<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Acute Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The team consists of 2 dedicated acute medicine consultants as well as 5 consultant with part of their time in acute medicine, 1 F2 and currently 3 F1s. There are also 2 very supportive nurse practitioners. The acute medicine unit (Ilchester) has 25 beds and an assessment area. An increasing proportion of patients are managed in an ambulatory fashion to avoid admission.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>All F1 doctors are ward based during normal working hours. There is a morning handover meeting at 0830 every mornings when the take patients are triaged to the appropriate specialty and the night team handover to day staff. Ward rounds occur in the morning and there is a strong consultant presence. Duties expected of the F1 include:</td>
</tr>
<tr>
<td></td>
<td>- Clerking new patients when on call</td>
</tr>
<tr>
<td></td>
<td>- Attending ward rounds</td>
</tr>
<tr>
<td></td>
<td>- Sorting out ward lists</td>
</tr>
<tr>
<td></td>
<td>- Prescribing safely</td>
</tr>
<tr>
<td></td>
<td>- Core procedures: venepuncture, ABG’s, cannulas, catheters</td>
</tr>
<tr>
<td></td>
<td>- Supervision and training on ascitic drain and LPs, as well as opportunities to watch pleural aspiration and central line insertions</td>
</tr>
<tr>
<td></td>
<td>- Attending teaching sessions for CPD</td>
</tr>
<tr>
<td></td>
<td>- Communicating with relatives</td>
</tr>
<tr>
<td></td>
<td>- Participating in the education of medical students</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Dorset County Hospital – Ilchester</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Paul Andrews/Dr Adeel Ghaffar</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The F1 doctor is responsible for ensuring the list is up to date in preparation for ward rounds. They are also expected to make thorough and legible entries into patient records during ward rounds.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>Mon-Fri: 0815-1800</td>
</tr>
<tr>
<td></td>
<td>On call weekdays: 1 in 16</td>
</tr>
</tbody>
</table>
### Placement

**F1 – Adult Psychiatry**

**The department**
- Psychiatry: Linden Unit and Crisis Recovery Home Treatment Team
- Rotation: Dorchester Hospital Foundation Programme.

The Linden Unit is a 16 bed acute general adult psychiatric admission ward in Weymouth. The average length of stay for patients is between 2-4 weeks.

The Crisis Recovery Home Treatment Team is a large multi-disciplinary team providing a crisis home treatment service 24 hours a day as an alternative to Inpatient care. The Team acts as the gatekeeper for all In-patient admissions to acute mental health beds for people over the age of 18 residing in West and North Dorset. It acts as a single point of contact for all queries/ referrals from professional agencies as well as calls from users & carers (via an Out Of Office Hours nurse service).

The F1 Doctor will be based primarily on the Linden Unit and will have two sessions of working with the Crisis Recovery Home Treatment Team. The post holder will provide medical backup along with Specialty/Associate Specialist grade doctors and the Consultant Psychiatrists in the teams. The Crisis Recovery Home Treatment Team is based at The Forston Clinic near Dorchester.

**The type of work to expect and learning opportunities**

The overall educational objectives are to provide the trainee with the knowledge, skills and attitudes to deal with patients presenting with psychological or behavioral problems associated with severe mental disorders. They would be expected to:

- Assess new admissions by taking direct/collateral history, carry out mental state examinations and clerk in new admissions,
- Undertake physical examination of the inpatients and request appropriate investigations (inc. arranging scans, doing ECGs, liaising with GPs, managing straight forward physical conditions, arranging ECT etc.).
- Learn to Prescribe psychotropic drugs safely under Supervision
- Communicate effectively with the patients, relatives and colleagues within the multidisciplinary team and the Community Mental Health Teams.
- Keep an accurate and relevant medical record electronically
- Manage time and clinical priorities effectively
- Use evidence based treatment and/or guidelines when treating patients
- Understand legal and ethical issues in relation to the management of detained patients.
- Opportunity, for a session to manage list and administer ECT and manage the organization of the treatment (explained at Induction)
- Opportunity to be involved in clinical audits
- Opportunity to attend Mental Health Review Tribunals and professionals meetings (planning discharge and management of patients).

The F1 Trainee will provide medical backup to the Home Treatment Team assessing & re-assessing the patients under the team’s care. There are extensive opportunities to manage acutely ill patients, formulate & execute multi-disciplinary care plans. The F1 Doctor, if interested, can perform home visits and carry out assessments in the community with staff from the Home Treatment Team.

The Trainee will not be on the out of hours on call rota.

The Trainee is expected to attend and contribute to the inhouse Education programme for Psychiatry Trainees. There is the opportunity to be involved in Training in Psychotherapy.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>The Linden Unit, Radipole Lane, Weymouth, DT3 0QE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Paul Walters, Consultant Psychiatrist will provide weekly Clinical Supervision.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The F1 doctors will be responsible for assessing and managing the physical and mental health of new admissions and the day-to-day care of inpatients on the Linden Unit, and patients in the Home Treatment Team; to attend the scheduled ward rounds as part of the multi disciplinary team and learn about the aetiology, diagnosis and treatment of Mental Disorders.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>Typical working pattern in this post:</td>
</tr>
<tr>
<td></td>
<td>Daily/weekly/monthly (if applicable)</td>
</tr>
<tr>
<td></td>
<td>Mon: Linden Unit Ward round (am) / Linden Ward work (pm)</td>
</tr>
<tr>
<td></td>
<td>Tues: ECT List/Linden unit Ward Round (am)</td>
</tr>
<tr>
<td>Time</td>
<td>Activities</td>
</tr>
<tr>
<td>-------</td>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>Mon</td>
<td>No scheduled activities</td>
</tr>
<tr>
<td></td>
<td>Teaching 12.15- 330pm</td>
</tr>
<tr>
<td></td>
<td>/ Ward work (pm)</td>
</tr>
<tr>
<td>Wed</td>
<td>CRISIS Team Community Work (am and pm)</td>
</tr>
<tr>
<td>Thurs</td>
<td>Linden Unit Ward round (am) / Linden Unit Ward work (pm)</td>
</tr>
<tr>
<td>Fri</td>
<td>Linden Unit Ward round (am) / Linden Unit Ward work (pm)</td>
</tr>
</tbody>
</table>

**On call requirements:** No out of hours on call

<table>
<thead>
<tr>
<th>Employer information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dorset Healthcare University Foundation Trust is the provider of specialist mental health, learning disability and community health care in the whole of Dorset. The Trust has been a Foundation Trust since 2007, became a University NHS Trust in 2010 linked to Bournemouth University and provide a full range of acute secondary services and community care to a population of over half a million people. The Trust is committed to the integration of physical, mental and social services together with innovation and continuous quality improvement.</td>
</tr>
</tbody>
</table>

It is important to note that this description is a typical example of your placement and may be subject to change.
<table>
<thead>
<tr>
<th>Placement</th>
<th>F1- Psychiatry</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>West Dorset Child and Adolescent Mental Health Service (CAMHS).</td>
</tr>
</tbody>
</table>

This is a community, multidisciplinary team, which includes psychiatry, psychology, O.T., nursing, family therapy, social worker and support worker time. The team provides community mental healthcare for children under 18s.

<table>
<thead>
<tr>
<th>The type of work to expect and learning opportunities</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>This post will enable the post holder to gain skills, knowledge and attitudes needed to assess and manage common psychiatric presentations and neurodevelopmental disorders seen in children and adolescents. There will also be experience in the crisis management and risk assessment of young people who self-harm.</td>
<td></td>
</tr>
</tbody>
</table>

There will also be opportunities to work with community paediatricians, the children’s CAMHS LD team, and Early Intervention in psychosis services.

<table>
<thead>
<tr>
<th>Learning opportunities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• To acquire skills in assessing young people following an episode of self-harm, including risk assessment, and in planning their short term management.</td>
</tr>
<tr>
<td>• To become familiar with psychiatric/psychological presentations seen in children and young people.</td>
</tr>
<tr>
<td>• To acquire knowledge regarding children’s development in emotional, cognitive, physical and functional spheres, and skills in discerning the significance of symptoms presented in relation to developmental stages.</td>
</tr>
<tr>
<td>• To gain specialist knowledge in the prescribing of psychotropic drugs to under 18s.</td>
</tr>
<tr>
<td>• To acquire communication skills and knowledge required to assess young people and their families.</td>
</tr>
<tr>
<td>• To acquire skills in liaising with staff from other disciplines and other agencies (e.g. Social care, education) in order to best meet the needs of children and young people with mental health and neurodevelopmental difficulties.</td>
</tr>
<tr>
<td>• To have exposure to conversations about Safeguarding Children and young people.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>West Dorset CAMHS Children's Centre</th>
</tr>
</thead>
<tbody>
<tr>
<td>Damers Road</td>
<td>Dorchester</td>
</tr>
<tr>
<td>DT1 2LB</td>
<td></td>
</tr>
</tbody>
</table>

| Named Clinical Supervisor for the placement | Dr Alison McCowat, Consultant Child Psychiatrist. |
Main duties of the placement

Screening and Assessment of new referrals to CAMHS, initially jointly with another worker.

Consideration, and monitoring, of medication use in common conditions such as anxiety, depression and ADHD, using Clinical Management Plans.

Documenting and writing letters/reports re assessments carried out.

Brief audit.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Morning</th>
<th>Outreach Clinic-Bridport</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Afternoon</td>
<td>ASD assessments</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Morning</td>
<td>Clinic</td>
</tr>
<tr>
<td></td>
<td>Afternoon</td>
<td>Supervision</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Morning</td>
<td>Team meeting</td>
</tr>
<tr>
<td></td>
<td>Afternoon</td>
<td>LD CAMHS</td>
</tr>
<tr>
<td>Thursday</td>
<td>All day</td>
<td>Joint work with Crisis Worker</td>
</tr>
<tr>
<td>Friday</td>
<td>Morning</td>
<td>Clinic</td>
</tr>
<tr>
<td></td>
<td>Afternoon</td>
<td>Emergency work</td>
</tr>
</tbody>
</table>

Typical working pattern in this placement

Mon-Fri 9-5.

Employer information

Dorset Healthcare University Foundation Trust is the provider of specialist mental health, learning disability and community health care in the whole of Dorset. The Trust has been a Foundation Trust since 2007, became a University NHS Trust in 2010 linked to Bournemouth University and provide a full range of acute secondary services and community care to a population of over half a million people. The Trust is committed to the integration of physical, mental and social services together with innovation and continuous quality improvement.

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<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Cardiology</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The department consists of 4 consultants, 3 registrars, 1 CT, 2 F1s along with cath lab staff, echo technicians etc.</td>
</tr>
<tr>
<td>The dept has a cath lab: Mon – Fri 9-5. Pts needing primary PCI out of hours go to Bournemouth. There are plans for a second lab. Interventional cardiology is carried out at DCH but all surgical pts are sent to</td>
<td></td>
</tr>
</tbody>
</table>
There is a 6 bed CCU. Cardiology patients are also on Maud Alex Ward. Nursing staff are very experienced and supportive of juniors.

**The type of work to expect and learning opportunities**

Work is mainly ward based with juniors having the responsibility of ensuring patient lists are updated, forms are completed for echos, angiograms, pacemakers etc.

**Where the placement is based**

DCH: CCU, Maud Alex.

**Clinical Supervisor(s) for the placement**

Dr Iqbal, Dr Winterton, Dr Witherow, Dr Edwards

**Main duties of the placement**

- Each morning there is a ward round. The CCU ward round is done by a consultant each day. There is a consultant ward round of all of the patients 2 x per week, the rest of time the patients are then seen by either a Reg or CT. The consultants tend to do quite a lot of teaching on ward rounds. If there is time there are opportunities to see procedures such as a temp pacing wire insertion or to go to the cath lab.
- Cardiology patients admitted from clinics or repatriated from Southampton also need to be clerked
- There are then the days when you are on call which are the only days that you will experience general medicine.

**Typical working pattern in this placement**

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>8-5</td>
</tr>
<tr>
<td>Tues</td>
<td>8-5 (F1 Core teaching 13.00-14.00)</td>
</tr>
<tr>
<td>Wed</td>
<td>8-5 (Medical tutorial 13.00-14.00)</td>
</tr>
<tr>
<td>Thur</td>
<td>8-5</td>
</tr>
<tr>
<td>Fri</td>
<td>8-5</td>
</tr>
<tr>
<td>Sat</td>
<td>9-9 (if on the weekend)</td>
</tr>
<tr>
<td>Sun</td>
<td>9-9 (if on the weekend)</td>
</tr>
</tbody>
</table>

On cardiology F1s start at 8 to get everything ready ward round at 8.30.

**Placement**

<table>
<thead>
<tr>
<th>F1 - Endocrinology and Diabetes</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
</tr>
</tbody>
</table>

Dept of Endocrinology and Diabetes comprises of 4 Consultants; Dr Ghaffar, Dr Macklin, Dr Wong and Dr Wotherspoon. Dr Macklin covers the inpatients (Moreton Ward), with leave cover provided by the other three consultants. These three consultants undertake the bulk of their general medical work on the acute medical
The juniors allocated to the firm are: a specialist registrar with inpatient as well as outpatient duties, 1 core trainee, 1 FY2, and 1 FY1. Three diabetes specialist nurses help to provide inpatient diabetes specialty cover.

<table>
<thead>
<tr>
<th>The type of work to expect and learning opportunities</th>
<th>Ward-based placement in general medicine with oncalls in acute medicine. Ward duties inc. documentation at ward rounds, requesting investigations and procedures, discussion with microbiology, clinical assessments and ward cover. Opportunities for practical procedures inc. cannulation, ABGs, LPs. Diabetes &amp; endocrine specialty care &amp; dynamic testing. When on call opportunity to clerk in GP referrals.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where the placement is based</td>
<td>Moreton Ward, Dorset County Hospital, Dorset.</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr. Macklin (endocrinology consultant).</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Morning medical handover followed by mainly ward-based work during normal working day. Expected to attend the teaching programme designed for Foundation Programme.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>At least daily contact with consultant for review of new or ill patients. 2 full consultant ward rounds a week Mon: Consultant ward round am Tues: Post take ward round (13:00-14:00 F1 Core Teaching) Wed: Junior doctor ward round, ward cover &amp; education session (13:00-14:30 Medical tutorial) Thurs: Consultant ward round pm Fri: Junior doctor ward round On call requirements: 16 F1s on rota. Approximately 1 in 8 daytime weekends. Night shifts in 3 and 4 day blocks. (Frequency of 1 in 16)</td>
</tr>
<tr>
<td>Employer Information</td>
<td>Dorset County Hospital NHS Foundation Trust. The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and</td>
</tr>
</tbody>
</table>
It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Colorectal Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>There are 5 colorectal consultants who along with 2 SPRs, 1-2 SHOs and 3 F1s make up the colorectal team.</td>
</tr>
<tr>
<td>Consultant specialty in pelvic floor repair and in IBD.</td>
<td>As well as elective and emergency surgery the seniors also run endoscopy lists and clinics. As a Junior you are not required to do any of this but are of course welcome.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Ward rounds and caring for surgical patients pre and post operatively which are both acute and emergency admission.</td>
</tr>
<tr>
<td></td>
<td>Clerking new patients and liaising with colleagues, other specialities, GPs and other health care professionals.</td>
</tr>
<tr>
<td></td>
<td>Looking after ward patients out of hours. Opportunities to attend theatre and MDTs. Learning on the job from a big team.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Lulworth &amp; Abbotsbury wards at Dorset County Hospital</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Mr Lamparelli, Mr Talwar.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Preparing patient lists, partaking in ward rounds, completing any jobs, requesting and arranging investigations and clerking in patients when on call. Liasing with senior colleagues. Prescribing safely. Clinical skills including cannulas, catheters, and suturing.</td>
</tr>
<tr>
<td></td>
<td>Occasionally cover other surgical teams including vascular, upper GI, breast and Urology.</td>
</tr>
<tr>
<td></td>
<td>The FY1 in the day is responsible for scribing on the ward round and carrying out the jobs generated on it. F1s are occasionally asked to assist in theatre. F1s deal with ward requests e.g. reviewing medication, rewriting drug charts, speaking</td>
</tr>
</tbody>
</table>
to patients and families. When on call F1s clerk in patients during the day and 5-8pm involves ward cover and jobs handed over by the day team.

At 8.00am and 8.00pm there is a handover meeting for all those beginning and ending on call shifts.

<table>
<thead>
<tr>
<th>Typical working pattern in this placement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</td>
</tr>
<tr>
<td>Daily/weekly/monthly (if applicable)</td>
</tr>
<tr>
<td>Mon: 8-5 ward work</td>
</tr>
<tr>
<td>Tues: 8-5 ward work plus F1 Core teaching 1-2pm / MDT</td>
</tr>
<tr>
<td>Wed: 8-5 ward work plus Medical tutorial 1-2/3pm</td>
</tr>
<tr>
<td>Thurs: 8-5 ward work</td>
</tr>
<tr>
<td>Fri: 8-5 ward work</td>
</tr>
<tr>
<td><strong>On call requirements:</strong></td>
</tr>
<tr>
<td>about one day a week and one weekend a month</td>
</tr>
</tbody>
</table>

**Placement** | **F1 – Elderly Care Medicine**

<table>
<thead>
<tr>
<th>The department</th>
<th>2 Acute medicine elderly care wards (and one dedicated stroke ward). 5 consultants are distributed on the wards and cover the take of medical elderly patients each morning.</th>
</tr>
</thead>
<tbody>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>FY1 working with the team on the ward, independent ward rounds and large amount of responsibility on the ward. FY1 take part in the daily ward round and complete the medical notes for the patient. During the rest of the day they complete the jobs for each patient on the ward. Post take ward rounds are completed by each consultant in the week. During on-call weekends/weeks FY1’s clerk patients on Acute admissions unit and when it turns to out of hours cover work on all medical wards across the hospital. They have the opportunity to clerk acute medical patients and take part in their ongoing care. Ward cover involves completed jobs required for patients such a practical procedures, prescribing medications and reviewing those who may be deteriorating or require medical care.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Barnes Ward &amp; Day Lewis ward, Dorset County Hospital</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Bruce-Jones, Dr Proeschel, Dr Jenkinson, Dr Sixsmith, Dr Richards.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds, reviewing and treating ill patients, requesting investigations, core procedures, discharge planning and liaising with relatives, working with physios and OTs.</td>
</tr>
</tbody>
</table>
### Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

<table>
<thead>
<tr>
<th>Daily/weekly/monthly (if applicable)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon: Consultant WR's + ward work 0900-1700</td>
</tr>
<tr>
<td>Tues: Junior led WR + teaching 1300 0900-1700</td>
</tr>
<tr>
<td>Wed: Consultant WR + teaching 1300 0900-1700</td>
</tr>
<tr>
<td>Thurs: Junior led WR 0900-1700</td>
</tr>
<tr>
<td>Fri: Consultant WR + Elderly Care meeting/teaching 1230 0900-1700</td>
</tr>
</tbody>
</table>

**On call requirements:**

On call weekends, on call week, cavalry cover at weekends and also on Mondays/Fridays, weekday and weekend nights. Distributed throughout attachment

### Employer information

**Placement**

<table>
<thead>
<tr>
<th>F1 - ENT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The department</strong></td>
</tr>
</tbody>
</table>

**Audiology department**

| The type of work to expect and learning opportunities | Clinics, covering ENT emergency referrals with senior supervision. Small number of inpatients. Good experience in managing common ENT conditions and ENT emergencies. |

| Where the placement is based | Dorset County Hospital - Ward, OPD, A&E, Theatre. |

| Clinical Supervisor(s) for the placement | Mr Sim |

<table>
<thead>
<tr>
<th>Main duties of the placement</th>
<th>Clerking, managing patients, prescribing</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Discussing patients with seniors</td>
</tr>
<tr>
<td></td>
<td>Assisting in theatre as required</td>
</tr>
<tr>
<td></td>
<td>Care for ward patients</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Typical working pattern in this placement</th>
<th>Mon: 8.00 Ward Round, On-call 7.30-17.15</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Tues: 7.30 Consenting, 8.00 WR, On-call, theatre 7.30-17.15</td>
</tr>
<tr>
<td></td>
<td>Wed: As above (plus MDT and teaching) 7.30-17.15</td>
</tr>
</tbody>
</table>
Thurs: As above 7.30-1715

Fri: As above 7.30-17.15

Sat: On-call once every 2 months 0800-2030

Sun: On-call once every 2 months 0800-2030

**On call requirements:** One evening on-call roughly every week, one weekend in 8. No night shifts. When on call at weekends and evenings, covering General Surgery/Vascular/ENT/Ortho/Urology.

**Employer information**

Dorset County Hospital NHS Foundation Trust.

The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit).

The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck.

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Gastroenterology</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>3 consultants (Dr Bridger, Dr Shutt and Dr Jupp). Each month 1 will cover the wards, 1 cover referrals and 1 emergency endoscopy. They rotate each month. There is one registrar, 2 SHOs (1 F2 and 1 CT) and 1 F1.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>Ward round every morning, then spend rest of day doing jobs generated by ward round and dealing with any other problems that arise during the day. Learning opportunities for ascitic drains/taps and other common general medical procedures. Predominantly ward based.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>DCH, covering Moreton &amp; Ilchester Ward</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Under Dr Bridger, Dr Jupp and Dr Shutt</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Update list of patients each morning from specialty triaging. Attend 0830 medical handover meeting. WR with senior followed by completing jobs. Opportunities to present at GI MDT and to attend endoscopy. Dealing with patients attending Medical Day Unit.</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>Typical working pattern in this post:</td>
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<tr>
<td>------------------------------------------</td>
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</tr>
<tr>
<td>Daily/weekly/monthly (if applicable)</td>
<td></td>
</tr>
<tr>
<td>Mon: 8.30 start, consultant ward round</td>
<td></td>
</tr>
<tr>
<td>Tues: 8.30 start, junior ward round (13.00-14.00 F1 Core Teaching)</td>
<td></td>
</tr>
<tr>
<td>Wed: 8.30 start, junior ward round (13.00-14.00 Medical Tutorial)</td>
<td></td>
</tr>
<tr>
<td>Thurs: 8.30 start, consultant ward round</td>
<td></td>
</tr>
<tr>
<td>Fri: 8.30 start, junior/reg ward round</td>
<td></td>
</tr>
<tr>
<td><strong>On call requirements:</strong> 1 of 16 F1s on oncall rota.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Paediatrics</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The department consists of 8 consultant paediatricians who cover the acute paediatric and neonatal on call. They work on a rolling rota where each consultant takes it in turn to be 'consultant of the week'. In this week they do not hold clinics but work on the wards. Consultants work a 9:00 am to 5:00 pm day, including a handover at 9:00 am and 4:30 pm. Consultants have resident on call duties where the on call consultant is resident/non resident until 9:30pm when he or she becomes resident overnight.</td>
</tr>
<tr>
<td></td>
<td>There are interests in asthma, cystic fibrosis, diabetes, oncology, renal anomalies, gastroenterology, neonates, neurodisability, epilepsy and child sexual abuse.</td>
</tr>
<tr>
<td></td>
<td>Registrars either work a 9:00 am to 5:00 pm shift or 9:00 am to 10:00 pm on call shift. Registrars also work nights and weekends.</td>
</tr>
<tr>
<td></td>
<td>SHO’s (consisting of FY2, GP trainee) work a shift system. Working either 9:00 am – 5:00 pm or if on call 9:00 am – 10:00 pm, or 9:30 pm to 9:30 am.</td>
</tr>
<tr>
<td></td>
<td>The F1 works Monday – Thursday 9:00am – 6:30 pm</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>As an FY1 Paediatric Doctor you will generally be ward based, with an SHO on call who covers new admissions. The remaining members of the team cover the general paediatric ward and special care baby unit (including maternity). There are opportunities during the post to spend time on call for general paediatrics and the special care baby unit.</td>
</tr>
<tr>
<td></td>
<td>The type of work you can expect as an F1 is:</td>
</tr>
<tr>
<td></td>
<td>- Taking histories and examining patients</td>
</tr>
<tr>
<td></td>
<td>- Prescribing medications</td>
</tr>
<tr>
<td></td>
<td>- Writing in patients medical records</td>
</tr>
<tr>
<td></td>
<td>- Requesting investigations and interpreting results</td>
</tr>
<tr>
<td></td>
<td>- Providing patient education</td>
</tr>
<tr>
<td></td>
<td>There are many learning opportunities, whether on the ward</td>
</tr>
</tbody>
</table>
round, or after clerking/reviewing patients, with all staff being very keen to teach. Thus providing you with an excellent knowledge of key paediatric conditions, how they present, how they are managed and the consequent follow up that is required in the community. Furthermore you will have the opportunity to perform neonatal checks and have exposure to the special care baby unit, thus enabling you to enhance your knowledge of key neonatal conditions, how they present and their consequent management.

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Kingfisher Ward, Dorset County Hospital, Dorchester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Parslow, Dr Clifford, Dr Wylie</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The FY1 Doctor is responsible with other members of the team for the ward care of the patients. This includes reviewing patients, requesting investigations, providing patient education and liaising with the remainder of the multi-disciplinary team in order to provide optimum care for each patient. They will have the opportunity to spend time on call for both general paediatric ward and the special care baby unit. They are expected to attend learning zone where consultants and registrars provide teaching on key paediatric conditions, in addition to mandatory FY1 teaching.</td>
</tr>
</tbody>
</table>
| Typical working pattern in this placement | Monday – Thursday 9:00 am – 6:30 pm  
| | Daily:  
| | 9:00 am – 9:30 am Handover  
| | 9:30 am – 4:30 pm Ward cover  
| | 4:30 pm – 5:00 pm Handover  
| | 5:00 pm – 6:30 pm Ward Cover  
| | Teaching:  
| | Tuesday: FY1 core teaching 13.00-14.00  
| | Wednesday: Learning Zone 1:00pm – 3:00 pm (to attend Medical tutorial if learning zone not on)  
| | On call requirements: none at present. (Very likely to change) |
| Employer information | Dorset County Hospital NHS Foundation Trust  
<p>| | The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck. |</p>
<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Palliative Medicine (Weldmar Hospicecare)</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>As an F1 you will work in the Joseph Weld Hospice which is one of the three centres owned by the Weldmar Hospicecare Trust which covers the population of north, south and west Dorset, (approx. 250,000). The patient population are those with cancer and other progressive conditions where the shift is from active treatment to relieving of symptoms. There are 18 in-patient beds in Joseph Weld Hospice (14 Hospice beds and 4 respite care beds). The medical team comprises of two Consultants, 1 Associate Specialist and 4 part-time speciality doctors. In addition there are also nurses, physiotherapists, occupational therapists, family support team, and complementary therapists, who all work to provide a place of support and safety for patients at the end of life.</td>
</tr>
</tbody>
</table>
| The type of work to expect and learning opportunities | As most F1 Doctors in hospital posts, you will generally be ward based during the ‘normal’ working day and be expected to deliver the daily medical care of all the patients on the ward. As an F1 your role will include:  
- Clerking new patients and documenting on our computer based records  
- Taking part in the consultant ward rounds  
- Daily reviews of the current in-patient population  
- Carrying out ward based procedures e.g. venesection, and tasks e.g. TTO’s, discharge letters  
- Identifying problems requiring senior referral/discussion  
- Being an active member of the multidisciplinary team  
- Prescribe medications appropriately + safely  
- Manage time and clinical priorities effectively  
- Communicate effectively with patients, relatives and colleagues  
- Cope with the ethical and legal issues which occur during the management of patients at the end of life  
- Certifying patients who have passed away and completing the paperwork  
This job is a supernumerary post and so there are a lot of teaching opportunities from tutorials with the senior doctors to shadowing the community specialist palliative care nurses. Furthermore in this post you will be exposed to the end-stages of a patient’s life not often seen in an acute hospital. You will get to know the patients as a whole person rather than
concentrating solely on their illness.

| Where the placement is based | Joseph Weld Hospice  
|                             | Herrington Road  
|                             | Dorchester  
|                             | DT1 2SL |

| Clinical Supervisor(s) for the placement | Dr. Karen Steadman |

| Main duties of the placement | As an F1 doctor you will be responsible with other staff for the ward care of patients and the maintenance of the patients record. The reason for admission may be symptom control, terminal care or respite care. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. |

| Typical working pattern in this placement | Typical working pattern in this post e.g. ward rounds, clinics, family/ discharge planning meetings  
| Daily | 0900-1700 Clerk new admissions, in-patient reviews  
| Mon: | 1000 MDT meeting, 1400 consultant ward round  
| Tues: | 1300 F1 teaching at DCH  
| Wed: | 1300 medical teaching at DCH  
| Thurs: | 0900 consultant ward round, palliative care teaching  
| Fri: | Ward cover  
| Sat: | Nil  
| Sun: | Nil  

*On call requirements:* None (at present) Likely to change

| Employer information | Dorset County Hospital NHS Foundation Trust.

Dorset County Hospital, Dorchester, is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a
population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck.

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Respiratory Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The team consists of 4 consultants (3 full time, one part time), 2 SpR’s, 1 CMT, 1 F2 and currently 1 F1. There is also a very supportive nurse practitioner. Each consultant has a specialist interest, but essentially, they are all experts in respiratory medicine. The respiratory department has 16-21 in-patient beds and the possibility of a number of outliers, particularly in the Winter. The department has close links with a community team of specialist nurses (for COPD, bronchiectasis and interstitial lung disease). The department also offers lung function testing, sleep studies, bronchoscopy and several other testing facilities. There are good links with the local hospice for palliative patients.</td>
</tr>
</tbody>
</table>
| The type of work to expect and learning opportunities | Duties expected of the F1 include:  
- Clerking new patients  
- Attending ward rounds  
- Sorting out ward lists  
- Prescribing safely  
- Performing venepuncture, ABG’s, cannulas, catheters, chest drain removals  
- Examining patients  
- Requesting various tests  
- Attending teaching sessions for CPD  
- Communicating with relatives  
- Participating in the education of medical students  
Learning occurs throughout these roles, with a particular emphasis on bed news breaking, managing dying patients, dealing with the full range of respiratory disease, chronic disease management, oxygen prescribing, working within a multiprofessional team, chest aspiration and insertion of chest
<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Dorset County Hospital - Hinton ward</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr William McConnell</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>The F1 doctor is responsible for ensuring the list is up to date in preparation for ward rounds. They are also expected to make thorough and legible entries into patient records during ward rounds. After the ward round, alongside other team</td>
</tr>
<tr>
<td>Typical working pattern in this placement</td>
<td>All F1 doctors are ward based during normal working hours (8-6pm - This can extend to 7/8pm on busy days). In this department, they work as part of an MDT to care for respiratory patients with conditions such as lung cancer, COPD, asthma, IPF, PE’s etc</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1-Stroke Medicine</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>Acute stroke unit. 2 stroke consultants and 3 elderly care consultants. 1-2 SpRs cross-covering stroke ward.</td>
</tr>
</tbody>
</table>

| The type of work to expect and learning opportunities | FY1 working with the team on the ward, independent ward rounds and large amount of responsibility on the ward. FY1 take part in the daily ward round and complete the medical notes for the patient. During the rest of the day they complete the jobs for each patient on the ward. Post take ward rounds are completed by each consultant in the week. During on-call weekends/weeks FY1’s clerk patients on Acute admissions unit and out of hours cover work on all medical wards across the hospital. They have the opportunity to clerk acute medical patients and take part in their ongoing care. Ward cover involves completed jobs required for patients such a practical procedures, prescribing medications and reviewing those who may be deteriorating or require medical care. Acute stroke unit. 2 stroke consultants and 3 elderly care consultants. 1-2 SpRs cross-covering stroke ward. |

<table>
<thead>
<tr>
<th>Where the placement is based</th>
<th>Acute Stroke Unit, Dorset County Hospital</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Dr Proeschel, Dr Jenkinson.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds, reviewing and treating ill patients, requesting investigations, core procedures, discharge planning and liaising with relatives, working with physios and OTs.</td>
</tr>
</tbody>
</table>
Typical working pattern in this placement

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
- Daily/weekly/monthly (if applicable)
- Mon: Consultant WR's + ward work 0900-1700
- Tues: Junior led WR + teaching 1300 0900-1700
- Wed: Consultant WR + teaching 1300 0900-1700
- Thurs: Junior led WR 0900-1700
- Fri: Consultant WR + Elderly Care meeting/teaching 1230 0900-1700

On call requirements:
- On call weekends, on call week, cavalry cover at weekends and also on Mondays/Fridays, weekday and weekend nights.

Distributed throughout attachment

Employer information

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Trauma and Orthopaedics</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The department of Trauma and Orthopaedics compromises of 8 consultants who all have a specialist area in Orthopaedics and all do trauma. Specialties include; foot/ankle, knee, hips, hands, upper limb/shoulder.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>All F1 Doctors in hospital posts will generally be ward based during the 'normal' working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on Orthopaedics, the FY1 will be expected to work 'normal' days but also do on call days. Work to expect/learn as an FY1 on Orthopaedics are:</td>
</tr>
<tr>
<td></td>
<td>- Clerking of a patient – History and Examinations</td>
</tr>
<tr>
<td></td>
<td>- Ordering &amp; interpreting investigations</td>
</tr>
<tr>
<td></td>
<td>- Communicating effectively &amp; sympathetically with patients &amp; relatives.</td>
</tr>
<tr>
<td></td>
<td>- Prescribing safely</td>
</tr>
<tr>
<td></td>
<td>- Undertake VTE assessments on the vita Pac system and prescribe appropriate prophylaxis as per the trust guidelines and in conjunction with consultation with you consultants.</td>
</tr>
<tr>
<td></td>
<td>- Keep accurate &amp; relevant medical records</td>
</tr>
<tr>
<td></td>
<td>- Initiating the management of a patient</td>
</tr>
<tr>
<td></td>
<td>- Act in a professional manner at all times</td>
</tr>
<tr>
<td></td>
<td>- Cope with ethical and legal issues which occur during</td>
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</tr>
<tr>
<td></td>
<td>the management of patients with general medical problems</td>
</tr>
<tr>
<td></td>
<td>- Educate &amp; counsel patients effectively</td>
</tr>
<tr>
<td></td>
<td>- Maintain an up-to-date and organized handover/patient list</td>
</tr>
<tr>
<td></td>
<td>- Communicate with colleagues and give good/ relevant handovers.</td>
</tr>
<tr>
<td></td>
<td>- Be organized and efficient, with the ability to prioritize tasks/patients.</td>
</tr>
<tr>
<td>Learning opportunities:</td>
<td>- Attend teaching sessions including tutorials and clinical skills organized by SHO/SpR/Consultants within the Department.</td>
</tr>
<tr>
<td></td>
<td>- Attend and observe in clinics.</td>
</tr>
<tr>
<td></td>
<td>- Observe or assist in theatres.</td>
</tr>
</tbody>
</table>

| Where the placement is based  | Dorset County Hospital, Dorchester; Purbeck and Ridgeway Ward.                             |
| Clinical Supervisor(s) for the placement | Mr. Sean Walsh (clinical supervisor) Mr. Savva (Educational supervisor) Depending upon consultant firms. |
| Main duties of the placement | The FY1 doctor is responsible along with other staff for the ward care of patients and the maintenance of the patient’s medical record. The FY1 will work for three Orthopaedic Consultants on the ward. They will have opportunity to work with the consultants in outpatients clinics or attend theatre for at least one day each week. (This can only be done once ward work is completed) They are expected to attend the structured teaching programme provided by the Foundation School and attend any departmental teaching provided. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. You will be expected to present patients on the consultant ward rounds and also any emergency patients at the daily trauma meeting. |
| Typical working pattern in this placement | Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions |
|                                | Daily: 0800: Trauma meeting                                                               |
083010.00: Daily ward round +/- post take ward round (if consultant on-call previous day)

Monthly: M&M meeting, presentation to be completed by junior Dr's

Mon: Ward cover +/- observing in clinic/theatre
Tues: Ward cover +/- observing in clinic/theatre
  FY1 formal teaching, +/- departmental teaching
Wed: Ward cover +/- observing in clinic/theatre, medical
  tutorial
Thurs: Ward cover +/- observing in clinic/theatre
Fri: Ward cover +/- observing in clinic/theatre
Sat: Ward cover - see all Orthopaedic patients under all Orthopaedic consultants, once over the weekend on a ward round and see any Orthopaedic patients who are unwell/nurses have concerns about) . This should be documented in the patient’s clinical notes. Also reassess VTE assessments on the vitapac system.
Sun: Ward cover – see above

On call requirements: typically once a week, on variable days. Shifts 0800-1700. Take referrals from GP/minor injury units and referrals from ED, review patients and liaise with the SpR on call. Hand over to evening FY2, CT1/2 at 5pm. Present admitted patients the following day at the trauma meeting.

During the first 3 weeks of your placement you will be required to attend a series of induction lectures. These cover the important topics of trauma and orthopaedics. They take place after the morning trauma meeting on week days and last approximately 30 minutes each.

Employer information
Dorset County Hospital NHS Foundation Trust.
The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals.
The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck.
It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Upper GI and Breast Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>The departments serve the West Dorset population of about 250,000. Upper GI surgery offers a range of benign services and diagnostic/palliative services to patients with oesophago/gastric, hepatobiliary and pancreatic disorders. The breast firm offers cancer diagnostics, surgery and breast reconstruction to the local population.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>All F1 Doctors in hospital posts will generally be ward based during the ‘normal’ working day and expected to deliver the daily medical care of all the patients on their ward irrespective of specialty. Whilst on-call, the F1 will be involved with the generic clerking of patients being admitted and the ongoing care of the patients in the unit. The overall educational objectives of the F1 year are to provide the trainee with the knowledge, skills and attitudes to be able to:</td>
</tr>
<tr>
<td></td>
<td>• Take a history and examine a patient</td>
</tr>
<tr>
<td></td>
<td>• Identify and synthesise problems</td>
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<td>• Prescribe safely</td>
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<tr>
<td></td>
<td>• Assist in operating theatres</td>
</tr>
<tr>
<td></td>
<td>• Keep an accurate and relevant medical record</td>
</tr>
<tr>
<td></td>
<td>• Manage time and clinical priorities effectively</td>
</tr>
<tr>
<td></td>
<td>• Communicate effectively with patients, relatives and colleagues</td>
</tr>
<tr>
<td></td>
<td>• Use evidence, guidelines and audit to benefit patient care</td>
</tr>
<tr>
<td></td>
<td>• Act in a professional manner at all times</td>
</tr>
<tr>
<td></td>
<td>• Cope with ethical and legal issues which occur during the management of patients with general medical problems</td>
</tr>
<tr>
<td></td>
<td>• Educate patients effectively</td>
</tr>
<tr>
<td></td>
<td>• Become life-long learners and teachers.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Dorset County Hospital</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Mr Sudhindra Rao</td>
</tr>
<tr>
<td></td>
<td>Mr. Thomasz Graja</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds, maintenance of accurate medical records, request relevant investigations, first on-call for emergency surgical take, pre-operative assessment of elective surgical patients, attendance at mandatory teaching sessions, participation in audits/morbidity and mortality meetings. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</td>
</tr>
</tbody>
</table>
| Typical working pattern in this placement | Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions  
Daily/weekly/monthly (if applicable)  
Mon: 7:30-17:30 (theatres am)  
Tues: 7:30-17:30  
(13.00-14.00 F1 Core teaching)  
Wed: 7:30-17:30 (theatres pm)  
(13:00-14:00 Medical Tutorial)  
Thurs: 7:30-17:30  
Fri: 7:30-17:30  
Sat:  
Sun:  
Mon: 7:30-17:30  
Tues: 7:30-17:30  
Wed: 7:30-17:30  
Thurs: Day off  
Fri: 8-20:30  
Sat: 8-20:30  
Sun: 8-20:30  

*On call requirements*: 1 of 8 F1s on rota. No nights.
Employer information

Dorset County Hospital NHS Foundation Trust.

The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck.

It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Urology</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>Urology department is comprised of 3 consultants, 2 associate specialists and approximately 3 urological nurse specialists. Usual junior cohort is CT, F2 and F1. Although due to on call's and nights there is often only 1 ‘SHO’ and 1 F1 at any one time. The department offers a urology consultant on call service at all times.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>All F1’s will be generally ward based during the normal working day and be expected to deliver daily medical care to all patients under the 3 urology consultants. A ward round of elective surgical patients as well as acute admissions takes place every day usually with a consultant or associate specialist. A urological nurse specialist will often join this round. On selected days the F1 will be on call for the general surgical take (excluding urology) where they are expected to clerk patients into hospital and start initial management. After 5pm the F1 is then expected to cover the wards of all surgical patients and deal with acute issues. At 8pm the F1 will be expected to participate in handover. Other learning opportunities include attending theatre and Outpatient clinics if ward jobs are complete. Seniors are very keen for juniors to attend for as long as they can. Overall objectives include training the F1 to be able to</td>
</tr>
<tr>
<td></td>
<td>• Take a history and examine a patient • Identify and synthesise problems • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relatives and colleagues • Use evidence, guidelines and audit to benefit patient care</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Dorset county Hospital, mainly on the Short stay unit, Lulworth and Ridgeway wards</td>
</tr>
<tr>
<td>------------------------------</td>
<td>----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Mr Stephen Andrews</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Typical working pattern in this placement</th>
<th>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Daily/weekly/monthly (if applicable)</td>
</tr>
<tr>
<td></td>
<td>Mon: ward round morning. Ward cover</td>
</tr>
<tr>
<td></td>
<td>Tues: ward round morning, Ward cover, 1-2pm FY1 teaching,</td>
</tr>
<tr>
<td></td>
<td>Wed: ward round morning with Mr Blegay, 1pm Medical tutorial, Ward cover</td>
</tr>
<tr>
<td></td>
<td>Thurs: ward round morning with Mr Blegay, Ward cover</td>
</tr>
<tr>
<td></td>
<td>Fri: ward round morning with Mr Blegay, Ward cover</td>
</tr>
<tr>
<td></td>
<td>Sat: (if working – ward cover for all surgical wards)</td>
</tr>
<tr>
<td></td>
<td>Sun: (if working – ward cover for all surgical wards)</td>
</tr>
<tr>
<td></td>
<td>On call requirements: in one x 4 month attachment: 2 sets of day on calls, 1 weekend set of days, 2-3 weekend nights, 2-3 sets of weekday nights</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Employer information</th>
<th>Dorset County Hospital NHS Foundation Trust.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland,</td>
</tr>
</tbody>
</table>
It is important to note that this description is a typical example of your placement and may be subject to change.

<table>
<thead>
<tr>
<th>Placement</th>
<th>F1 - Vascular Surgery</th>
</tr>
</thead>
<tbody>
<tr>
<td>The department</td>
<td>There is currently two consultant vascular surgeons, one specialist nurse, one registrar, one core trainee and 2 foundation year 1 house officers on the vascular team. We work closely with the Diabetic foot team. We also work very closely with the nursing staff, physiotherapists and tissue viability nurses.</td>
</tr>
<tr>
<td>The type of work to expect and learning opportunities</td>
<td>General ward work- booking and chasing bloods, scans, x rays. Interpreting charts, scans bloods and documenting significant results. Organising patient lists and writing in patient notes on the ward round. Being organized is essential. Assisting in theatre if needed Procedural skills- bloods, cannulae, catheters, ABG’s. Completing discharge summaries and ensuring correct follow up with outpatient/ review appointments.</td>
</tr>
<tr>
<td>Where the placement is based</td>
<td>Dorset County Hospital - located mainly in Lulworth ward and the Short Stay Unit, North Wing of the hospital.</td>
</tr>
<tr>
<td>Clinical Supervisor(s) for the placement</td>
<td>Mr Metcalfe. Mr. Watson.</td>
</tr>
<tr>
<td>Main duties of the placement</td>
<td>Ward rounds- locating all patients in hosp, updating and assembling patient lists and notes, writing in notes. Ward Cover- booking and chasing bloods, x rays, scans for patients. Interpreting charts, bloods, scans. Procedural- bloods, cannula’s, catheters, ABG’s Electronic discharge summaries, pre- operative prep (G &amp; S,</td>
</tr>
</tbody>
</table>
Heparin Infusions), occasionally assisting in theatre.

Post operative care- bloods, monitoring obs and fluid charts

On call duties- see below. In 4 month placement, approx 1-2 weekday on calls every 2 weeks. 2-3 sets of on call nights for ward cover for all surgical patients from all departments and 1 weekend days on call for all general surgical patients with one SHO, one registrar and one consultant on call.

<table>
<thead>
<tr>
<th>Typical working pattern in this placement</th>
<th>Typical working pattern in this post  e.g. ward rounds, clinics, theatre sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Daily/weekly/monthly (if applicable)</td>
</tr>
<tr>
<td></td>
<td>Mon: Vascular MDT, consultant ward round, chase weekend bloods and add results to folder, review Antibiotics. Assisting in theatre if needed</td>
</tr>
<tr>
<td></td>
<td>Tues:  ward round, chase previous days bloods, update patient lists. Attend F1 core teaching 13.00-14.00.</td>
</tr>
<tr>
<td></td>
<td>Wed: as above. Assisting in theatre if needed. Attend Medical tutorial 13.00-14.00/15.00</td>
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<tr>
<td></td>
<td>Thurs: As above</td>
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<tr>
<td></td>
<td>Fri: Consultant WR</td>
</tr>
<tr>
<td></td>
<td>Sat:  On call duties (8-8): ward round for all general surgical patients and all ward jobs. Assist in theatre if needed.</td>
</tr>
<tr>
<td></td>
<td>Sun: On call duties (8-8): Ward round for all general surgical patients and all ward jobs. Assist in theatre if needed.</td>
</tr>
</tbody>
</table>

On call requirements:

Weekdays 8-5: Clerk ing suspected surgical patients in A & E, ordering initial investigations. 5-8pm –ward cover for all surgical ward including orthopaedics, urology, ENT.

Nights on call (8pm-8.30): general ward cover for all surgical patients in hospital. Also have one surgical SHO, one Registrar and one consultant on call at night.

Weekend on call: (8-8): ward round for all general surgical patients with on call registrar and SHO and all ward jobs. Assist in theatre if needed.
Employer information

Dorset County Hospital NHS Foundation Trust.

The post will be based in Dorset County Hospital, Dorchester, which is a medium-sized acute NHS Foundation Trust including an emergency department (trauma unit), and links with satellite units in five community hospitals. The hospital is the main provider of acute hospital services to a population of around 210,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck.

It is important to note that this description is a typical example of your placement and may be subject to change.