Foreword

Welcome to the Health Education Wessex Prospectus which sets out the range of education and training opportunities available in Wessex. We believe that Health Education Wessex is unique in bringing together programmes for all healthcare professionals alongside our commitment to developing management and leadership skills. Investment in your expertise and leadership style will make a difference not just to the patients you care for, but also to the colleagues you work with and the organisations for which you work.

Our aim is to ensure that everyone in our healthcare workforce is competent and confident in their role and ready to deliver the very best clinical and individual care to patients. We believe that learning is a continuum and that a multi-professional, team-based approach provides a rich learning experience, whatever the stage of your career and whether you work in primary or secondary care.

We develop our programmes to ensure they meet both the excellent quality standards of external organisations like the Royal Colleges, the high expectations of local employers, and the ambitions of our healthcare professionals. The programmes are supportive and challenging to ensure the development of our future workforce.

We wish you every success and hope you avail yourself of the learning opportunities.

Very best wishes

Ruth Monger  
Dr Simon Plint  
Director  
Postgraduate Dean  
Health Education Wessex  
Health Education Wessex
Workforce Learning and Development

Workforce Learning and Development is based at Southern House, Otterbourne.

The highly experienced team works alongside a faculty of course directors to provide a range of first rate courses and programmes for Health Education Wessex.

The courses and programmes are developed and delivered locally, offering a high quality educational experience to delegates.

The portfolio consists of the following types of courses and programmes:

Leadership and Management
Educator and Trainer Development
Medical Specialty and Revision

The portfolio of courses and programmes is relevant, accessible and meets the needs of the workforce. The team takes a proactive approach to developing a culture where individual differences are valued and respected.

The Workforce Learning and Development team also provides a comprehensive conference organisation and management service of varying scope across the region, and has extensive experience organising seminars, workshops and training events.

The team operates an online Course Booking Management System (CBMS). Following the simple registration process delegates will be able to book and pay online for places on events, register their interest in courses or conferences and follow the progress of their bookings via their 'My Courses & Conferences' section.

For further information regarding courses and conferences; CBMS support; to discuss how the team can help support your events; or to suggest an addition to the current portfolio, please contact the team at:

Workforce Learning and Development
Health Education Wessex
Southern House
Sparrowgrove
Otterbourne
Hampshire
SO21 2RU

Tel: 01962 718501 (08:00 to 17:00 Monday to Friday) or email:
workforcelearninganddevelopment@wessex.hee.nhs.uk
Frequently Asked Questions

How do I book onto a course?

All courses must be booked through the Course Booking Management System (CBMS). For assistance please click each link within this prospectus to direct you to CBMS.

Where are courses held?

All courses are held within the Wessex region, which spans across Dorset, Wiltshire, Jersey, Hampshire and the Isle of Wight. Many are held within Wessex trusts/education centres or at conference facilities at Southern House, Otterbourne, home of Workforce Learning and Development Centre the Wessex Deanery. Other larger/residential events are held at external venues across Wessex. All locations are stated on CBMS.

What is the cost to attend courses?

Many courses are fully funded by Wessex Deanery. Others are provided at a minimal cost to the delegate (which many are able to claim back via their study leave). Individual course fees are detailed on CBMS.

What about study leave?

All doctors in educationally approved training grade posts from Foundation Year 2 onwards are allocated an annual study leave allowance. Study leave is managed by the Directors of Medical Education (DMEs)/Clinical Tutors for trust-employed posts and for GPRs, the Patch Associate Directors. The DMEs, Patch Associate Directors and Educational Supervisors work in close collaboration to approve time off or funding for study leave. Applications should be made in accordance with the local study leave procedures of your employing trust (usually via Education Centres) or for GPRs, via your Patch Associate Director. There are local variations in procedure however, as a general rule applications should be made at least six weeks prior to the event you wish to attend.

For more information go to: http://www.wessexdeanery.nhs.uk/pdf/Study%20Leave%20Guidelines%20FINAL%20-%20Nov%202012%20-%20revised%20March%202013.pdf

I'm not sure which course is best for me - where can I get advice?

Your Educational Supervisor or line manager will support you to identify your clinical development needs. Leadership Development Leads in your trusts will be able to advise you on leadership development opportunities.

Where can I find more information about careers support and advice?

Wessex is committed to ensuring that their trainees are fully supported. There is a full section on the Wessex Deanery website. Also speak to your supervisor and find out what is available through your trust. www.wessexdeanery.nhs.uk/careers_support.aspx

I have a question which isn't answered here?

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
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LEADERSHIP AND MANAGEMENT
Leadership and Management Professional Programme (PP)

The Professional Programme is a tailor-made programme, available to multi-professionals within Health Education Wessex. It consists of the following leadership and management courses or opportunities:

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<td>Run your local NHS on a bad day (role play scenarios)</td>
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<td>Get involved in service improvement projects</td>
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If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Lead and be Led

This two day multi-disciplinary course is the first in a series which makes up the Professional Programme. It supports the personal development of healthcare professionals, by exploring their leadership and management skills.

The course is held in Winchester. Specialist training registrars (St3+) and managers nominated by Thames Valley and Wessex Leadership Academy (TVWLA) are eligible to attend.

It is a fun, interactive and challenging course, using realistic team exercises to examine, in practice, how important different roles and leadership are to an effective team, and gives the opportunity to make corporate decisions in the face of competing demands.

The course involves:

- understanding good leadership styles and attributes
- exploring your impact on others and vice versa
- exploring what makes a good team and why it is important
- insights into the structure of the NHS, how it functions and its accountability to Parliament
- practical exercises demonstrating the complexity of running the NHS
- challenging role play with candid feedback

Once delegates have attended Lead and be Led they are advised to attend the Lead and be Led MBTI® Group Feedback Session and other masterclasses, all of which are advertised on the website. At a later date, they may also attend Leadership Development Centre

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Leadership Development Centre

This two day multi-disciplinary course supports the personal development of healthcare professionals and managers, offering individual assessment of leadership and management skills.

Specialist training registrars are eligible to attend in the last 12-18 months of their clinical training, in order to build on strengths and address any areas of weakness before reaching their Certificate of Completion of Training (CCT) date. Senior managers, bands six to eight, aiming to enhance their leadership skills also attend this course.

The course focuses on the individual, with delegates gaining clear insight into their performance in a variety of common and relevant non-clinical challenges.

Through a range of individual and team exercises delegates will:

- identify strengths and development needs
- enhance understanding of style in handling a variety of challenges, scenarios and situations
- become more self-aware and aware of others' preferences
- explore and practise, in a safe environment, solutions to issues of importance to them
- take part in a managerial challenge as part of a team and produce recommendations for actions

Once delegates have attended Leadership Development Centre, they are advised to enrol in any remaining Professional Programme Masterclasses they have not yet attended and feel may be useful, all of which are advertised on the website.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Lead and be Led MBTI® Group Feedback Session

This half day session is a follow up for delegates who have previously attended Lead and be Led only, to provide a more in-depth study of the different dimensions of Myers Briggs Type Indicator (MBTI) and how we can use them to be more effective.

Participants will gain a more accurate picture of their own personal strengths and how to play to them. In particular, the session will look at what MBTI can do to help us understand how people tend to react when they are going through a personal or professional transition to help them manage their energy better.

Participants should expect to leave with a plan of practical action to help them be even more effective.

If you have any questions please contact us at workforcelearningandevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Masterclasses

The following multi-professional, interactive masterclasses provide a wealth of information and advice, and are delivered by highly experienced professionals:

**PP - An Introduction to Service Improvement**

**PP - Conflict Resolution and Challenging Conversations**

**PP - Effective Negotiation Skills**

**PP - Influencing with Integrity**

**PP - Patient Safety First**

**PP - Personal Impact**

**PP - Presenting With Power and Authenticity**

**PP - Run up to the Interview**

**PP - Stress Management**

**PP - The Essentials of Effective Leadership**

**PP - The New Structure of the NHS - how the changes will affect you!**

**PP - Time Management**

**PP - Understanding Assertive Behaviour**

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Masterclass  
An Introduction to Service Improvement

Foundation programme trainees (FY2), core medical trainees (CT1-3), specialist training registrars, SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

This one day masterclass has been developed to provide a better understanding of what service improvement means. One of the most frequently asked questions on the day is: "Where do I begin?" This course aims to answer that question and provide participants with the confidence to undertake small-scale improvement projects before applying it at work.

The masterclass provides a lively introduction to service improvement. Actors from the Big Wheel Theatre Company promise to bring fun and energy to learning, without the delegates having to participate in role-play. Delegates will start to think about how patient care can be improved, either directly or indirectly, in their area of practice and be inspired to become involved in larger scale projects in their organisation.

Areas covered are:

- how to identify opportunities to improve patient care
- an introduction to a useful and practical model of service improvement
- how to gain confidence to lead a service improvement project in your area of practice
- where to go for support with a project and to develop further knowledge and expertise in service improvement.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 7185
PP - Masterclass
Conflict Resolution and Challenging Conversations

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

In an increasingly complex and demanding environment, managing conflict and engaging in conversations that will help bring about positive change is critical to our ability to deliver a high quality service.

This one day masterclass helps delegates explore different techniques to equip them with practical tools which they can use to manage challenging conversations and conflict more positively.

Areas covered are:

- identifying the common causes of conflict
- understanding one’s own approach to conflict and one’s triggers
- identifying the five common conflict management styles (avoid, accommodate, compromise, compete and collaborate)
- recognising assertive, aggressive and passive behaviours
- developing skills in assertive language and behaviour
- developing active listening skills and the ability to see things from other people’s perspective
- reframing language to reduce conflict
- planning for a challenging conversation using the Harvard Negotiation framework

The course is highly interactive and uses case study examples. Delegates are encouraged to bring along examples of challenging situations to work with during the day.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 7185
PP - Masterclass
Effective Negotiation Skills

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

We all need to negotiate with our patients, with colleagues and with our manager in order to do our job. The more effective we are in negotiating the more successful we will be in achieving our objectives. Does your heart sink at the thought of negotiating again?

Would you like to know how to get your needs met more often - rather than putting up with losing out? This one day masterclass involves presentation, discussion, practice using participants' issues and relevant scenarios, feedback and learning review.

The workshop will:

- Help you to present your case effectively and avoid negotiating pitfalls
- Enable you to manage the whole negotiation process
- Identify how highly effective negotiators behave

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Influencing with Integrity

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

Better communication helps build better relationships with colleagues and patients. This one day masterclass focuses on one of the most important non-clinical skills: how to make the voice heard and persuade others to follow ideas, while being clear about the limitations.

The course involves work-based scenarios on:

- exploring communication models
- developing advanced rapport skills
- models of motivation

Delegates will learn how to influence effectively and with integrity so that they can:

- make their voice heard
- encourage others to follow their ideas
- build better relationships with colleagues and patients

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Patient Safety First

This one day masterclass is mandatory for Health Education Wessex core medical CT1 trainees. Other Wessex training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are also eligible to attend.

The masterclass involves:

- dealing with common themes of teamwork, communication, leadership and professionalism
- human factors in clinical error
- risk awareness in specific specialties (workshops)

Delegates should be prepared, and will be asked, to discuss incidents they have seen in a confidential environment.

All trainees attending this masterclass will undertake a project in the workplace and present at the Annual Wessex Patient Safety Conference in July.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Masterclass
Personal Impact

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

Whether we like it or not, we are all being judged and assessed by others all the time. It is no longer realistic to say that this does not matter and all that counts is knowledge, skills and the ability to do the job as a doctor, clinician or manager. Competence alone is no longer sufficient and it is the impact made on patients and colleagues at work which makes a real difference to working life and personal effectiveness.

This one day masterclass is aimed at those who have already completed some development work (such as the Lead and be Led or Leadership Development Centre courses) and want to put their knowledge and skills into practice.

The masterclass focuses on leadership skills that involve self-awareness, communication and relationship building.

Areas covered include:

- understanding the many ways in which you affect others at work, why this is important and how it impacts on your personal effectiveness
- understanding and demonstrating the effect you currently have on others, both intentionally and unintentionally
- identifying the sort of impact you would like to make on colleagues and patients and the potential benefits
- identifying and dealing with blocks and assumptions that may prevent you from making a more positive impact on others
- planning how you will develop and sustain these habits and behaviours in the workplace

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
PP - Masterclass
Presenting With Power and Authenticity

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

The number one phobia for the modern professional is having to speak in public. This one day masterclass is about learning to communicate well with other human beings. Delegates work in a small group to help improve presentation skills. The masterclass offers a road map for becoming a confident, articulate, engaging, powerful and persuasive presenter.

By the end of the day, delegates will:

- be able to understand why they get nervous, and learn tools to control and contain nervousness in front of small or large groups
- learn techniques to connect with and communicate more authentically and powerfully to their audiences
- have a greater understanding of the elements of presentation
- be less reliant on Power Point
- be able to control and regulate breathing
- be better equipped to use their voices in a more powerful way
- be able to speak with more enthusiasm and passion about their chosen subjects

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Run up to the Interview

Specialist training registrars within 18 months of their Certificate of Completion of Training (CCT) date are eligible to attend.

This one day masterclass covers the practical elements of preparing for the CCT and tips on how to approach the consultant interview.

Areas covered include:

- the grey area between StR and consultant
- what trusts want from new consultants - from the perspective of a CEO and Medical Director
- preparing your cv and honing your interview skills
- the new consultant contract

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Stress Management

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

Coping with work-based demands, pressure and stress is a frequent challenge in today's busy NHS. It requires a high level of productivity throughout the working day, over prolonged periods of time.

This highly interactive half day masterclass involves facilitator input, group discussion and small group practice.

The masterclass will:

- provide a framework that underpins resilience to pressure and stress
- appraise how effectively delegates manage pressure
- explore 'stressful' triggers
- develop additional coping resources to improve work-based resilience

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
The Essentials of Effective Leadership

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

Leadership is hard to define but you definitely know when it's missing. This half day masterclass explores leadership, the skills and behaviours that contribute to effective leadership and the impact of different leadership styles.

Throughout this interactive masterclass, participants will be encouraged to explore their own leadership qualities and consider opportunities for further development. It will give a greater understanding of the type of leader you aspire to become and identify where you are on that journey.

The masterclass will:

- develop a greater understanding of the skills and behaviours of other leaders
- examine some key leadership styles and their impact
- explore the key differences between leadership and management

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
The New Structure of the NHS - how the changes will affect you!

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

There has never been a more critical time for healthcare professionals to understand how the NHS works. The NHS is currently going through its most radical reform since its establishment in 1948, with a £20 billion efficiency savings target, the establishment of Clinical Commissioning Groups and the expansion of the provider system.

The one day masterclass involves lively discussions and interactive small group work. It aims to help delegates understand the impact of the reforms, so as to enable them to work more effectively and influence within the NHS.

The masterclass will:

- explain the new NHS structure
- discuss commissioning and planning
- map the flow of funds

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Time Management

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

There are many benefits to good time management: getting more done, having less stress, feeling better about yourself and others as well as having more time to do the things you like to do. Contrary to popular belief, time management is not about changing things ‘out there’, it's more about becoming aware of your own personal tendencies and being willing to change some of them. Time management is synonymous with self management.

This is a highly interactive half/one day masterclass. Delegates are encouraged to bring examples of their own time management challenges to work with during the day.

Throughout the masterclass, delegates will learn how to:

- be more productive
- lead a more balanced life
- be a more effective team player

By the end of the masterclass, delegates will have:

- found out what time means to them and how they are currently managing it and
- developed techniques on how to take positive action on:
  - prioritisation
  - the difference between urgent tasks and important tasks
  - delegation
- planning ahead
- learning to say no
- overcoming procrastination

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
PP - Masterclass
Understanding Assertive Behaviour

Training grade doctors (FY2+), SAS doctors, non-training or trust grade doctors, managers, senior nurses, midwives, pharmacists, biomedical and healthcare scientists and allied health professionals are eligible to attend.

In today’s highly pressured NHS, and in all life situations, the ability to assert oneself calmly and effectively is a key skill. It minimises the negative consequences of stress and maximises your ability to achieve outcomes that you believe are important.

This engaging half day masterclass, involving facilitator input, group discussion and small group practice, will:

- reflect on situations where delegates feel most and least able to behave assertively
- provide practice of proven and effective assertiveness techniques
- maximise delegates’ ability to achieve successful outcomes

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
EDUCATOR AND TRAINER DEVELOPMENT
Educator and Trainer Development

The Educator and Trainer Development portfolio is made up of the following programmes:

Educational Supervisor Development Programme (ESDP)

GP Trainer Development

Tomorrow's Teachers and Tomorrow's Teachers II: The Art of Facilitation

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
Educational Supervisor Development Programme (ESDP)

ESDP is specifically designed to support Health Education Wessex educational and clinical supervisors in training junior doctors. The programme is for all specialities, with consultants, associate specialists and specialist training registrars in their final year being the usual participants. As we learn from experience it is designed to be interactive and practical. Regular feedback shows that it is also highly enjoyable.

The core of the programme is the two day ESDP - Educational Supervision: The essentials course, which accredits attendees as Health Education Wessex educational and clinical supervisors for three years.

Once accredited, Health Education Wessex educational supervisors must re-accredit every three years, by attending the one day ESDP - Educational Supervision: The Refresher course.

Health Education Wessex clinical supervisors (supervisors who don't wish to gain accreditation as an educational supervisor) can gain accreditation as a named clinical supervisor by attending the ESDP - Named Clinical Supervisor Development Course.

Which course do I need to attend?

If you wish to gain accreditation or re-accreditation as a Health Education Wessex educational and/or clinical supervisor and are unsure which course you need to attend, please visit What course do I need to attend to gain accreditation or re-accreditation as a Health Education Wessex educational or clinical supervisor?

Other ESDP courses:

ESDP - Career Support Skills for Educational Supervisors: a Coaching Approach
ESDP - Educational Supervision: Reflective Writing
ESDP - Workplace-based Assessment and Supervision
ESDP - An Introduction to Workplace Supervision
ESDP - Faculty Development Day

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Educational Supervision: The essentials

It is mandatory for all Health Education Wessex educational and clinical supervisors to undergo training for their role.

This two day course, which runs more than ten times a year, focuses on the skills required to become accredited as a Health Education Wessex educational and clinical supervisor for three years. This course has Royal College of Physicians approval and attracts 12 CPD points.

Aims:

To help the participant:

- understand the roles of an educational supervisor
- understand changes in postgraduate medical education
- understand trainee appraisal and develop the necessary skills
- appreciate the importance of feedback and learn how to use it effectively
- recognise and respond to common problems
- understand the importance of the educational supervisor in career development for trainees

Once accredited, Health Education Wessex educational supervisors must re-accredit every three years, by attending the one day ESDP - Educational Supervision: The Refresher course.

If you are already practising as or wish to become a Health Education Wessex educational supervisor, and are not sure whether you need to attend a course, please visit What course do I need to attend to gain accreditation or re-accreditation as a Health Education Wessex educational or clinical supervisor?

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Educational Supervision: The Refresher

It is mandatory for all Health Education Wessex educational and clinical supervisors to undergo training for their role.

This one day course, which runs more than twelve times a year, focuses on the skills required to become re-accredited as a Health Education Wessex educational and clinical supervisor for three years. This course has Royal College of Physicians approval and attracts six CPD points.

Aims:

To help the participant:

- understand the roles of an educational supervisor
- understand changes in postgraduate medical education
- understand trainee appraisal and develop the necessary skills
- appreciate the importance of feedback and learn how to use it effectively
- recognise and respond to common problems
- understand the importance of the educational supervisor in career development for trainees

Once accredited, Health Education Wessex educational supervisors must re-accredit every three years, by re-attending this course.

If you are already practising as or wish to become a Health Education Wessex educational supervisor, and are not sure whether you need to attend a course, please visit What course do I need to attend to gain accreditation or re-accreditation as a Health Education Wessex educational or clinical supervisor?

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Named Clinical Supervisor Development Course

It is mandatory for all Health Education Wessex clinical supervisors to undergo training for their role.

This one day course, which runs three times per year, covers the skills delegates require to train junior doctors and become accredited as a Health Education Wessex named clinical supervisor. This course has Royal College of Physicians approval and attracts six CPD points.

Delegates who have already attended either the ESDP - Educational Supervision: The essentials or ESDP - Educational Supervision: The Refresher courses within the last three years automatically gain accreditation as a Health Education Wessex named clinical supervisor, and therefore need not attend this additional course.

Aims:

To help the participant:

- understand the role of a Named Clinical Supervisor and the purposes of good supervision
- understand the e-portfolio
- understand the role of assessment in training
- appreciate the importance of feedback and learn how to use it effectively
- recognise and respond to common problems

If you are already practising as or wish to become a Health Education Wessex educational supervisor, and are not sure whether you need to attend a course, please visit What course do I need to attend to gain accreditation or re-accreditation as a Health Education Wessex educational or clinical supervisor?

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - An Introduction to Workplace Supervision

The changing nature of clinical practice and medical training means that clinical supervision, i.e. the supervision of doctors in training within the workplace, is essential to maintain patient safety and to ensure that appropriate standards of care are maintained.

This half day course demonstrates how improved supervision leads to an improved educational experience for doctors in training, and how supervision of doctors by other healthcare professionals can be facilitated and made more transparent.

The course is interactive, practical and enjoyable. The facilitators have extensive experience in teaching and training educational and clinical supervisors.

Note: the Workforce Learning and Development team don't administer this course. For further information of event dates please contact the Foundation Programme Director within your Trust.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
ESDP - Career Support Skills for Educational Supervisors: a Coaching Approach

This one day course, run twice a year, has been developed to give educational supervisors confidence in helping a medical trainee, whatever their career dilemma, with a productive, non-directive conversation. This course has Royal College of Physicians approval and attracts five CPD points.

It is recommended that delegates are up to date with their educational supervision prior to attending this course.

Aims:

To help educational supervisors:

- realise their role in career support is different from their normal educational role and therefore understand they will need to adopt a different approach
- practise coaching skills with particular reference to career support
- recognise the challenges that current trainees may face in adapting to NHS developments
- support trainees with career issues beyond specialty choice

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Educational Supervision: Reflective Writing

Reflective writing is now very much part of both postgraduate education and continuing professional development. Many doctors find it does not always come naturally so they need help to maximise the benefit.

This practical course, run twice a year, provides an opportunity for educational and clinical supervisors to develop ways of writing reflectively, as well as help assist trainees with this. The course has Royal College of Physicians approval and attracts five CPD points.

Preparation and course content

Participants are asked to:

- come to the workshop with an open mind, prepared to learn how to make the most out of reflective writing.
- reflect on - think deeply and critically about - a recent clinical situation they have personally experienced which ‘surprised’ them. This need not be something that ‘went wrong’ (as a SUI), or was ‘challengingly difficult’. It might be one that actually went well, despite how it appeared at first or even at the time.
- prepare some brief notes about their recent situation and be prepared to talk with another workshop participant about this.

Below are some suggested headings, however delegates are free to write about what they think might be useful:

- what happened?
- how did it develop?
- what surprised you?
- what was the outcome?
- what did you learn from thinking about it in this way?

Participants will work in groups of three. Two participants will discuss the clinical situation presented, whilst the third participant will observe and make notes of the conversation. Participants will take turns presenting their situation, listening and discussing, and making notes.

Participants will use the observer’s notes to write about the situation they discussed. During the feedback session participants will be asked to read some of what they have written to the whole group.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Workplace-based Assessment and Supervision

This revised course reviews both the theory and practice of workplace supervision, Work based Assessments (WBAs) and Structured Learning Events (SLEs). This will be taught using course material and a day of interactive discussion and group exercises.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
ESDP - Faculty Development Day

As it is mandatory for all Health Education Wessex educational and clinical supervisors to undergo training for their role, it is important for Health Education Wessex to have trained facilitators equipped with the knowledge to train/re-train new/experienced educational and clinical supervisors on the ESDP courses.

This one day course, run twice a year, aims to develop delegates' facilitation skills, provide the opportunity to learn more about the ESDP programme and help prospective facilitators decide if they would like to be involved in the future. The days are also provide an opportunity for existing faculty team to re-group.

Note: prospective ESDP facilitators must be fully accredited as a Health Education Wessex educational supervisor before obtaining the role of ESDP facilitator.

By attending the Faculty Development Day or observing/facilitating an ESDP - Educational Supervision: The essentials or ESDP - Educational Supervision: The Refresher event, delegates automatically gain re-accreditation as a Health Education Wessex educational and clinical supervisor for three years.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
Which course do I need to attend?

Which course do I need to attend in order to gain accreditation or re-accreditation as a Health Education Wessex educational or clinical supervisor?

To help determine whether you need to attend one of the following courses, please view the flow diagram below:

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
GP Trainer Development

GPs must attend compulsory courses before they can obtain the roles of GP trainer, 'Out of Hours' clinical supervisor or foundation supervisor.

The following courses have been tailor-made to provide GP trainers and supervisors with the skills to develop, supervise and train trainees throughout their clinical training and induction into surgeries:

GP - Modular Course for Prospective GP Trainers
GP - New Trainer Course
GP - Experienced Trainer Course
GP - Out of Hours and Retainer Clinical Supervision Course
GP - Out of Hours and Retainer Clinical Supervision Course - Refresher
GP - Small Group Skills Trainer Course
GP - Supervision (Foundation and Programme Director) Course

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
GP - Modular Course for Prospective GP Trainers

This six day course is run by Health Education Wessex, in collaboration with the University of Winchester, and is aimed at GPs applying to become GP Trainers.

Delegates must attend this course (before taking on a trainee), attend the GP- New Trainer Course (after provisional trainer approval and when you have your first trainee) and complete accompanying written assignments in order to gain a Postgraduate Certificate in Education. It is expected that the Certificate will be completed by the end of the first re-approval as a GP trainer.

The course consists of three modules of two days, each involving experiential learning in small groups. Candidates begin and maintain a learning journal and complete the first written assignment of the Certificate (2000 words), with support from university tutors during and after the course.

Delegates will:

- appreciate the contribution to GP training of contemporary learning theory
- understand, and feel confident in establishing, another person’s educational needs and learning agenda
- appreciate the value of, and practise, the various educational methods and approaches available to the GP trainer

Both the dinner and accommodation are included in the course fee as previous experience has shown that delegates benefit more from the course if they are fully residential.

**Note: delegates must attend all six days and all sessions to complete the course.**

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
GP - New Trainer Course

This course is aimed at trainers with their first learner. It is designed to 'iron out' the practical sides of being a new GP trainer.

Although facilitated by a Senior Medical Educator the course is entirely learner-led, including the University of Winchester compulsory academic component.

It is compulsory to attend this course in order to gain re-approval after the new trainers' first learner year.

The course consists of four half days and uses practical and reflective learning. Delegates will need to bring examples and experiences.

Delegates will:

- gain confidence in dealing with difficult patients and trainees
- share their experiences and learn from others
- look in greater depth at the e-portfolio
- complete the Postgraduate Certificate of Medical Education

**Note: delegates must attend all four sessions to complete the course.**

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
GP - Experienced Trainer Course

All GP trainers must gain re-approval every three years. This three day residential course is compulsory for GP trainers who require re-approval. It enables delegates to discuss education issues with colleagues in a protected environment, learn from each other and refresh their skills.

Delegates will be required to provide their last Education Supervisor’s Report or a digital recording of them teaching a learner which will be used throughout the course.

Delegates will:

- review their educational needs as a trainer
- work in small groups to meet their own and others’ educational objectives
- tackle current issues in general practice education, including MRCGP, video analysis, critical incident analysis and portfolio learning
- practise new educational techniques on actors simulating GP registrars and work through problem scenarios.

Both the dinner and accommodation are included in the course fee, as previous experience has shown that delegates benefit more from the course if they are fully residential.

**Note: delegates must attend all three days to complete the course.**

If you have any questions please contact us at [workforcelearninganddevelopment@wessex.hee.nhs.uk](mailto:workforcelearninganddevelopment@wessex.hee.nhs.uk) or telephone 01962 718501
GP - Out of Hours and Retainer Clinical Supervision Course

This stimulating and interactive course is for GPs wishing to become out of hours clinical supervisors or retained doctors clinical supervisors. It offers GPs the opportunity to reflect on professional and clinical skills used by out of hours practitioners and retainer doctors.

Delegates on the first course will:

- develop educational techniques to increase clinical skills of GPRs and retainer
- be introduced to educational principles necessary to become professional educational supervisors
- communicate effectively with GP learners, giving them a clear understanding of: - the structure of out of hours service and retainer programme - delivering clinical care in out of hours settings and retainer programmes and how this relates to traditional general practice

The initial course is run on an ad hoc basis when sufficient delegates have registered interest. It consists of two half days, either morning or afternoon, held approximately six weeks apart.

A three yearly GP - Out of Hours and Retainer Clinical Supervision Course - Refresher is mandatory to retain accreditation.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
GP - Out of Hours and Retainer Clinical Supervision Course - Refresher

GP out of hours and retainer clinical supervisors must gain re-accreditation every three years.

This stimulating and interactive course offers GPs the opportunity to refresh their knowledge in order to re-accredit.

The half day course is run on an ad hoc basis when sufficient delegates have registered interest.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
GP - Small Group Skills Masterclass

This intensive and experiential two day residential course is for those with some teaching experience who are either about to start or have recently started running small groups (fewer than 16). It is designed for any health professional, medical or allied, who is responsible for convening groups in the medical arena.

The programme includes a mixture of reflective learning, sharing experiences and group work.

Delegates will:

- gain confidence in running a small group
- have a better understanding of difficulties experienced by other group members
- learn ‘tips from the group’ on running a small group
- explore solutions to common problems

The course aims to teach delegates how to:

- be able to describe the theory of how small groups develop and evolve
- create and use role play in a group and facilitate this using everyday experiences
- understand some theory for giving constructive feedback in a group setting and help others to do the same
- understand the importance of forming a group successfully using some essential steps
- begin to recognise and develop strategies for when groups become challenging

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
GP - Foundation Supervisor Course

This course is aimed at GPs wishing to become foundation clinical supervisors. It introduces them to the foundation programme, assessments and educational theory necessary to supervise a foundation trainee in general practice. The delegates include programme directors, to enable them to become educational supervisors for ST1 trainees.

The course is interactive and includes presentations, group work and exercises and is run over two half days.

Delegates on the first course will:

- gain essential skills and knowledge
- ensure that Foundation trainees have an excellent learning experience in their practice

It will cover:

- clinical and educational supervision teaching methods and learning styles
- assessments and feedback techniques
- the transition from FY1 doctor to FY2 in Wessex (requirement and role for non-trainer supervisors)

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
Tomorrow’s Teachers

This course has been developed ‘by trainees, for trainees’. All Health Education Wessex training grades doctors are eligible to attend.

Teaching and supervision are important skills in any doctor’s career. These are particularly difficult to learn in the increasingly time pressured and demanding modern clinical environment. The course is suited to trainees who have had previous teaching experience.

Participation will build enthusiasm and confidence to fulfil this educational role in the most effective and efficient way.

The programme involves:

- understanding the basic principles of adult learning theory
- relating adult learning theory to clinical teaching sessions in a variety of settings
- learning how to identify educational opportunities in day-to-day practice
- practising teaching skills in a supportive group
- giving and receiving feedback
- exploring teaching dilemmas

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
Tomorrow's Teachers II: The Art of Facilitation

Health Education Wessex specialist training registrars (ST3+) and SAS doctors are eligible to attend. Delegates must have previously attended the Tomorrow’s Teachers or a similar teaching course prior to attending this course.

Teaching and supervising colleagues is an important and integral part of clinical practice. The role of the teacher is shifting from a didactic giver of information to a facilitator of learning. Additionally, as trainees move into a consultant/GP role they will frequently be called upon to facilitate and lead meetings. This course will increase understanding of the process of facilitation.

The programme involves:

- understanding key principles of facilitation and the attributes of a 'consciously competent' facilitator
- challenges in facilitation
- practising facilitation within a small group
- giving and receiving feedback
- discussion of how to apply the ‘Liberating Learning’ principles to workplace situations

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
Medical Specialty and Revision

Health Education Wessex offer a portfolio of medical specialty and revision courses. The core specialty courses include study days and multiple-day courses, as well as regular teaching programmes.

The programmes are for all Health Education Wessex doctors, from foundation through to consultant.

Revision courses are designed to prepare Health Education Wessex doctors in training for the Royal College examinations.

Occasionally places are offered to external doctors, capacity permitting.

The following courses are available:

Basic Science for Core Surgery
FRCA - Introduction to Obstetric Anaesthesia Management
FRCA - Obstetric Anaesthesia - an Update for non Obstetric Consultant Anaesthetists
FRCA - Primary - Scientific Principles of Clinical Anaesthesia
FRCA - Primary - Wessex Intensive Primary Revision Course (OSCE and VIVA Day)
FRCA - Primary - Wessex Primary OSCE and SOE Course
FRCA - Final - Intensive Revision Course
FRCA - Final - Intensive Revision Course (VIVA Day)
FRCS - Trauma and Orthopaedic Study Days
Intercollegiate FRCS (General Surgery) Study Days
MRCP - Part 2 (Written)
MRCP - Part 2 (PACES)
MRCS
Regional Paediatric Meeting

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501
Basic Science for Core Surgery

This five day course delivers pathology, physiology and anatomy sessions via intensive and interactive style teaching by enthusiastic tutors.

Based on previous trainee evaluations, the course focuses on small group teaching, so numbers are limited to 20 and we advise delegates to book early.

The course is mainly for FY2 and CT1 trainees. CT2 trainees without the MRCS final part are eligible to attend, with the understanding that this is a teaching course, as opposed to the bi-annual revision MRCS course, which focuses very much on testing knowledge for those about to sit the final MRCS.

Concentrated interactive teaching style gives the core surgical trainee a firm foundation in the basic sciences to include two full days of anatomy and physiology and one full day of pathology.

All the anatomy modules utilise high quality prosections.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Introduction to Obstetric Anaesthesia Management

This one day course is held at Southampton General Hospital. It is run by members of Wessex Obstetric Anaesthetists (WOA) and facilitated by consultants from the Health Education Wessex region who have an active interest in obstetric anaesthesia.

The course is generally held once or twice a year (March and October, during term time) and consists of lectures interspersed with practical scenarios for CT1 and CT2 trainees.

It aims to provide a practical introduction to obstetric anaesthesia and enhance clinical management of obstetric cases and ensure high quality delivery of services by giving participants confidence.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Obstetric Anaesthesia - an Update for non Obstetric Consultant Anaesthetists

This course is suitable for consultant anaesthetists who cover the labour ward when on call, but do not have regular obstetric sessions.

Consultant obstetric anaesthetists from the Health Education Wessex region run the course. To facilitate discussion, there is a maximum of 20 delegates per event.

The course aims to provide an update on:

- aspects of regional analgesia, regional anaesthesia and general anaesthesia for the obstetric patient
- common obstetric emergencies and post natal complications

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Primary - Scientific Principles of Clinical Anaesthesia

This four day clinical topics course, which runs twice a year, is designed to assist CT1 and CT2 trainees taking the FRCA primary examination. Prior knowledge of the course topics is essential to gain the maximum benefit from this course.

The course concentrates on:

- identifying areas of knowledge relating to physiology, pharmacology, physics and measurement which are examined in the MCQ
- single best answers of the FRCA primary examination
- areas essential to the FRCA part 1, which require understanding rather than just factual recall
- limited MCQ practice (with feedback) in areas related to that day's teaching

Areas covered are:

- cardiovascular, respiratory, renal, hepatic and central nervous systems
- basic tuition in the principles of pharmacology
- drug-receptor interaction and pharmacokinetics
- physics and measurement
- anaesthetic machine check
- statistics

Delegates will receive didactic and interactive lectures. Interactive learning through sessions is strongly encouraged, especially sessions which concentrate on areas previously identified as particularly difficult by past trainees.

Delegates will be given the opportunity to discuss issues and equipment with experts. Statistics will be introduced, with emphasis on principles of study design and errors incurred.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Primary - Wessex Intensive Primary Revision Course (OSCE and VIVA Day)

This one day course runs twice a year and is generally held at Salisbury District Hospital.

The course covers all aspects of the oral structured clinical examination (OSCE) and helps anaesthetics core medical trainees (CT1-3) and SAS/specialty doctors prepare for the VIVAs.

Delegates will receive a full mock examination in terms of OSCEs and VIVA practice.

Delegates are encouraged to take part in active discussion and will receive group and individual feedback.

The course is guaranteed to provide excellent practice for the real examination.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Primary - Wessex Primary OSCE and SOE Course

This four day clinical topics course, which runs twice a year, is designed to assist CT1 and CT2 trainees taking the FRCA primary examination. Prior knowledge of the course topics is essential to gain the maximum benefit from this course.

The course concentrates on:

- identifying areas of knowledge relating to physiology and pharmacology, which are examined in VIVA 1 of the FRCA primary examination
- areas essential to the FRCA part 1, which require understanding rather than just factual recall
- limited MCQ practice (with feedback) in areas related to that day's teaching

Areas covered are:

- cardiovascular, respiratory, hepatic and central nervous systems basic tuition in the principles of pharmacology
- drug-receptor interaction and pharmacokinetics

Delegates will receive didactic and interactive lectures. Interactive learning through sessions is strongly encouraged, especially sessions which concentrate on areas previously identified as particularly difficult by past trainees.

The course helps delegates identify areas of knowledge relating to physiology and pharmacology, which are examined in VIVA 1 of the FRCA primary examination.

Delegates will have the opportunity to discuss issues and equipment with 'experts'. Statistics will be introduced, with emphasis on principles of study design and errors incurred.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Final - Intensive Revision Course

This is an eight day course in which lectures are delivered by experienced consultants covering the key areas of the syllabus to improve delegates’ knowledge of anaesthesia and help them pass the FRCA final examination.

The course is suitable for anaesthetics specialist training registrars (ST3-4), trust grade doctors and fellows contemplating the FRCA final examination. Candidates find the SAQ and MCQ practice with feedback particularly useful. This is a successful course with a high pass rate.

Included in this course are:

- formal lectures and interactive tutorials covering key areas of the syllabus
- practice sessions for MCQs, SAQs and SBAs
- extensive feedback on improving exam technique, specifically targeting SAQs

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCA - Final - Intensive Revision Course (VIVA Day)

This VIVA day is for anaesthetics specialist training registrars (ST3+) who have previously attended the FRCA final intensive revision course and passed the written examination.

It is held approximately three months after the FRCA final examination to prepare delegates for the FRCA final VIVA examination.

The day involves:

- a full day of practice VIVAs (long and short clinical cases, and applied sciences)
- extensive individual feedback on improving exam technique
- a one to one ratio of examiners to candidates

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCS - Trauma and Orthopaedic Study Days

This course consists of study days structured on a three year rolling programme, held fortnightly on Fridays, during term time only. It is aimed at Trauma and Orthopaedic Specialist Training Registrars (ST 4+).

The programme uses a mixture of lectures, tutorials, bench-top practical’s, debates and case conferences to prepare specialist training registrars for the FRCS Trauma and Orthopaedic examination.

Three sessions devoted to anatomy modules are held at the Department of Anatomical Sciences, University of Southampton.

Regional courses in knee arthroscopy, shoulder surgery, hip surgery and the foot and ankle are held each year.

Emphasis on case presentation at each module is encouraged.

For further information, please contact Claire Smith on 02392 286570.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
FRCS Intercollegiate (General Surgery) Study Days

This half day course is aimed at all general surgery specialist training registrars with a national training number at ST5 or above and any trust grade surgeons preparing to take the FRCS examination within the following year.

It is held on the last Friday of each calendar month for ten months per year, subject to change.

The programme involves:

- sub-specialty lectures to cover the syllabus
- mock examination with video recording for volunteers

Areas covered are:

- didactic teaching on general surgery sub-specialty curriculum
- discussion of current hot topics and guidelines for management of general surgery patients.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
MRCP - Part 2 (Written)

This five day course usually runs once a year in November and is aimed at those who have passed MRCP part one and intend to take the MRCP part two examination. The course uses examination and revision techniques and covers in detail all the clinical specialities required for the examination.

The programme involves:

- seminar-based review of questions in the style of the examination
- review of the answers with coverage of the underlying clinical topics
- mock examination with individual feedback

Areas covered are:

- Cardiology (two sessions)
- Dermatology
- Diabetes
- Endocrinology
- Gastroenterology (two sessions)
- Genito-urinary medicine
- Haematology
- Infectious diseases
- Neurology
- Oncology
- Ophthalmology
- Radiology (two sessions)
- Renal (two sessions)
- Respiratory (two sessions)
- Rheumatology
- Therapeutics

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
MRCP - Part 2 (PACES)

This two day course usually runs once a year in January and is highly focused for those who intend to take the MRCP part two (PACES) examination within the next 12 months.

The course focuses on examination and presentation techniques and gives exposure to clinical cases found in the examination.

The programme involves:

- an opportunity to refresh and hone examination technique
- an afternoon of ethics and communication with actors
- practice at presentation of findings and discussion of cases
- mock examination with individual feedback

Areas covered are:

- Abdominal
- Cardiology
- Dermatology
- Diabetes
- Endocrinology
- Neurology
- Respiratory
- Rheumatology

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
MRCS

This five day intensive course prepares delegates for the MRCS examination. The VIVA session is retained as a test of knowledge.

The course is aimed at FY 2s, CT 1-2s and training doctors from other regions. Places are offered to Health Education Wessex delegates first; eight weeks before the course any remaining places are offered to external delegates.

Delegates attending this course should be taking the MRCS examination at the next available date.

The programme involves:

- Mock OSCE session
- Anatomy sessions
- Pathology
- Vascular Clinical session
- Clinical Orthopaedics
- GI Clinical trunk
- VIVA sessions

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
Regional Paediatric Meeting

This one day course is held once a year in Southampton, and is open to paediatricians and paediatric trainees of all levels.

It provides an informal opportunity to network with colleagues alongside a stimulating education meeting. Trainees are encouraged to submit abstracts which are peer reviewed. Those selected to present are invited to give short oral presentations which are judged for the annual 'best trainee free paper' prize.

Delegates will be awarded CPD points for attending the course, the amount awarded may vary each year.

If you have any questions please contact us at workforcelearninganddevelopment@wessex.hee.nhs.uk or telephone 01962 718501.
GENERAL INFORMATION
Postgraduate Education Centres in Wessex

The NHS provides a wealth of support for learning and development. The following Postgraduate Education Centres in Wessex can help with:

- Approving study leave and providing funds
- Providing careers information and workshops
- Providing pastoral and remedial support
- Providing educational facilities

**Dorset County Hospital NHS Foundation Trust**

Judy Crabb  
Medical Education Manager

The Thomas Sydenham Education Centre  
Dorset County Hospital  
Williams Avenue  
Dorchester  
Dorset  
DT1 2JY

01305 255258  
judy.crabb@dchft.nhs.uk

**Hampshire Hospitals NHS Foundation Trust**

Tania Griffiths  
Education Centre Manager

Royal Hampshire County Hospital  
Romsey Road  
Winchester  
Hampshire  
SO22 5DG

North Hampshire Hospital  
Aldermaston Road  
Basingstoke  
Hampshire  
RG24 9NA

01962 824968  
Tania.griffiths@hhft.nhs.uk
Postgraduate Education Centres in Wessex

**Isle of Wight NHS Trust**

Allison Harries  
Medical Education Centre Manager  
Education Centre  
Isle of Wight NHS Trust  
St Mary's Hospital  
Isle of Wight  
PO30 5TG  
01983 534231  
allison.harries@iow.nhs.uk

**Jersey General Hospital**

Pat Gettens  
Education Centre Manager  
Harvey Besterman Education Centre  
Peter Crill House  
Gloucester Street  
St Helier  
Jersey  
JE1 3QS  
01534 622742  
p.gettens@ghealth.gov.je

**Poole Hospitals NHS Foundation Trust**

Julie Mantell  
Education Centre Manager  
Poole Hospital Education Centre  
Longfleet Road  
Poole  
Dorset  
BH15 2JB  
01202 442873  
 julie.mantell@poole.nhs.uk
Postgraduate Education Centres in Wessex

**Portsmouth Hospitals NHS Trust**

Carina Cook  
Postgraduate Administration Manager  

Education Centre  
Queen Alexandra Hospital  
Southwick Hill Road  
Cosham  
Hampshire  
PO6 3LY  

023 9228 6000 x 1206  
carina.cook@porthosp.nhs.uk

**Royal Bournemouth and Christchurch NHS Foundation Trust**

Christine Hardwick  
Education Centre Manager  

Education Centre  
Royal Bournemouth Hospital  
Castle Lane East  
Bournemouth  
Dorset  
BH7 7DW  

01202 704268  
christine.hardwick@rbch.nhs.uk

**Salisbury NHS Foundation Trust**

Yvonne Donovan  
Education Centre Manager  

Education Centre  
Salisbury District Hospital  
Odstock Road  
Salisbury  
Wiltshire  
SP2 8BJ  

01722 336262  
claire.page@salisbury.nhs.uk
Postgraduate Education Centres in Wessex

**Southern Health NHS Foundation Trust**
Sue Wilkins  
Centre Manager  
Postgraduate Office  
Academic Centre  
Southern Health NHS Foundation Trust  
College Keep  
4-12 Terminus Terrace  
Southampton  
Hampshire  
SO14 3DT  
023 8071 8525  
sue.wilkins@southernhealth.nhs.uk

**University Hospitals Southampton NHS Trust**
Sylvia Richards  
Education Centre Manager  
Education Centre  
Southampton General Hospital  
Tremona Road  
Southampton  
Hampshire  
SO16 6YD  
023 8079 4098  
sylvia.richards@uhs.nhs.uk