Sharing Good Local Practice: the potential impact of implementing the ‘KUF’ in South Central

Dr Rex Haigh, Fiona Lomas, Daisy Tyson-Taylor
Personality Disorder

• Severe mental disorder
• ‘Officially’ unrecognised until 1998/2002
• Now seen as treatable
• Government initiatives:
  – No Longer a Diagnosis of Exclusion
  – Capabilities Framework
  – 11 Community, 5 MSU and 4 DSPD pilots
  – NICE guidelines
  – ‘Recognising Complexity’
  – Bradley Report
  – KUF training
Current situation

• GPs do not know how to recognise it, or refer, or suitably manage without referral
• Community psychiatric nurses often despair
• A&E staff often make people feel worse
• Some specialists avoid making the diagnosis
• Ward staff think people with PD ‘Are a nuisance’
• Can raise unhelpful alarm in health visitors and midwives
• All NHS staff recognise ‘difficult patients’ but cannot understand it or how to help it
An innovative workforce programme in 2003: Capabilities Framework and ‘career escalator’

Led to ‘Knowledge and Understanding Framework’

Commissioned by DH in 2007

Written by consortium of four

3 levels – ‘awareness’; BSc; MSc

Cross-agency

Multiprofessional

Career escalator

Started last year
‘Awareness’ training

- Three experiential seminar days, about month apart
- Delivered by team of two: clinician and service user
- Ideally for cross-agency mixed ability group of 12-20
- 8-12 hours online VLE to be completed between days 1 & 3
- Intention of attitude change towards PD
- 6-day Train-the-Trainers course
- Needs various levels of local support
What KUF can do

...for service users
- Keeps us safe (without undue medication or restraint)
- More stability & consistency
- Prevents unhelpful admissions
- Helps us to feel heard and respected
- Can provide appropriate treatments

...for staff
- Acquire new skills
- Reduce stress & burnout
- Help with risk management
- Understand the work better
- Support therapeutic optimism
- Plan best pathways
Regional Delivery

Programme of regionalisation

2010-11 targets:
• 2 cohorts of ‘Train the Trainers’ six-day courses
• 200 individuals through the Awareness course
• Mixed groups (a third each health, justice & 3rd sector)
• Sustainability

2011-12
• Uncertain
• Possibly protected
QIPP

Better service user experience

Workforce skills

Systemic benefits

PERSONALITY DISORDER
Knowledge & Understanding Framework