### The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust

**Address**

The Royal Bournemouth Hospital  
Castle Lane East  
Bournemouth  
Dorset  
BH7 7DW

**Website**

www.rbch.nhs.uk

**The Trust and Hospital**

We provide health care for the residents of Bournemouth, Christchurch, East Dorset and part of the New Forest with a total population of around 550,000, which rises during the summer months.

We provide a wide range of hospital and community-based care and at the end of 2016/17 we employed 4,411 members of staff, both clinical and non-clinical. Over the year we cared for and treated:

- 259,047 outpatients (follow up) appointments
- 122,533 new outpatients
- 114,906 inpatients
- 93,761 attendances in the Emergency Department

For some of our specialist services, we also serve the wider population across the whole of Dorset of 979,000.

We gained Foundation Status in 2005; following three consecutive years as a three star performing Trust.

We provide services to our patients from the Royal Bournemouth and Christchurch Hospitals, which are located about three miles apart on the South Coast.
Our catchment population is covered by two Clinical Commissioning Groups (CCGs):

- Dorset Clinical Commissioning Group
- West Hampshire Clinical Commissioning Group

The Hospital is recognised locally by its blue roof and is located on a large green field site close to the main roads that link with the New Forest, Southampton, Salisbury, Winchester, Christchurch and Poole.

Christchurch Hospital provides a pleasant environment for rehabilitation and a range of outpatient services. An all-age rehabilitation service has been developed, particularly in the award-winning Day Hospital. Most patients are elderly, reflecting the local population. There is an excellent infrastructure to support rehabilitation with superb physiotherapy and occupational therapy facilities.

Outpatient clinics have expanded over recent years and include gastroenterology, breast, oncology, plastic surgery, ophthalmology, podiatry and medicine for the elderly. Dermatology and rheumatology outpatient services are also provided at Christchurch Hospital together with phlebotomy (blood taking) services, diagnostic services and palliative care (the Macmillan Unit).

The hospital has completed a multi-million pound investment which will secure NHS services on site and ensure the hospital remains a key part of the community for years to come. Many patient facilities have been improved, including a new entrance, new X-ray Department, GP surgery and pharmacy. Further community clinics will also be brought on site. A quality nursing home and senior living accommodation have also been built as part of the project.

In 2016, The Trust introduced Schwartz rounds as an opportunity for staff to get together to discuss the social and emotional issues we face in caring for patients and their families. Schwartz rounds are now held monthly. Each round includes three or four short presentations from our staff based on a particular theme. There is then a confidential discussion which is open to all present.
The topics of the Schwartz rounds are put forward by our staff and we have found this to positively aid engagement. The premise is that by engaging in Schwartz rounds, we are better able to make personal connections with patients and colleagues when we have greater insight into our own responses and feelings.

| Size of Hospital | The Royal Bournemouth Hospital is a 690 acute bed site, which includes 272 medical beds, a large CCU, 7 Intensive Treatment Unit and 8 on the High Dependency Unit. The hospital has a 24-hour Emergency Department and a large Day of Surgery Admissions Unit (the Sandbourne Suite). A purpose built Ophthalmic Unit is located on site as well as a state-of-the-art Cardiology Unit (the Dorset Heart Centre) and award winning orthopaedic service providing hip and knee replacements (the Derwent Unit). RBH also provides district-wide services for cardiac interventions, vascular surgery and urology. Outpatient clinics are provided for oral surgery, paediatrics, plastic surgery, ENT (ear, nose and throat), cardiothoracic and neurology. Our Jigsaw Building was official opened by Her Royal Highness, The Princess Royal on Monday 21 March 2016. The multi-million pound centre houses state-of-the-art facilities for the treatment of cancer and blood disorders on the ground floor and in the new Women’s Health Unit on the first floor. We provide first class specialised adult cardiac services for a population of one million, including much of Dorset and parts of Wiltshire and Hampshire as well as general cardiology for the local population. Here at the Royal Bournemouth Hospital, we are the only district hospital in the UK to provide comprehensive high volume Coronary Angioplasty and Electrophysiology Services. Our Coronary Angioplasty and Cardiac Pacing services are also among the largest in the UK. |
| No of Foundation Trainees | • 31 x Foundation Year 1  
• 33 x Foundation Year 2 |
| Foundation Programmes                                                                 | Throughout the Foundation years 1 and 2 years we offer a variety of rotations aimed to help you pursue your future careers.  

In FY1 we aim to maximise the experience and value gained by formulating the rotations to offer a variety of educational opportunities. Rotations consist of three, four month posts and two, six month posts. Specialties include Colorectal Surgery, Vascular Surgery, Urology, Acute Medicine, Gastroenterology, Medicine for the Elderly (MFE) and Cardiology. FY2 rotations consist of three, four month placements; the majority of FY2 rotations contain Emergency Medicine and a community placement either in General Practice or Psychiatry. Our aim at the Royal Bournemouth and Christchurch NHS foundation trust is for you to have an enjoyable experience, maximise your learning opportunities and experience to prepare you well for future job applications. Based on applicant scores achieved during the national application process and expressed order of preference of rotation; Wessex Foundation School allocates all foundation doctors to a 2 year programme prior to the start of the Foundation Programme. Trainees will not be able to swap rotations or posts. |
| Induction / shadowing                                                                 | All F1 doctors are required to undertake a mandatory induction/shadowing week prior to commencing the actual F1 rotation. For The Royal Bournemouth Hospital this period is slightly longer and will commence on Monday 23rd July 2018 and will cover all mandatory training as well allowing sufficient time on the wards shadowing the current F1 trainees. |
| Teaching Programme /Educational Sessions                                                 | The Foundation Teaching programme was revamped in 2016; this was following feedback from the Foundation trainees at the time. We continue to adapt the teaching programme as feedback is provided. The FY2 programme now includes Simulation sessions. Weekly sessions run within the Education Centre open to Foundation Doctors for bleep free teaching include: |
Elderly Care Meeting (Tuesday lunchtime)
F1 Teaching (Wednesday lunchtime)
F2 Teaching (Thursday lunchtime)
Grand Round (Friday lunchtime)

Additional Teaching around the Trust open for all to attend include:
Respiratory, Emergency Department and Cardiology.

There is a weekly journal club within Surgery.

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<th>Study Leave and Taster Opportunities</th>
<th>Taster Sessions may be taken during both Foundation years using your allocated F2 study leave time.</th>
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<td>Core Curriculum days at Bournemouth University are co-ordinated by the Trust, and delivered by Senior lecturers and Clinicians.</td>
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<td>F2’s have an allowance of 10 days in addition to the Bournemouth University days throughout the F2 year.</td>
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<td>Bournemouth provides ALS during the FY1 year, however, if a trainee is unable to attend there are spaces available during the FY2 year.</td>
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<td>All study leave requires the approval of the trainee’s direct supervisor and the Medical Education Manager.</td>
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| Careers Advice | Dr Lynn Poynter, Prof Michael Vassallo (DME) and Karen McCarthy (Medical Education Manager) |

| Foundation Programme Director | Dr Lynn Poynter |

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<th>Educational and Clinical supervision</th>
<th>An educational supervisor is allocated to each foundation doctor for the full two years of their Foundation Programme to maintain an overview of development and progress of the doctor within the training programme.</th>
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<td>A clinical supervisor will be allocated for each placement (four month or six month) within the rotation.</td>
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<th>Education Centre Facilities</th>
<th>The Education Centre has a Simulation Suite with Sim Man and Sim Baby and regular teaching sessions, including Acute care Procedures, Life Support, A – E and Sepsis.</th>
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<td>The Education Centre has dedicated training rooms and a Lecture Theatre.</td>
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The post graduate medical education team are always available to answer any questions, or offer any advice with regard to the Foundation Programme, the Trust or even Bournemouth in General etc. Please contact the team on 01202 704267 for further information/direction.

The library is situated within the Education Centre which can be accessed with an RBCH staff ID card 24/7 and is staffed Mon - Fri 8.30am - 5pm.

The library offer a variety of services that include:

- **Evidence Searching** - To help you find relevant evidence based information for your clinical and professional queries, staff will undertake in-depth searches on your behalf to save you time.

- **Article Retrieval** - If you are having difficulty accessing articles for any reason, a retrieval service is available; the library will obtain PDF or paper copies of requested articles and send them directly to you.

- **Training** - To help you get the most out of the resources available the library provides a variety of training sessions including; literature searching, study skills support, introduction to critical appraisal and the use of ClinicalKey and DynaMed Plus.

- **Current Awareness Bulletins** - The library produces monthly bulletins which include details of recently published guidelines, research articles, news and policy items, these are available for a variety of clinical and non-clinical subjects/specialties. We can also send you Table of Contents for particular journals.

Other on site facilities include:

- Day Nursery
- Doctors Mess (with IT Facilities)
- Cash machine
- IT Learning Centre
- Boots Pharmacy
- WH Smith
- Car parking (subject to availability and charges apply)
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<th>Information events / Open days for potential applicants</th>
<th>The Trust supports and participates in Health Education Wessex Career fairs, including the Foundation Welcome event, further information can be found at <a href="http://www.wessex.hee.nhs.uk">www.wessex.hee.nhs.uk</a>.</th>
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<td>Foundation doctor forums</td>
<td>Wessex Foundation School encourages foundation doctors to contribute to, and participate in local forums. Additionally, there are national forums conducted by the UKFPO, time to attend such forums is supported by the Trust where possible.</td>
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| Flexible training (Less than full time) | Information regarding Less Than Full Time Training can be found on the Foundation School website: [http://www.wessexdeanery.nhs.uk/foundation_school/less_than_full_time_training.aspx](http://www.wessexdeanery.nhs.uk/foundation_school/less_than_full_time_training.aspx)  

The Royal Bournemouth Trust, works together with the Foundation School to try and accommodate all requests where physically able. Specific rotations may be allocated to encompass the best possible training exposure, whilst providing a continuous level of high quality patient care. |
| Terms and Conditions of employment | The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time. Current copies of these Terms and conditions may be seen in the HR Office. All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the NHS are made subject to satisfactory medical and Police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter. |
| Start date | First Wednesday in August |
| Salary | The salary scale is in accordance with the current national rate and placement within the scale will be in accordance with previous reckonable service. |
| Annual leave | F1 doctors are entitled to 27 days annual leave in the year.  
The 27 days entitlement does not include the 8 statutory holidays. If a foundation doctor works any part of a bank holiday they are entitled to an additional days leave in lieu.  

In some specialties there is some restriction on when a foundation doctor can take their leave during the 4 months (e.g. not on their ‘hot week’ for surgery). The |
Individual directorates will inform the foundation doctor of any specific restrictions on when they can take leave.

In General Practice the foundation doctor is required to book their leave at least 6 weeks in advance via the relevant Practice Manager.

**Visa/Work permits /Leave to remain**

The Trust will consider British /EEA nationals for appointment in the first instance. If the applicant is a non-resident of the United Kingdom or European Economic Union, they are required to have a valid work visa and leave to remain in the UK, which is renewed as required. The Trust is unable to employ or continue to employ the applicant/post holder if they require but do not have a valid work visa and/or leave to remain in the UK.

**Accommodation and Charges**

The accommodation village is conveniently located at the rear of the main Royal Bournemouth Hospital site and contains 200 properties which mainly consist of flats containing five single bedrooms and communal areas.

We also offer a small number of one bedroom flats as well as two and three bed family houses.

Accommodation is dependent on availability.

Facilities within include:

- Lounge with a television
- Spacious fully equipped kitchen
- Bedrooms with built in storage
- Full high speed Wi-Fi at no additional charge
- Fresh linen provided weekly
- All utility bills included
- Price start at £400 per month per tenant
- Parking is usually available

**Staff Restaurant Facilities**

The restaurant is available from early morning to late at night. (Great fried breakfast).

As well as hot food, it contains a Deli Bar making sandwiches, baguettes and paninis to order through the day.

The Oasis Coffee lounge is available for staff only. The tranquil setting, overlooking the lake, allows staff to enjoy a break away from the hustle and bustle.
**Doctor’s mess**

We have a very active mess and monthly Pay-Day parties as well as outdoor activities in summer.

Previous events include - Ball at Sandbanks Hotel, Boat trip around Poole Harbour, Paddleboarding sessions after work and a full 'freshers week' itinerary.

We often have joint events with both Poole and Dorchester.

For those of you who have spent any time at Bournemouth I am sure most of you at some time or another have found your way to the Mess.

Particular perks include a wall-mounted plasma screen TV, 300 sky channels, computing facilities, comfy sofas, a filter coffee machine and a weekly food shop to get you through those on calls.

**Local Amenities**

- Premier League Football Team located minutes from the Hospital
- Two Leisure Centres within close proximity of the Trust, including an Olympic size Swimming pool, Gymnasium, Classes
- Numerous Golf Courses
- Beach, Sailing, Kite Surfing,
- Bournemouth City centre 10min by car/bus
- Horse Riding
- New Forest
- Bournemouth International Centre where many events are held annually

**Contacts**

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