Advanced Nurse Practitioner’s with Approved Clinician (AC) status to the rescue for psychiatrists

1. Background
In 2010, the Centre For Workforce Intelligence (CWI) reported on General Adult Psychiatry and highlighted that the 3 month vacancy rate for Consultants in England is highest in the South Central Region at 4.9% (CWI 2010). In the Wessex region, recruitment to ST4-ST6 positions in August 2015 was at 25% vacancy rate (Health Education England 2015). As a result, this has impacted on patient care and delays in medical review and treatment.

2. Three main drivers for improvement
- Improving patient experience by effective case management
- Developing vision and clinical leadership roles as well as career pathways for nursing staff
- The impact of service demands on medical time will help with service recruitment and retention, (R&R)

3. Project Aim
- Demonstrate that Advanced Nurse Practitioner’s can fulfil the role of AC with the right training and up-skilling, to bridge the gap in service
- Identify a need for ANP to have AC status
- Identify positive impact i.e. patient care and efficiencies savings

4. Project Design
- Enrol on South West approved by RC Psych - AC training
- Demonstrate competencies in my portfolio for submission by July 2018
- Retrospective data collection of appeal against detention in current Psychiatric Intensive Care Unit
- Interview five consultant psychiatrists to identify mean time to complete reports tribunal
- Cost of current service provision

5. Findings

6. Mean time (MT) – interviewed 5 consultant psychiatrists
- Section 2 — 4 hrs
- Section 3 — 5 hrs

7. Consultant Psychiatrists pay
- 10 Session per week
- 1 Session = 4 hrs
- 1 hr = £50

8. Advanced Nurse Practitioner pay
- 1hr = £25
- Time taken to complete report
  - S2 — 4hrs
  - S3 — 5hrs

9. Tribunal time
- 1 session = 4 hrs

10. Cost analysis
28 + 2 = 30 sessions for report writing
30 sessions to attend hearings
30 + 30 = 60 sessions x 4hrs = £240 x £50 = £12k per 6 months for consultant psychiatrist
6k per 6 months for Advanced Nurse Practitioner with AC status

11. Conclusion/Next steps
- Further develop the AC role for ANP within Dorset
- Work with consultant psychiatrists to review the positive impact of ANP-AC to see how this new role can be embedded in practice across the organisation
- Ensure a fairer workload distribution to improve productivity and maintain sustainability
- Real risk - R&R could become critical within 1-3 years or sooner, which can lead to patient care being compromised and services struggling to provide good quality care.

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