SPECIALTY TRAINING PROGRAMME IN ACUTE CARE COMMON STEM IN
HEALTH EDUCATION ENGLAND - WESSEX

This is a 3 year training programme in Acute Care Common Stem (ACCS) at CT1 aimed at doctors who can demonstrate the essential competences to enter this level of training. The programme is designed to support training for a CCT in Acute Medicine, Anaesthetics or Emergency Medicine. Details of essential competences and qualifications are detailed in the national person specification for ACCS at CT1 which is available from http://specialtytraining.hee.nhs.uk/

It is anticipated that completion of this three year programme will allow you to complete the competences required for Core Training in Acute Care Common Stem and lead to eligibility to progress to the relevant Higher Specialty Training programme. Progression is subject to satisfactory outcome at your Annual Review of Competence Progression (ARCP).

Wessex ACCS has been rated first nationally for trainee satisfaction for the last 2 consecutive years so we hope you’ll apply to ACCS in Wessex.

The programme is based in hospitals in Health Education England – Wessex including:

<table>
<thead>
<tr>
<th>HOSPITAL</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>Poole Hospital</td>
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<tr>
<td>Queen Alexandra Hospital</td>
<td>Portsmouth</td>
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<tr>
<td>Southampton General Hospital</td>
<td>Southampton</td>
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<td>Salisbury District Hospital</td>
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Health Education England – Wessex is responsible for the planning, development, education and training of the healthcare and public health workforce across Hampshire, Dorset, Isle of Wight and Salisbury. We also provide medical training for the States of Jersey and GP appraisal services for Jersey and Guernsey. We believe that the key to improving the health and healthcare of the 2.8 million people living in
Wessex is investment in the skills and values of the 52,000 people working in the NHS and in primary care.

Within the field of postgraduate medical education and training, we manage across primary and secondary care for these health communities – totalling around 2,400 doctors in training at any one time across 12 Trusts and 160 GP practices. In addition, we support the workforce development for GP Practice Nurses and Public Health practitioners as well managing a bespoke GP appraisal service for established GP Practitioners to meet the requirements for revalidation in accordance with the statutory requirements set by the General Medical Council.

We manage training programmes for postgraduate medical training according to the statutory standards set by the General Medical Council (GMC) and have responsibility for establishing and maintaining quality management systems for all posts and programmes as required by the GMC.

The work of Health Education England – Wessex is guided by the principles embedded within the NHS constitution.

**Rotation Information**

Acute Care Common Stem training aims to provide trainees with a broad base of training initially in Acute Medicine, Anaesthesia, Emergency Medicine and Intensive Care Medicine. Over the full two years trainees will spend six months in each of the four specialties; spending one year in Acute Medicine and Emergency Medicine and the other year in Anaesthesia and Intensive Care Medicine. Health Education England – Wessex will be recruiting to a mixture of one, two and three year programmes; where the third year is available it will be in the specialty you have nominated on your application form at the beginning of the programme. Applicants should be aware that those who complete the one or two year programmes may not be provided with the complete relevant experience or competencies to apply for Anaesthesia at ST3 level or Emergency Medicine at ST4 level.

Trainees moving to CT2 from CT1 will either remain in their current hospital trust or will be expected to rotate to another Trust in the region to undertake their CT2 year; where CT3 is provided trainees will be expected to rotate to another Trust. This will be based on the vacancies available and the training needs of the individual.
Acute Medicine Information

The three year training programme in ACCS (acute medicine) is designed to provide core training for those trainees planning a career in Acute Medicine. The competencies achieved will be equivalent to those achieved following CMT, although trainees will also achieve additional competencies in anaesthesics and critical care. On completion of the 3 year period trainees will have attained the necessary competencies to apply for a ST3 post in Acute Medicine or any other medical speciality.

The first 2 years will be spent in one of the 4 hospitals: Poole, Portsmouth, Salisbury or Southampton. The case mix in the 3 specialities of EM, ICM and Anaesthetics is very similar whilst the 6 month Medicine component is slightly different between Trusts: in Poole trainees will either do a 6 month Respiratory or Gastroenterology post with 3 two week blocks on the MAU; in Portsmouth and Salisbury trainees do 6 months on the MAU whilst in Southampton the 6 months is split between a Respiratory post and MAU.

For the third year trainees will move to Poole Hospitals NHS Trust where they will undertake two further 6 month blocks of medical training in General Medicine with cardiology and gastroenterology. This will give trainees the opportunity to obtain further experience in these medical specialities, as well as spending time on the AMU managing newly admitted patients. Trainees will be expected to have completed the MRCP Part 2 and PACES examinations by the end of this year.

Anaesthetics Information

The three year training programme in ACCS (anaesthetics) is designed to provide core training for those trainees planning a career in Anaesthesia. The competencies achieved will be equivalent to those achieved following Core Anaesthetic training, although trainees will also achieve additional competencies in Emergency Medicine and Acute Medicine. On completion of the 3 year period trainees will have attained the necessary competencies to apply for a ST3 post in Anaesthetics.

During the first 2 years of the programme trainees undertake 6 months each of Emergency Medicine, Anaesthetics, Intensive Care and Medicine, with a view to achieving the core competencies required by the ACCS curriculum in each of these areas. Trainees undertaking the Anaesthetic career stream will be expected to pass the Primary FRCA examination on completion of the third year. These 3 year rotations are usually spent in Poole, Portsmouth or Southampton. In Poole the
trainee will either do 6 months Respiratory or Gastroenterology with 2 week blocks in the MAU. The 6 month medical block in Portsmouth is spent on the Acute Medical Unit (AMU) at Queen Alexandra Hospital, while the medical block in Southampton is split, with three months being spent on the AMU and three months with the respiratory medical team.

**Emergency Medicine Information**

This is a 3 year programme which provides trainees wishing to pursue a career in Emergency Medicine with all the necessary competences and support to proceed to higher speciality training in this speciality.

The first year of the programme will be spent doing 6 months each in Emergency Medicine and Medicine. In the second year you will do 6 months each in Anaesthetics and Intensive Care Medicine (ICM) However it is possible that trainees may have to do their first year in Critical care although all efforts will be made to avoid this.

This first 2 years will be spent in one of the 3 hospitals: Poole, Portsmouth or Southampton. The case mix in the 3 specialities of EM, ICM and Anaesthetics is very similar whilst the 6 month Medicine component is slightly different between Trusts: in Poole trainees will either do a 6 month Respiratory or Gastroenterology post with 3 two week blocks on the MAU; in Portsmouth trainees do 6 months on the MAU whilst in Southampton the 6 months is split between a Respiratory post and MAU.

The 3rd year of training will be doing Paediatric Emergency Medicine with periods also in the adult Emergency Department either in Portsmouth or Southampton. Trainees who have already done the first 2 years in Portsmouth will do this in Southampton and the converse for trainees in Southampton. Trainees who have done their first 2 years in Poole will go to either Portsmouth or Southampton depending on where the vacancies are in the programme and trainee’s preference.

Trainees will be expected to attempt FRCEM primary in their first year and complete this in the second year to allow the 3rd year to be fully focussed on gaining Paediatric and Musculoskeletal competences and preparing their Curricula Vitae to be competitive for ST4 interviews. Trainees may be offered run through training and therefore avoid the need for competitive ST4 interview.

We are currently developing local courses to help trainees pass each of the components of the FRCEM. Two of the previous MCEM A MCQ books have been
written by EM Consultants in Poole and Southampton confirming the enthusiasm Wessex trainers have in preparing trainees for the exam.

We hold 10 full day regional training days each year for all the ACCS trainees (including those doing ACCS Acute Medicine and ACCS Anaesthetics) where Consultants provide talks and trainees present case studies. These events have had very positive feedback and help trainees meet their peers from the other 2 hospitals.

**Study and Training**

Wessex ACCS has been rated first nationally for trainee satisfaction for the last 2 consecutive years so we hope you’ll apply to ACCS in Wessex.

The primary aim of all posts is the training programme developed and there is a region wide syllabus and minimum standards of education agreed by all Trusts within the rotation.

Health Education England – Wessex is committed to developing postgraduate training programmes as laid down by GMC, Colleges and Faculties and by COPMED - the Postgraduate Deans Network. At local level college/specialty tutors work with the Programme Director and Directors of Medical Education in supervising these programmes. Trainees will be expected to take part in these programmes (including audit) and to attend meetings with their nominated educational supervisor.

All posts within the training programme are recognised for postgraduate training by the General Medical Council (GMC) in accordance with their standards for training.

Study leave is granted in accordance with Deanery/Trust policy and are subject to the maintenance of the service.

All posts have a service element and the following covers the majority of duties. There will be minor variations in different hospitals but the list is aimed at covering the majority of duties:

1. Supervise, monitor and assist the House Officer (F1) in the day-to-day management of in-patients in posts with an attached F1.
2. Liaise between nurses, F1 and F2 Doctors, patients, relatives and senior medical staff.
3. Attend and participate in ward rounds as timetabled
4. Attend outpatient clinics.
5. Take part in rostered emergency work.
6. Dictate discharge summaries.
7. Study for higher examination and maintain continued professional development.
8. Attend weekly educational and multidisciplinary sessions.
9. Undertake audit at various times throughout the rotations.
10. Teach medical students as directed.
11. Cooperate with members of the personnel department when monitoring hours of work and other personnel issues.
12. Attend induction in each hospital or new department
13. Comply with all local policies including dress code, annual and study leave 

**Trust Generic/Specialty Information**

The Acute Care Common Stem core training programme is currently delivered in 4 Trusts in the Wessex region: University Hospital Southampton NHS Foundation Trust, Salisbury NHS Foundation Trust, Portsmouth Hospitals NHS Trust and Poole Hospital NHS Foundation Trust

The Programme Director is Mr Lee Gray MRCS FCEM, Consultant in Emergency Medicine, Poole, Dorset.

**Curriculum**

- The curriculum for Acute Care Common Stem can be found on the ACCSUK website: [http://www.accsuk.org.uk/](http://www.accsuk.org.uk/)

**Main Conditions of Service**

The posts are whole-time and the appointments are subject to:
- The Terms and Conditions of Service for NHS Doctors and Dentists in Training (England).
- Satisfactory registration with the General Medical Council.
- Right to work in the UK.
- Criminal Records Check/POCA check carried out by the Trust Medical HR department.
Pre-employment checks carried out by the Trust Medical HR department -
http://www.nhsemployers.org/your-workforce/recruit/employment-checks

Educational supervisor

The employer will confirm your supervisor on commencement.

General information

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<th>Salary Scale / Basic Pay</th>
<th><a href="http://www.nhsemployers.org/your-workforce/pay-and-reward">http://www.nhsemployers.org/your-workforce/pay-and-reward</a></th>
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<tr>
<td>National Terms &amp; Conditions</td>
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<td>Travel and relocation</td>
<td><a href="http://www.wessexdeanery.nhs.uk/policies__procedures/relocation_guidelines.aspx">http://www.wessexdeanery.nhs.uk/policies__procedures/relocation_guidelines.aspx</a></td>
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