**Problem articulation**

“*Falls*” a recognised Frailty Syndrome!

- People who have fallen and come to the Minor Injuries Unit (MIU) are given appropriate immediate assessment and treatment.
- Referrals may be made to falls services but consideration for why they have fallen and the identification of frailty is not made.

- A fall can indicate serious underlying illness for an individual.
- Living with frailty.

**Diagnostics**

**Two month analysis**

- December 2016 - January 2017
- 242 attendees had a fall in the initial assessment, nursing assessment, discharge comment or presenting complaint in Minor Injuries Unit (MIU) aged 70 years and above.

**Test week analysis**

- Fall identified during assessment in 18 attendees aged 70 attending the Minor Injuries Unit (MIU) in one week.
- 08/02/17 – 15/03/17

**PDSA cycles**

**Prisma**7 is applied to these 23 patients and these people received a follow up call to determine if further care was needed.

- 8 patients where their Prisma7 score of 0 or 1 ruled out risk of frailty. They received appropriate treatment and discharge.
- Of those over 70, 15 (68%) had a Prisma7 score of 3 or above, indicating risk of frailty. These patients were signposted to appropriate services including 5 to services out of area.

**Involving Care Navigators - an unexpected opportunity**

Care Navigators are attached to General Practices & help to co-ordinate the care for older adults living with frailty.

As an outcome of this project, referrals will be made to the Care Navigator service for those with a PRISMA7 greater than 3.

Some people may also require referral to Integrated Care Team/Falls Service or to the Frailty Service for Comprehensive Geriatric Assessment.

**Reflection & Next Steps**

- The Minor Injuries Unit team have embraced the concept of “Think Frailty” even in a busy urgent care setting.
- More than a quarter of older adults presenting during the test period had a PRISMA7 completed.
- 68% of these indicated Frailty evidencing increased knowledge of frailty presentation for team members.
- Involving the Care Navigators earlier in the project would have been beneficial.