Time to rethink the care of people with Comorbid Diabetes and Mental Illness

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People with Severe Mental Illness die on average 20 years sooner than the general population

World Health Organisation
The overlap between diabetes and mental illness

![Bar chart showing frequency of diabetes with and without comorbid mental disorder in two age groups (Under 35 and Over 35).]
**Aim**

To develop and pilot a patient centred holistic approach to improve the care of people with diabetes and comorbid SMI

**Objectives**

1. To improve patient and staff knowledge of diabetes within a psychiatric hospital
2. To implement processes to improve uptake of the key care processes for diabetes, and improve diabetes control
3. To empower patients to be active participants in their care
4. To pilot this model in an inpatient psychiatric unit
# Diabetes/Mental Health Liaison Service

## Strategic Influence
- Education of staff
- Contributing to physical health strategy
- Development of link nurses

## Remote Advice
- Email, and telephone advice
- Multi-disciplinary meetings with colleagues

## In-patient review
- 3 monthly in-patient review
- Visit by specialist staff as needed
Evaluating the service: Number of referrals received

![Graph showing the number of referrals received from August 2016 to February 2017. The number of referrals increases steadily over the months.](image-url)
Deliver an education program to staff and patients with diabetes

Spread the model to other units

Future Directions

MDT meetings to ease referrals and offer advice

Build an in-patient liaison team of nurses with consultant support