Coach to Lead Programme – Primary Care Cohort
For leaders of all levels wanting to use a coaching style to engage and support their teams
The Thames Valley and Wessex Academy understands the importance of providing those with leadership responsibility the opportunity to develop skills in coaching and to embed a coaching style into their leadership and management practice.

This programme is designed to provide a foundation level in the practical application of coaching skills in day-to-day work. By learning to apply practical coaching skills you will have the ability to adapt and develop your leadership style. A coaching style of leadership can facilitate team cohesion and productivity, and deliver quality improvements to your service or area.

“A leader’s task is simple – to get the job done and to grow their staff. Time and cost pressures limit the latter, Coaching is one process with both effects.” (Passmore 2010)

Who this programme is for

This programme is aimed at leaders of all levels working across primary care who have an interest in using coaching approaches to engage and support their teams.

Please be aware that this course is about developing your coaching skills and it will not provide you with the level of learning needed to become a coach. It will however, give you a good foundation should you wish to follow that route.

The Programme

Before Day 1
- Precourse work to reflect on the degree to which you may already be using coaching within your leadership role (1 hour)

Day 1
- Develop your knowledge, skills, understanding and behaviour
- Identify opportunities to practise

Between training days
- Have a go by putting into practice what you have learnt
- Reflect on your learning

Day 2
- Deepen your knowledge, skills and understanding. Learn from each other and create your next steps action plan to put it all into practice.

Participants on the programme are expected to undertake all elements of the programme.
By the end of this programme you will be able to:

- Incorporate a coaching style within your own leadership approach
- Describe what coaching is and how it differs from other supporting roles
- Explain why a coaching style of leadership is important for you, your team and your organisation
- Identify and describe occasions when you can use coaching skills and the benefits these can bring
- Effectively apply some easy to follow coaching models and skills
- Give and receive feedback using a coaching approach

If you are interested in applying, please contact us on 01962 718412 or email localevents.tvwla@leadershipacademy.nhs.uk

Keep in touch:

E: localevents.tvwla@leadershipacademy.nhs.uk
W: www.tvwleadershipacademy.nhs.uk
Twitter: @TVWLA