scales can be viewed on [www.nhsemployers.org](http://www.nhsemployers.org)  
| Annual leave                                                        | F1 doctors are entitled to 27 days annual leave each year, plus bank/public holidays. If a foundation doctor works any part of a bank holiday they are entitled to an additional days leave in lieu. Annual leave must be split equally across the placements. The individual directorates will inform the foundation doctor of any specific restrictions on when they can take leave. The foundation doctor is required to book their leave at least 6 weeks in advance. |
| **Visa/Work permits /Leave to remain** | Currently some applicants may be considered before others on the basis of immigration status, in accordance with guidance from the UK Border Agency. For further information please see the attached link: www.ukba.homeoffice.gov.uk. |
| **Accommodation and Charges** | The accommodation for the Trust is provided by Western Challenge Housing Association. Newly built onsite accommodation consisting single en-suite rooms with shared kitchen and lounge £477.50 per month, inclusive of utility bills. |
| **Staff Restaurant Facilities** | The Full Circle restaurant is situated within the main hospital. Hot meals are served at the following times: Breakfast 0730 to 1030hrs Lunch 1200 noon to 1500hrs Evening Meal 1730 to 1900hrs **Light snacks are available between 0700 to 1900 hrs** |
| **Doctor's mess** | On site Drs Mess, includes TV, games room, barbeques and regular social events |
| **Local Amenities** | The hospital is situated within close proximity to Newport, the Islands county town. It has the Islands biggest shopping centre including a multiplex cinema, nightclubs, fast food, fine restaurants, superstores, arts centre, football and cricket grounds and leisure centre. The Island is surrounded by beautiful beaches and coastal towns which are all easily accessible by bus or car. There is a strong music scene on the Isle of Wight as it plays host to two award winning festivals. The Isle of Wight Festival takes place in early June, while Bestival is held in September, both in the Newport area. Cowes is one of the world's greatest yachting towns, Cowes Week is held in the first week of August with almost 1,000 yachts and 8,500 sailors. |
| **Contacts** | **Foundation Programme Director**
Dr Maria Lynch
01983 534518
maria.lynch@iow.nhs.uk |
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<tr>
<th>Position</th>
<th>Name</th>
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<td>Medical Education Manager/Centre Manager</td>
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<td>Accommodation Enquiries.</td>
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