## General Information

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<tr>
<th>Address</th>
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| Williams Avenue  
Dorchester  
Dorset  
DT1 2JY |

<table>
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<tr>
<th>Website</th>
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<tr>
<td><a href="http://www.dchft.nhs.uk">www.dchft.nhs.uk</a></td>
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### The Trust and Hospital

Our friendly, hospital provides a full range of district general services, including an emergency department, with a helipad. We are the main provider of acute hospital services to a population of around 215,000, living within Weymouth and Portland, West Dorset, North Dorset and Purbeck. We also provide renal services for patients throughout Dorset and South Somerset - a total population of 850,000.

We have over 3,000 staff working in the hospital and there are plans to develop on a newly-acquired area of land adjacent to the hospital.

### Size of Hospital(s)

Dorset County Hospital has approximately 300 beds, seven main theatres and two day theatres. Related services are grouped into three connected wings: North, South and East. There are also a number of Hospital at Home beds (a virtual ward).

### No of Foundation Trainees

- 30 x F1 Trainees  
- 25 x F2 Trainees

### Foundation Programmes

**F1 Year**
- We offer 4 month rotations within Medicine, Surgery (Colorectal, Upper GI, Urology, ENT, ...
Orthopaedics), Paediatrics & Psychiatry.

F2 Year. Programmes consist of 4 month rotations within:

- Medicine: including nephrology and gastroenterology.
- ENT/orthopaedics/O&G/ ED/ paediatrics/psychiatry/ICM & GP. Also a new post working with the Acute Hospital at Home 'virtual ward' which has received regional recognition.

These rotations are designed to provide you with a broad experience and fulfil the national requirements to provide both community and psychiatry posts.

| Allocation process | Based on applicant scores achieved during the national application process and expressed order of preference of rotation; Wessex Foundation School allocates all foundation doctors to a 2 year programme prior to the start of the Foundation Programme.

As per Wessex processes, trainees may be able to swap their F2 post to another within the same hospital, as long as certain conditions are met.

| Teaching Programme/ Educational Sessions | F1 Year

Tuesday 13.00-14.00 FY1 core curriculum teaching

- Wednesday 13.00-15.00 Medical teaching programme
- FY1 simulation programme involving both medical and surgical crises.
- Service improvement projects: opportunity to devise and carry our projects to improve clinical practice within the hospital
- Monthly grand rounds
- AIMS course during shadowing
- ILS in FY1 with opportunity to take ALS

F2 Year

- ALS for those not completed in FY1
- Up to 5 day taster attachments  e.g. GU medicine, palliative care, anaesthetics, radiology, dermatology
- 5 away-days at Bournemouth University to explore human factors in medicine and professional skills.
• Specialty specific teaching programmes for medicine, ED, surgery, paediatrics, O&G/anaesthetics/ICM

The Clinical Skills Lab

Our Clinical Skills Lab located in the Education Centre offers a wide range of simulation and skills-based facilities. The work of the laboratory was highly praised by a recent GMC educational visit.

Manned by a full-time technician and supported by clinicians, we are able to provide a diverse range of courses and sessions to best suit the needs and abilities of candidates.

New foundation doctors attend dedicated simulation-based teaching sessions led by a team of Core Trainees to help them respond to common ward emergency situations. There is an emphasis on good use of the ABCDE approach and essential life-saving treatments.

Throughout their training in DCH, FY1s & FY2s will attend further simulation training including (but not limited to) paediatrics, ED, anaesthetics and also skills-based teaching on our lumbar puncture and central venous catheter models.

In addition, there is an ongoing programme for teaching medical students which is run by volunteer foundation doctors. This encourages and enables trainees to impart their knowledge base to future doctors whilst developing their own teaching skills.

Information events / Open days for potential applicants

The Trust supports and participates in Health Education Wessex Career fairs, including the Foundation Welcome event, further information can be found at www.wessex.hee.nhs.uk. Potential applicants are encouraged to contact the Medical Education Manager on 01305 255258 if they require further information or if they would like to speak to a current F1 or the Foundation Programme Director. The current FY1 Programme Director can be emailed on adeel.ghaffar@dchft.nhs.uk.

Study leave and Taster opportunities

Study leave is permitted during the F2 year and is not available during F1. However, special arrangements are made for F1 doctors who want to do career “taster” sessions or ALS during their F1 year.
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<th>Professional Skills Programme</th>
<th>Foundation doctor forums</th>
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<td>All FY2s in attend a pan-Dorset Hospitals 5-day programme held in Bournemouth University. This covers areas such as teaching and learning, professionalism and ethics which are parts of the curriculum that are frequently overlooked in the busy hospital environment.</td>
<td>Wessex Foundation School encourages foundation doctors to contribute to, and participate in local forums. DCH has a junior doctors’ forum (JDF) led by the Chief Registrar. The JDF is very well attended including regular representation by the executive team. DCH also has an F1 and an F2 rep who are invited to deanery meetings. At Dorset County Hospital Foundation trainees are encouraged to improve their skills and confidence in presenting and teaching. The FY1’s are encouraged to lead a formal teaching session to their peers, they will also be expected to present their improving practice audit and are encouraged to present at both the trust and national audit competitions. FY trainees are also encouraged to present at grand rounds. There is a strong tradition of medical student teaching amongst the FY trainees. Two or three feedback sessions are held throughout the year with the FPD and there is an open door policy for meetings with the FPD. Additionally, there are national forums conducted by the UKFPO. The view of the doctors delivering the immediate care is valued and as such FY trainees are given the opportunity to join a number of hospital committees and are expected to contribute towards decision making.</td>
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<td>Tasters Using 5 days’ study leave to experience different specialties is encouraged. This is usually done within FY2 but can be accommodated within FY1.</td>
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<td>Immediate Care All trainees receive AIMS and Resus training on induction and complete ALS within the FY program.</td>
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**Careers Advice**

Career Leads
Dr Adeel Ghaffar

F1 and F2 trainees will be actively guided to help them make decisions about future career planning, through workshops and one-to-one counselling as
### Educational and Clinical supervision

An educational supervisor is allocated to each foundation doctor for the full two years of their Foundation Programme to maintain an overview of development and progress of the doctor within the training programme. A clinical supervisor will be allocated for each placement within the rotation.

### Flexible training (Less than full time)

Information regarding Less Than Full Time Training can be found on the Wessex Deanery website: [http://www.wessexdeanery.nhs.uk/foundation_school/less_than_full_time_training.aspx](http://www.wessexdeanery.nhs.uk/foundation_school/less_than_full_time_training.aspx)

### Education Centre Facilities

- Library
- Clinical Skills Room
- IT suite
- Lecture Theatre
- Simulation Suite

### Terms and Conditions of employment

The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified nationally from time to time. Current copies of these Terms and conditions may be seen in the Human Resources Office. All staff appointments are made subject to the receipt of satisfactory references, Occupational Health and CRB clearance.

### Rotation information

Full information about the rotation, location and content of placements will be issued by the employing trust.

### Induction / shadowing

All F1 doctors are required to undertake a mandatory induction/shadowing week prior to commencing the actual F1 rotation. Currently, this is for five working days commencing on the last Wed in July. This is being reviewed and an extra 1-2 days may be added.

### Start date

Traditionally first Wednesday in August

### Salary

The salary scale is in accordance with the current national rate. Placement within the scale will be in accordance with previous reckonable service.

### Annual leave

F1 doctors are entitled to 27 days annual leave per annum plus 8 public holidays. If a foundation doctor works any part of a public holiday they are entitled to...
an additional days leave in lieu. In some specialties there are restrictions on when a foundation doctor can take their leave during their placement. The doctor will be informed of these restrictions at the beginning of their placement. The foundation doctor is required to book their leave at least 6 weeks in advance via the relevant Divisional/Service Manager.

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<th>Visa/Work permits /Leave to remain</th>
<th>If the doctor who is placed with the Trust is a non-resident of the United Kingdom or European Economic Union, they are required to have a valid sponsorship certificate and visa entitling leave to remain in the UK for the length of their placement with the Trust.</th>
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<th>Accommodation and Charges</th>
<th>Single and a limited amount of married accommodation is available. The charge for single accommodation is currently: F1 &amp; F2 – from £350.00 per calendar month. Married accommodation is charged at £700:00 per calendar month. <strong>Please note: all costs are being reviewed for Aug 2019.</strong> The above charges are inclusive of utility bills, council tax, cleaning of communal areas. Excludes phone &amp; TV Licence. Occupier must supply their own TV licence even if streaming from internet. Parking charges will apply to all staff irrespective of grade, currently £50 pcm. Communal laundrette on site within accommodation block and payment for use of this facility currently is £2:00 per wash and £2:00 per dry. For further information please contact the Residence Officer <a href="mailto:accommodation@dchft.nhs.uk">accommodation@dchft.nhs.uk</a></th>
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<th>Staff Restaurant Facilities</th>
<th>A subsidised restaurant is situated in the North Wing, open from 7.30am to 7.30pm. There are vending machines sited throughout the hospital for out of hour’s service. In addition, there is a Costa by main reception and the Terrace café in South Wing.</th>
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| Doctors Mess | There is a secure central mess where many social events are organised. The facilities of the mess include pool table, computer with internet access, Sky television, and kitchen facilities. Users of the mess |
are required to pay a small monthly fee deducted from salaries.  
The mess has a number of sports teams including netball, football, touch rugby and cricket.

| Local Amenities | On site and nearby  
| | There are a number of local gyms and sports clubs. Weymouth and Portland are nearby and have excellent facilities for sailing, kite surfing and rock climbing. The hospital has a society membership at East Dorset Golf & Country Club with reduced rates for all staff. Dorchester has one nightclub plus numerous pubs and bars. Mess nights are held every Thursday. |

| Key Trust personnel: | Foundation Programme Director FY1  
| | Dr Adeel Ghaffar  
| | adeel.ghaffar@dchft.nhs.uk |
| | Foundation Programme Director FY2  
| | Dr Paul Murray  
| | Paul.murray@dchft.nhs.uk |
| | Director of Medical Education  
| | Dr Audrey Ryan |
| | Foundation Programme Administrator  
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| | Tel: 01305 254657 |
| | Medical Education Manager  
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| | Judy.crabb@dchft.nhs.uk  
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| | Accommodation  
| | Accommodation Officer  
| | accommodation@dchft.nhs.uk |